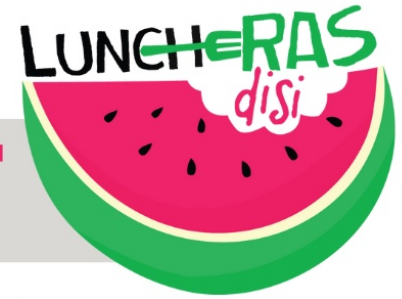




Milk, grain, fruit, meat or meat alternative

BREAKFAST



Menu subject to change. For any feedback please
 contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
<p>06/01/2026</p> <p>WG English Muffin (V) & Cream Cheese Jelly (ss) Fresh Nectarines Choice of Milk</p>	<p>06/02/2026</p> <p>Baked French Toast WW Muffin (V) Mozzarella Cheese Stick** Fresh Apples Choice of Milk</p>	<p>06/03/2026</p> <p>One-Pan Breakfast Potato, Egg Scramble & Roll (V) Bananas Choice of Milk</p>	<p>06/04/2026</p> <p>Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Fresh Tangerines Choice of Milk</p>	<p>06/05/2026</p> <p>WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fruit Punch Juice Choice of Milk</p>
<p>06/08/2026</p> <p>Oatmeal Soft Round Bar Banana Chocolate Chip (V) Assorted Light Yogurt Fresh Pears Choice of Milk</p>	<p>06/09/2026</p> <p>Egg Cheese Bite Round (V) WG Biscuit Bananas Choice of Milk</p>	<p>06/10/2026</p> <p>Homemade WW Sweet Potatoes Waffles (V/VG) Syrup Maple (ss) Cranberry Juice Choice of Milk</p>	<p>06/11/2026</p> <p>WG Chai Cheesecake Muffin (V) Fresh Apples Choice of Milk</p>	<p>06/12/2026</p> <p>Peachy WG Cinnamon Roll Cobbler (V) Fresh Oranges Choice of Milk</p>
<p>06/15/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/16/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/17/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/18/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/19/2026</p> <p>NO SCHOOL TODAY</p>
<p>06/22/2026</p> <p>WG French Toast Sticks (V/VG) Syrup Maple (ss) Cranberry Juice Choice of Milk</p>	<p>06/23/2026</p> <p>Blueberry Lemon Yogurt Whole Wheat Muffins Fresh Pears Choice of Milk</p>	<p>06/24/2026</p> <p>WG Sandwich w/ Jelly & Sunflower Butter (V/VG) Fresh Tangerines Choice of Milk</p>	<p>06/25/2026</p> <p>Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Bananas Choice of Milk</p>	<p>06/26/2026</p> <p>WG Pancake Bites Poffitz (V) Honey (SS) Fresh Apples Choice of Milk</p>
<p>06/29/2026</p> <p>Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Fresh Pears Choice of Milk</p>	<p>06/30/2026</p> <p>WG English Muffin (V) & Cream Cheese Jelly (ss) Bananas Choice of Milk</p>	<p>07/01/2026</p> <p>Baked French Toast WW Muffin (V) Mozzarella Cheese Stick** Fresh Apples Choice of Milk</p>	<p>07/02/2026</p> <p>WW Egg Burrito w/ Turkey Breast & Cheese WW Egg Burrito (V/DF) Cranberry Juice Choice of Milk</p>	<p>07/03/2026</p> <p>WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fresh Tangerines Choice of Milk</p>

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (upon request)**

Locally Grown Components Daily Served : **According to the season fruits and vegetables locally grown will be added on
Breakfast and/or Lunch menu: Apples (PA), Sweet Potato (NC)**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Spring/Early Fall - LUNCH
Washington Latin PCS- K-8 -LUNCH- Cooper Campus



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
<p>06/01/2026</p> <p>Crispy Chicken Burger Vegan Burger (V/VG) Buttered Peas & Corn Ketchup (ss) Cranberry Juice Choice of Milk</p>	<p>06/02/2026</p> <p>One Pot Chicken Fajita Pasta w/Rd. & Gr. Pepper Veggie Fajita WG Pasta w/Red & Gr. Peppers(V/VG) Bananas Choice of Milk</p>	<p>06/03/2026</p> <p>WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) Kale & Mixed Beans Salad Apples Choice of Milk</p>	<p>06/04/2026</p> <p>Strawberry & Mix Greens Salad w/Chicken & Feta C. Strawberry & Mix Greens Veggie Salad (V) WG Roll Fresh Peaches** Choice of Milk</p>	<p>06/05/2026</p> <p>Golden Crispy Chicken Tenders Breaded Veggie Tender w/ WG Roll (V/VG) Garlic Roasted Potatoes Ketchup (ss) Fresh Oranges Choice of Milk</p>
<p>06/08/2026</p> <p>Buffalo Chicken WG Mac & Cheese Buffalo Chicken Meatless WG Mac & Cheese (V) Steamed Carrots Apples Choice of Milk</p>	<p>06/09/2026</p> <p>Corn Dog Chicken Mini WG WG Biscuit Veggie Nuggets w/WG Roll Green Beans & Corn Medley Ketchup (ss) Fresh Tangerines Choice of Milk</p>	<p>06/10/2026</p> <p>WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Cheesy Refried Beans Sour Cream (ss) Fresh Pears Choice of Milk</p>	<p>06/11/2026</p> <p>WG Cheese Lasagna Rollup w/Marinara (V) Roasted Broccoli Bananas Choice of Milk</p>	<p>06/12/2026</p> <p>Turkey Hot Dog** on a WG Bun Vegan Burger (V/VG) Roasted Potatoes Ketchup (ss) Relish Pickle Sweet (ss) Fruit Punch Juice Choice of Milk</p>
<p>06/15/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/16/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/17/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/18/2026</p> <p>NO SCHOOL TODAY</p>	<p>06/19/2026</p> <p>NO SCHOOL TODAY</p>
<p>06/22/2026</p> <p>Grilled Chicken over Brown Rice Grilled Chicken Meatless over Brown Rice (VG/DF) Green Beans & Corn Medley Fresh Tangerines Choice of Milk</p>	<p>06/23/2026</p> <p>Chicken & Tk. Bacon Pasta w/Tomato & Spinach Chicken Meatless Pasta w/Tomato & Spinach(V) Bananas Choice of Milk</p>	<p>06/24/2026</p> <p>WW Turkey Tacos Al Pastor WW Veggie Tacos (V/VG) Black Beans w/ Tomato & Corn Salad Sour Cream (ss) Hot sauce (ss) Apples Choice of Milk</p>	<p>06/25/2026</p> <p>Cheese Lunch Pizza w/ Chicken & Beef Pepperoni Cheese Lunch Pizza (V) Garlic Roasted Potatoes Fruit Punch Juice Choice of Milk</p>	<p>06/26/2026</p> <p>Breaded Chicken Nuggets Veggie Nuggets w/WG Roll Roasted Sweet Potatoes BBQ Sauce (ss) Fresh Pears Choice of Milk</p>
<p>06/29/2026</p> <p>One Pot Chicken Fajita Pasta w/Rd. & Gr. Pepper Veggie Fajita WG Pasta w/Red & Gr. Peppers(V/VG) Apples Choice of Milk</p>	<p>06/30/2026</p> <p>Crispy Chicken Burger Vegan Burger (V/VG) Buttered Peas & Corn Ketchup (ss) Fruit Punch Juice Choice of Milk</p>	<p>07/01/2026</p> <p>Jerk Chicken & Brown Rice Jerk Chicken Meatless & Brown Rice (V/VG) BBQ Sauce (ss) Green Beans & Broccoli Fresh Tangerines Choice of Milk</p>	<p>07/02/2026</p> <p>WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) Roasted Sweet Potatoes Bananas Choice of Milk</p>	<p>07/03/2026</p> <p>Ground Turkey Fajitas Veggie Fajitas (V/VG) Black Beans w/ Tomato & Corn Salad Sour Cream (ss) Fresh Pears Choice of Milk</p>

Available Choice of Milk: **Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)**

** Denotes meals only for K to 8th

Locally Grown Components Daily Served :

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Cucumbers (DE,VA,DE,MD,PA), Romaine Lettuce (PA, MD), Spinach (MD), Peppers (DE,VA,PA,MD), Broccoli (VA,PA), Potato (MD,PA), Collards Green (NC), Kale (MD,NC,NJ), Cabbage, (VA,MD,PA,DE,VA), Sweet Potato (NC), Tomato (MD,DE,PA,VA,NC),Cauliflower (PA,MD), Eggplant (VA,PA,NJ,DE/MD), Zucchini (NC), Carrots (PA,NJ,MD), Onions (PA), Squash summer (NC,VA,MD,PA,DE)

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH



Menu subject to change. For any feedback please
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Monday

06/01/2026

Crispy Chicken Burger
Vegan Burger (V/VG)
Buttered Peas & Corn
Ketchup (ss)
Cranberry Juice
Choice of Milk

Tuesday

06/02/2026

One Pot Chicken Fajita
Pasta w/Rd. & Gr. Pepper
Chicken Meatless
Fajita WG Pasta(V/VG)
Bananas
Choice of Milk

Wednesday

06/03/2026

WG Jumbo Cheese Ravioli
w/ Marinara Sauce (V)
WG Garlic Knot Roll (V)
Kale & Mixed Beans Salad
Fresh Apples
Choice of Milk

Thursday

06/04/2026

Strawberry & Mix Greens
Salad w/Chicken & Feta C.
Strawberry & Mix Greens
Salad w/Meatless Chicken
WG Biscuit
Fresh Peaches
Choice of Milk

Friday

06/05/2026

Golden Crispy Chicken Tenders
Breaded Veggie Tender-VG
WG Biscuit
Roasted Potatoes, Carrot
& Cauliflower Medley
Ketchup (ss)
Fresh Oranges
Choice of Milk

06/08/2026

Buffalo Chicken
WG Mac & Cheese
Buffalo Chicken Meatless
WG Mac & Cheese (V)
Steamed Carrots
Fresh Apples
Choice of Milk

06/09/2026

Corn Dog Chicken Mini WG
Veggie Nuggets (V/VG)
WG Biscuit
Green Beans & Corn Medley
Ketchup (ss)
Fresh Tangerines
Choice of Milk

06/10/2026

WW Chicken Fajitas
w/Green Peppers
Ck. Meatless Fajita(V/VG)
Cheesy Refried Beans
Sour Cream (ss)
Fresh Pears
Choice of Milk

06/11/2026

WG Cheese Lasagna
Rollup w/Marinara (V)
Spaghetti & Plant Based
Meat Sauce (V/VG)
Steamed Broccoli
Bananas
Choice of Milk

06/12/2026

Turkey Hot Dog**
on a WG Bun
Vegan Burger (V/VG)
Roasted Potatoes
Ketchup (ss)
Relish Pickle Sweet (ss)
Fruit Punch Juice
Choice of Milk

06/15/2026

NO SCHOOL TODAY

06/16/2026

NO SCHOOL TODAY

06/17/2026

NO SCHOOL TODAY

06/18/2026

NO SCHOOL TODAY

06/19/2026

NO SCHOOL TODAY

06/22/2026

Grilled Chicken
over Brown Rice
Grilled Chicken Meatless
over Brown Rice (VG/DF)
Green Beans & Corn Medley
Fresh Tangerines
Choice of Milk

06/23/2026

Chicken & Tk. Bacon
Pasta w/Tomato & Spinach
Chicken Meatless Pasta
w/Tomato & Spinach(V)
Bananas
Choice of Milk

06/24/2026

WW Turkey Tacos
Al Pastor
WW Veggie Tacos (V/VG)
Black Bean, Corn
& Tomato Salad
Sour Cream (ss)
Hot sauce (ss)
Fresh Apples
Choice of Milk

06/25/2026

Cheese Lunch Pizza w/
Chicken & Beef Pepperoni
Cheese Lunch Pizza (V)
Garlic Roasted Potatoes
Fruit Punch Juice
Choice of Milk

06/26/2026

Breaded Chicken Nuggets
Veggie Nuggets (V/VG)
WG Biscuit
Roasted Sweet Potatoes
BBQ Sauce (ss)
Fresh Pears
Choice of Milk

06/29/2026

One Pot Chicken Fajita
Pasta w/Rd. & Gr. Pepper
Chicken Meatless
Fajita WG Pasta(V/VG)
Fresh Apples
Choice of Milk

06/30/2026

Crispy Chicken Burger
Vegan Burger (V/VG)
Buttered Peas & Corn
Ketchup (ss)
Fruit Punch Juice
Choice of Milk

07/01/2026

Jerk Chicken & Brown Rice
Jerk Chicken Meatless
& Brown Rice (V/VG)
Green Beans & Broccoli
BBQ Sauce (ss)
Fresh Tangerines
Choice of Milk

07/02/2026

WG Jumbo Cheese Ravioli
w/ Marinara Sauce (V)
WG Garlic Knot Roll (V)
Sweet Potatoes
Bananas
Choice of Milk

07/03/2026

Ground Turkey Fajitas
Veggie Fajitas (V/VG)
Black Bean, Corn
& Tomato Salad
Sour Cream (ss)
Fresh Pears
Choice of Milk

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)**

ALL MEALS INCLUDE: 1 cup of *FRESH FRUIT or 100% Juice* & 1 cup of vegetables daily

Locally Grown Components Daily Served :

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Green Beans (DE), Potato (PA), Sweet Potato (NC/PA), Green Peas (NJ), Corn (NJ), Kale (NJ), Collards Green (NJ), Peppers (PA)

***Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request WG = Whole Grain WW = Whole Wheat**

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Menu Name: Washington Latin PCS- K-12-Breakfast Include Cost: No
 Site:
 Use Alternate Menu Name: No

Monday - 06/01/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991581 V- WG English Muffin w/ Cream Cheese	1 serving	100	157	2.50	220	1.93	*0.93	4.90	0.00	15	24.36
990949 V/VG- Jelly	14 gr	100	35	0.00	5	8.00	6.00	0.00	0.00	0	9.00
991136 Nectarines, Fresh 56-64 ct (2 nectarines)	1 cup	100	114	0.06	0	20.36	0.00	0.83	0.00	0	27.22
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			407	3.32	361	*42.40	*6.93	7.02	0.00	25	73.71
% of Calories				7.34%		*41.67 %	*6.81%	15.5%	0.0%		72.4%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 06/02/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991524 V- Baked French Toast Muffin	1 serving	100	210	2.42	209	*17.94	*13.11	5.52	*0.00	99	31.17

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992223 VG/DF-Homemade Vegan Muffins	64 gr	1	215	0.54	10	*18.35	*17.62	7.58	*0.00	0	33.09
000010 Mozzarella, Cheese String	1 oz	100	61	2.02	202	1.01	0.00	3.04	0.00	10	1.01
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			452	5.24	549	*46.72	*13.28	10.18	*0.00	119	66.22
% of Calories				10.43 %		*41.35 %	*11.75 %	20.3%	*0.0%		58.6%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Wednesday - 06/03/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991522 V/DF - One-Pan Breakfast Potatoes & Egg Scramble	serving	100	302	3.18	527	*3.89	*2.00	13.27	*0.00	196	37.69
992218 VG- One-Pan Breakfast Potatoes w/ Tofu	serving	1	273	1.55	503	*4.51	*2.00	9.00	*0.00	0	38.94
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			615	4.21	670	*44.80	*2.02	15.39	*0.00	206	104.98
% of Calories				6.16%		*29.14 %	*1.31%	22.5%	*0.0%		68.3%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 06/04/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992601 CEREALS RTE, CINN TOAST CRUNCH (Low Sugar)	1 (28 GR)	100	110	1.00	160	6.00	6.00	2.50	0.00	0	22.00
991346 Yogurt Yoplait 4oz	4 oz	100	100	0.00	55	14.00	11.00	0.50	0.00	5	21.00
992217 VG/DF - Dairy Free Yogurt	5.3 oz	0	130	0.00	90	12.00	*N/A*	3.50	0.00	0	18.00
992900 TANGERINES, FRESH - (1 cup - 2 Tangerines) 120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK, Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			437	1.84	355	*57.39	*17.00	4.99	0.00	15	88.02
% of Calories				3.79%		*52.53 %	*15.56 %	10.3%	0.0%		80.6%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 06/05/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991379 Pancakes & Turkey Sausage on a Stick	2.5 oz	99	160	1.50	400	7.00	7.00	6.00	0.00	20	19.00
991777 V- Veggie Patty & WG Pancakes	1 serving	1	283	0.33	830	6.33	*5.33	9.33	0.00	7	37.33
991178 VG/DF- Homemade WG Pancakes	2 pancakes	1	214	0.68	4	4.73	*4.72	9.77	0.00	0	27.02
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00
990708 Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)	100	120	0.00	10	24.00	0.00	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	49	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	49	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			393	2.24	628	*42.91	*7.03	7.40	0.00	30	64.32
% of Calories				5.13%		*43.67 %	*7.16%	16.9%	0.0%		65.5%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Monday - 06/08/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993002 V-Oatmeal Soft Round Banana Chocolate Chip Bar	66 gr	100	280	4.00	240	15.00	14.00	12.00	0.00	10	39.00
993166 Dannon, Assorted Yogurt - Straw.,Straw/banana/Peac h	4oz	99	50	0.00	55	6.00	3.00	0.00	0.00	5	10.00
992217 VG/DF - Dairy Free Yogurt	5.3 oz	1	130	0.00	90	12.00	*N/A*	3.50	0.00	0	18.00
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			515	4.78	432	*47.49	*16.97	13.49	0.00	25	84.62
% of Calories				8.35%		*36.89 %	*13.18 %	23.6%	0.0%		65.7%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 06/09/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992589 V- Egg Cheese Bite	1.75 gr	100	90	3.00	260	1.00	*0.00	6.00	0.00	120	2.00
000341 WG Biscuit - 1 oz	28 g	100	100	4.00	210	1.00	1.00	5.00	0.00	0	14.00
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	0	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000190 Low Fat Milk - 1%	8 fl. oz.	100	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			556	8.77	676	*48.97	*1.00	14.32	0.00	138	89.53
% of Calories				14.20 %		*35.23 %	*0.72%	23.2%	0.0%		64.4%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Wednesday - 06/10/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992212 V/VG- Sweet Potato Waffles	-serving	100	263	0.31	114	*14.37	*14.18	4.91	0.00	0	48.45
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	100	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			493	1.06	329	*50.37	*14.18	6.16	0.00	10	91.45
% of Calories				1.94%		*40.87 %	*11.51 %	11.2%	0.0%		74.2%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 06/11/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990972 WG Chai Cheesecake Muffin Mix-CR	2.2	99	255	4.02	411	*19.24	*0.00	59.79	*0.00	13	43.27
992223 VG/DF- Homemade Vegan Muffins	64 gr	1	215	0.54	10	*18.35	*17.62	7.58	*0.00	0	33.09
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			434	4.78	545	*46.82	*0.18	60.82	*0.00	22	76.87
% of Calories				9.91%		*43.15 %	*0.17%	126.1%	*0.0%		70.8%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 06/12/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992346 V- Peachy WG Cinnamon Roll Cobbler	2.87 (serving)	99	313	5.00	304	20.55	*9.00	11.00	0.00	0	47.32
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	1	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			474	5.73	438	*44.71	*8.92	12.36	0.00	10	75.58
% of Calories				10.88 %		*37.73 %	*7.53%	23.5%	0.0%		63.8%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Monday - 06/15/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 06/16/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Wednesday - 06/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 06/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 06/19/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Monday - 06/22/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991061 V/VG- French Toast Sticks PreK-12	4 stick (92 gr)	100	260	2.00	300	9.00	*8.00	10.00	0.00	0	38.00
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	100	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			491	2.76	516	*45.11	*8.00	11.30	0.00	10	81.13
% of Calories				5.06%		*36.75 %	*6.52%	20.7%	0.0%		66.1%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 06/23/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991526 Blueberry Lemon Yogurt WW Muffins	Muffins	100	144	0.40	144	*7.22	*6.44	1.62	*0.00	47	26.07
992223 VG/DF-Homemade Vegan Muffins	64 gr	1	215	0.54	10	*18.35	*17.62	7.58	*0.00	0	33.09
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			330	1.19	281	*33.83	*6.61	3.15	*0.00	57	61.94
% of Calories				3.25%		*41.01%	*8.01%	8.6%	*0.0%		75.1%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Wednesday - 06/24/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992599 V/VG - Sandwich, Sunflower Butter & Jelly	2.8 oz (79 gr)	100	310	2.00	320	12.00	12.00	15.00	0.00	0	32.00
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	1	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			538	2.84	461	*49.40	*12.01	17.01	0.00	10	77.23
% of Calories				4.75%		*36.73 %	*8.93%	28.5%	0.0%		57.4%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 06/25/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991380 Cereal Cheerios MULTIGRAIN (28gr)	28 gr	100	110	0.00	105	6.00	*N/A*	1.00	0.00	0	23.00
991346 Yogurt Yoplait 4oz	4 oz	99	100	0.00	55	14.00	11.00	0.50	0.00	5	21.00
992217 VG/DF - Dairy Free Yogurt	5.3 oz	1	130	0.00	90	12.00	*N/A*	3.50	0.00	0	18.00
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			520	1.01	298	*60.84	*10.89	3.56	0.00	15	110.87
% of Calories				1.75%		*46.80 %	*8.38%	6.2%	0.0%		85.3%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 06/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992993 V-WG Pancake Bites Poffitz (IW)	2.4 oz (68gr)	90	250	1.00	290	13.00	11.00	12.00	0.00	40	37.00
991178 VG/DF-Homemade WG Pancakes	2 pancakes	10	214	0.68	4	4.73	*4.72	9.77	0.00	0	27.02
991693 Honey, (ss) Pouch	9 gr	100	25	0.00	0	7.00	7.00	0.00	0.00	0	7.00
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			449	1.76	398	*46.65	*17.37	13.28	0.00	46	76.58
% of Calories				3.53%		*41.56 %	*15.47 %	26.6%	0.0%		68.2%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Monday - 06/29/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992601 CEREALS RTE,CINN TOAST CRUNCH (Low Sugar)	1 (28 GR)	100	110	1.00	160	6.00	6.00	2.50	0.00	0	22.00
991346 Yogurt Yoplait 4oz	4 oz	100	100	0.00	55	14.00	11.00	0.50	0.00	5	21.00
992217 VG/DF - Dairy Free Yogurt	5.3 oz	0	130	0.00	90	12.00	*N/A*	3.50	0.00	0	18.00
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			394	1.78	351	*46.43	*17.00	4.46	0.00	15	78.54
% of Calories				4.07%		*47.14 %	*17.26 %	10.2%	0.0%		79.7%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 06/30/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991581 V- WG English Muffin w/ Cream Cheese	serving	100	157	2.50	220	1.93	*0.93	4.90	0.00	15	24.36
990949 V/VG- Jelly	14 gr	100	35	0.00	5	8.00	6.00	0.00	0.00	0	9.00

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			503	3.52	364	*50.91	*6.93	6.98	0.00	25	100.39
% of Calories				6.30%		*40.49 %	*5.51%	12.5%	0.0%		79.8%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Wednesday - 07/01/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991524 V- Baked French Toast Muffin	serving	99	210	2.42	209	*17.94	*13.11	5.52	*0.00	99	31.17
992223 VG/DF- Homemade Vegan Muffins	64 gr	1	215	0.54	10	*18.35	*17.62	7.58	*0.00	0	33.09
000010 Mozzarella, Cheese String	1 oz	100	61	2.02	202	1.01	0.00	3.04	0.00	10	1.01
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			449	5.22	547	*46.54	*13.15	10.13	*0.00	118	65.91
% of Calories				10.46 %		*41.46 %	*11.71 %	20.3%	*0.0%		58.7%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 07/02/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991557 Egg, Turkey Breast & Cheese Burrito	1 burrito	100	314	4.54	563	*2.34	*N/A*	13.90	0.00	193	25.82
990918 V/DF- Egg Burrito made with ww tortilla 8" Janna	1 burrito	1	332	5.56	356	*2.00	*N/A*	17.40	0.00	338	25.96
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	1	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	100	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			539	5.35	704	*38.48	*0.01	15.39	0.00	206	65.42
% of Calories				8.93%		*28.56 %	*0.01%	25.7%	0.0%		48.5%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Friday - 07/03/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991379 Pancakes & Turkey Sausage on a Stick	2.5 oz	99	160	1.50	400	7.00	7.00	6.00	0.00	20	19.00
991777 V- Veggie Patty & WG Pancakes	1 serving	1	283	0.33	830	6.33	*5.33	9.33	0.00	7	37.33
991178 VG/DF- Homemade WG Pancakes	2 pancakes	1	214	0.68	4	4.73	*4.72	9.77	0.00	0	27.02
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	49	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	49	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			400	2.33	623	*44.30	*7.03	8.15	0.00	30	68.34
% of Calories				5.24%		*44.30 %	*7.03%	18.3%	0.0%		68.3%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages	469	3.49	476	*46.75	*9.33	12.28	*0.00	57	80.08
% of Calories		6.70%		*39.87 %	*7.96%	23.6%	*0.0%		68.3%

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Menu Name: Washington Latin PCS- K-8 -LUNCH **Include Cost:** No
Site:
Use Alternate Menu Name: No

Monday - 06/01/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992300 Crispy Chicken Burger (3.1oz)	-serving	99	386	2.47	821	3.96	*3.96	14.82	0.00	25	42.56
992265 V/VG Vegan Burger -	-serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
993167 Creamy Buttered Peas & Corn S:3/4	3/4 cup	100	130	2.51	9	*2.06	*0.00	4.55	0.00	7	21.07
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
990703 Cranberry Apple Juice 1/2 cup	4 oz fl	100	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			685	4.95	1054	*32.03	*5.96	20.54	0.00	42	91.57
% of Calories				6.50%		*18.70 %	*3.48%	27.0%	0.0%		53.5%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 06/02/2026 Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991419 One Pot Chicken Fajita Pasta R:1/4, OT:1/2	-serving	99	498	7.37	389	*3.90	*0.00	22.93	*0.00	53	52.45
992257 V/VG One Pot Veggie Fajita Pasta R:1/4, OT:1/2	-serving	1	454	3.89	493	4.81	*0.00	17.93	0.00	0	50.66
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			703	7.47	527	*30.35	*0.00	24.52	*0.00	62	92.38
% of Calories				9.56%		*17.27%	*0.00%	31.4%	*0.0%		52.6%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 06/03/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993003 V- WG Jumbo Cheese Ravioli R:1/2 cup	3.78 oz (3 pc)	100	238	1.00	276	6.81	*0.64	2.95	0.00	0	35.35
993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2	1 serving	1	302	0.02	258	*7.35	*0.00	2.99	*0.00	0	55.10
992827 Kale & Mixed Beans Salad DG:1/4, L:1/2	3/4 cup	100	181	0.81	265	*2.12	*0.00	5.01	*0.00	0	24.95
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			563	1.84	680	*28.85	*0.64	9.41	*0.00	10	84.27
% of Calories				2.94%		*20.50 %	*0.45%	15.0%	*0.0%		59.9%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 06/04/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992317 Strawberry & Mix Green Salad w/Chicken DG:3/4	serving	99	223	3.54	351	*4.74	*0.00	11.01	*0.00	*53	10.85
992318 V-Strawberry & Mix Green Salad Veggie DG:3/4	serving	1	238	2.93	457	*5.65	*0.00	10.70	*0.00	*10	12.67
991056 VG/DF - WG Roll	32 gr	100	80	0.00	170	2.00	*2.00	1.00	0.00	0	15.00
990385 PEACHES,RAW - Half Cup (56 count) 1 peach	1/2 cup	100	51	0.02	0	10.91	0.00	0.32	0.00	0	12.40
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			455	3.56	658	*29.77	*2.00	13.62	*0.00	*62	51.40
% of Calories				7.04%		*26.17 %	*1.76%	26.9%	*0.0%		45.2%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Friday - 06/05/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992450 Golden Crispy Chicken Tenders	3 tenders	99	260	0.00	390	1.00	*1.00	15.00	0.00	25	16.00
992616 V/VG - Breaded Veggie Tenders w/WG Roll	4 tenders	1	500	2.00	1370	4.00	*2.00	19.00	0.00	0	51.00
992509 Garlic Roasted Potatoes 3/4 cup: S: 3/4	3/4 cup	100	228	0.41	17	*0.01	*0.00	4.87	0.00	0	42.65
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			662	0.45	641	*27.29	*3.01	21.32	0.00	35	89.39
% of Calories				0.61%		*16.49 %	*1.82%	29.0%	0.0%		54.0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Monday - 06/08/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992173 Buffalo Chicken Mac & Cheese - (Cheese Sauce)	1 Portion	99	373	6.32	806	2.05	*0.00	12.64	0.00	51	46.00
992175 V- Buffalo Chicken Meatless Mac & Cheese	1 Portion	1	380	6.02	859	2.50	*0.00	12.49	0.00	30	46.91
992234 VG/DF- Buffalo Chicken Meatless Mac & Cheese	1 Portion	0	463	13.69	795	2.50	*0.00	17.67	0.00	0	57.10
000263 Carrots, Steamed - R: 3/4 cup	3/4 cup	100	38	0.03	63	4.34	*0.00	0.22	0.00	0	8.77
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			549	6.37	1006	*26.13	*0.00	14.24	0.00	61	78.07
% of Calories				10.44 %		*19.04 %	*0.00%	23.3%	0.0%		56.9%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 06/09/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991613 Corn Dog Chicken Mini WG	6 pc (4.02oz)	100	315	3.64	497	6.06	*N/A*	16.97	0.00	48	26.67
000341 WG Biscuit - 1 oz	28 g	100	100	4.00	210	1.00	1.00	5.00	0.00	0	14.00
992459 V/VG-Vegan Chicken Nuggets w/WG Roll	5 Nuggets	1	331	1.88	635	4.51	*2.00	12.30	0.00	0	40.12
991417 Green Beans and Corn 3/4 cup: S:1/2,OT:1/4	3/4	100	99	0.22	2	3.08	*0.00	4.04	0.00	0	18.28
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			692	7.93	944	*36.99	*3.02	27.80	0.00	58	90.49
% of Calories				10.31 %		*21.38 %	*1.75%	36.2%	0.0%		52.3%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 06/10/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992788 Chicken Fajitas OT:1/4	2 fajitas	100	338	2.02	520	*1.78	*0.00	11.82	0.00	41	36.14
992527 V/VG - Meatless Chicken Fajitas OT:1/4	2 fajitas 6"	1	356	1.43	631	*2.68	*0.00	11.49	0.00	0	37.96
993168 Cheesy Refried Beans L:1/2	1/2	100	166	3.04	566	1.00	*0.00	7.06	0.00	15	16.51
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2.00	2.00	0.00	0.00	0	4.00
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			674	5.09	1259	*23.74	*2.00	20.38	0.00	66	80.81
% of Calories				6.80%		*14.09 %	*1.19%	27.2%	0.0%		48.0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 06/11/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993104 V- Lasagna, Cheese WG Pasta w/ Marinara R:1/2	3.5 oz	100	228	4.00	326	4.81	*0.64	7.95	0.00	45	28.35
993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2	1 serving	1	302	0.02	258	*7.35	*0.00	2.99	*0.00	0	55.10
992384 BROCCOLI,raw: fresh roasted	1/2 CUP	100	57	0.38	15	0.77	*0.00	4.82	0.00	0	3.02
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			493	4.52	480	*32.09	*0.64	14.44	*0.00	55	71.87
% of Calories				8.25%		*26.04 %	*0.52%	26.4%	*0.0%		58.3%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Friday - 06/12/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991027 Turkey Hot Dog	serving	99	270	3.00	930	*6.00	*N/A*	11.00	0.00	35	31.00
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
000279 Roasted Potatoes - 3/4cup: S:3/4	3/4 cup	100	176	0.38	12	*0.00	*0.00	4.79	0.00	0	30.80
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991498 RELISH, PICKLE SWEET SS POUCH	9 gr	100	15	0.00	70	3.00	*N/A*	0.00	0.00	0	3.00
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			631	3.35	1241	*34.99	*2.04	17.00	0.00	45	93.85
% of Calories				4.78%		*22.18 %	*1.29%	24.2%	0.0%		59.5%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Monday - 06/15/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 06/16/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 06/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Thursday - 06/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Friday - 06/19/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Monday - 06/22/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992804 Grilled Chicken & Brown Rice (2oz Gr/ 2oz MA)	Serving	99	316	0.53	66	0.01	*0.00	5.87	0.00	58	42.78

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991866 VG/DF- Grilled Chicken Meatless & Brown Rice	2.87 oz	1	428	0.17	273	0.98	*0.00	6.30	0.00	0	66.04
991902 Green Beans & Corn Medley OT:1/2, S:1/4	3/4	100	99	0.22	2	3.08	*0.00	4.04	0.00	0	18.28
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			580	0.80	208	*27.79	*0.00	11.54	0.00	67	90.30
% of Calories				1.24%		*19.17 %	*0.00%	17.9%	0.0%		62.3%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 06/23/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992474 Creamy Chicken Penne Pasta DG: 1/2, R:1/2	1 cup	100	503	12.70	295	5.46	*0.00	24.05	*0.00	112	49.46
992475 V-Creamy Meatless Penne Pasta DG: 1/2, R:1/2	1 cup	1	443	7.77	300	5.82	*0.00	16.25	*0.00	44	50.76
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			714	12.92	435	*32.06	*0.00	25.89	*0.00	122	90.05
% of Calories				16.29 %		*17.96 %	*0.00%	32.6%	*0.0%		50.4%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 06/24/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992506 WW Tacos al Pastor	2 (tortillas 6)	99	336	3.44	483	0.64	*0.11	14.85	0.00	91	31.06
992524 V/VG- WW Tacos al Pastor	2 (tortillas 6)	1	269	1.17	623	1.25	*0.11	7.72	0.00	0	35.35
990400 Black Bean and Corn Salad -L: 1/2, S: 1/4	3/4 cup	100	187	0.01	137	6.38	*0.00	1.18	0.00	9	34.50
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2.00	2.00	0.00	0.00	0	4.00
993169 Hot Sauce	7 gr	100	0	0.00	270	0.00	0.00	0.00	0.00	0	0.00
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			687	3.46	1058	*28.87	*2.11	17.37	0.00	109	93.02
% of Calories				4.53%		*16.81 %	*1.23%	22.8%	0.0%		54.2%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 06/25/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991746 Cheese Lunch Individual Pizza w/ Chicken/BeefPeppe	4.56oz 5 pepper	100	317	4.50	930	5.00	*N/A*	13.00	0.00	10	24.33
991393 V-Cheese Lunch Individual Pizza	4.56oz (129gr)	1	270	3.00	750	5.00	*N/A*	9.00	0.00	0	24.00
993156 DF/VG - Cheese Pizza w/ veggie crumbles Sub R:1/4	slice	1	368	6.11	1036	5.31	*0.00	13.83	0.00	0	47.63
992509 Garlic Roasted Potatoes 3/4 cup: S: 3/4	3/4 cup	100	228	0.41	17	*0.01	*0.00	4.87	0.00	0	42.65
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			711	5.00	1104	*29.12	*0.00	19.35	0.00	20	94.70
% of Calories				6.33%		*16.38 %	*0.00%	24.5%	0.0%		53.3%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Friday - 06/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991084 Chicken Nuggets Breaded	4 pc (91 gr)	90	210	2.50	340	1.00	*0.00	12.00	0.00	40	12.00
992459 V/VG-Vegan Chicken Nuggets w/WG Roll	5 Nuggets	10	331	1.88	635	4.51	*2.00	12.30	0.00	0	40.12
000242 Roasted Sweet Potato - R: 3/4 cup	.75 cup	100	169	0.34	54	9.72	*0.00	3.95	0.00	0	31.06
991603 BBQ Sauce (ss)	0.44 oz	100	20	0.00	105	4.00	4.00	0.00	0.00	0	5.00
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			552	2.80	665	*34.01	*4.20	17.37	0.00	46	74.67
% of Calories				4.57%		*24.64 %	*3.04%	28.3%	0.0%		54.1%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Monday - 06/29/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991419 One Pot Chicken Fajita Pasta R:1/4, OT:1/2	serving	99	498	7.37	389	*3.90	*0.00	22.93	*0.00	53	52.45
992257 V/VG One Pot Veggie Fajita Pasta R:1/4, OT:1/2	serving	1	454	3.89	493	4.81	*0.00	17.93	0.00	0	50.66
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			636	7.36	526	*23.66	*0.00	24.25	*0.00	62	75.72
% of Calories				10.42 %		*14.88 %	*0.00%	34.3%	*0.0%		47.6%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 06/30/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992300 Crispy Chicken Burger (3.1oz)	serving	99	386	2.47	821	3.96	*3.96	14.82	0.00	25	42.56
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
993167 Creamy Buttered Peas & Corn S:3/4	3/4 cup	100	130	2.51	9	*2.06	*0.00	4.55	0.00	7	21.07
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			685	4.95	1059	*32.03	*5.96	20.54	0.00	42	92.57
% of Calories				6.50%		*18.70 %	*3.48%	27.0%	0.0%		54.1%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 07/01/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990401 Jamaican Jerk Chicken Bowl - K to 12	serving	99	364	0.41	126	*1.79	*1.18	4.03	*0.00	61	56.87
991888 V/VG- Jamaican Jerk Chicken Bowl	serving	1	368	0.03	328	*3.06	*1.42	3.59	*0.00	0	59.40

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991603 BBQ Sauce (ss)	0.44 oz	100	20	0.00	105	4.00	4.00	0.00	0.00	0	5.00
991803 Green Beans, Broccoli Medley DG:1/2, OT:1/4	3/4	100	73	0.33	8	1.12	*0.00	5.48	0.00	0	6.69
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			621	0.78	378	*31.62	*5.18	11.13	*0.00	70	97.60
% of Calories				1.13%		*20.37 %	*3.34%	16.1%	*0.0%		62.9%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 07/02/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993003 V- WG Jumbo Cheese Ravioli R:1/2 cup	3.78 oz (3 pc)	100	238	1.00	276	6.81	*0.64	2.95	0.00	0	35.35
993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2	1 serving	1	302	0.02	258	*7.35	*0.00	2.99	*0.00	0	55.10
993068 Roasted Sweet Potato - R: 1/4 cup	1/4 cup	100	70	0.27	19	1.47	*0.00	3.56	0.00	0	9.83
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	1	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			413	1.28	433	*20.61	*0.64	7.85	*0.00	10	59.13
% of Calories				2.79%		*19.96 %	*0.62%	17.1%	*0.0%		57.3%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Friday - 07/03/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993008 Ground Turkey Fajitas	2 fajitas 6"	100	324	3.37	455	*0.29	*0.00	13.57	0.00	91	30.94
993009 V/VG- Ground Crumbles Veggie Fajitas	2 fajitas	1	263	1.09	618	*0.97	*0.00	6.58	0.00	0	35.72
990400 Black Bean and Corn Salad -L: 1/2, S: 1/4	3/4 cup	100	187	0.01	137	6.38	*0.00	1.18	0.00	9	34.50
992869 Sour Cream (ss)	28 gr	100	60	3.50	15	1.00	1.00	5.00	0.00	20	1.00
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			714	6.92	750	*26.61	*1.00	21.20	0.00	130	90.59
% of Calories				8.72%		*14.91 %	*0.56%	26.7%	0.0%		50.8%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages	621	4.59	755	*29.43	*1.92	17.99	*0.00	*59	84.12
% of Calories		6.65%		*18.96 %	*1.24%	26.1%	*0.0%		54.2%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Menu Name: Washington Latin PCS-High School-LUNCH **Include Cost:** No
Site:
Use Alternate Menu Name: No

Monday - 06/01/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992300 Crispy Chicken Burger (3.1oz)	1 serving	99	386	2.47	821	3.96	*3.96	14.82	0.00	25	42.56
992265 V/VG Vegan Burger -	1 serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
993176 Creamy Buttered Peas & Corn S:1	1 cup	100	177	3.74	12	*4.11	*0.00	6.63	0.00	11	26.31
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	100	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			792	6.18	1058	*46.09	*5.96	22.62	0.00	46	109.81
% of Calories				7.02%		*23.28 %	*3.01%	25.7%	0.0%		55.5%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Tuesday - 06/02/2026 Reimbursable Meal Total 100

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992262 One Pot Chicken Fajita Pasta OT:1/2, R:1/2	1 serving	100	565	7.39	390	*5.21	*0.00	23.51	*0.00	53	67.07
992263 V/VG One Pot Chicken Fajita Pasta OT:1/2, R:1/2	1 serving	1	521	3.91	494	6.12	*0.00	18.51	0.00	0	65.28
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			880	7.69	533	*46.13	*0.00	25.72	*0.00	63	134.63
% of Calories				7.86%		*20.97%	*0.00%	26.3%	*0.0%		61.2%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 06/03/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993003 V- WG Jumbo Cheese Ravioli R:1/2 cup	3.78 oz (3 pc)	100	238	1.00	276	6.81	*0.64	2.95	0.00	0	35.35
993004 V- WG Garlic Knot Roll	2 oz	100	170	1.50	190	3.00	2.00	6.00	0.00	0	27.00
993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2	1 serving	1	302	0.02	258	*7.35	*0.00	2.99	*0.00	0	55.10
992837 Kale & Mixed Beans Salad DG:1/2 ,; L:1/2	1 cup	100	266	1.12	385	*3.19	*0.00	7.01	*0.00	0	37.02

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			856	3.67	991	*40.67	*2.64	17.54	*0.00	10	133.63
% of Calories				3.86%		*19.00%	*1.23%	18.4%	*0.0%		62.4%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 06/04/2026

Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992320 Strawberry & Mix Green Salad 9-12	serving	45	267	4.70	445	*5.36	*0.00	14.59	*0.00	*58	12.30
992321 V-Strawberry & Mix Green Salad 9-12	serving	5	243	2.93	463	*6.27	*0.00	10.76	*0.00	*10	13.86
990672 WG Biscuit 2oz	56g	50	200	7.00	410	2.00	*0.00	9.00	0.00	0	27.00
990315 PEACHES,RAW - 1 cup (56 count) 2 peaches	2 peaches	50	101	0.05	0	21.81	0.00	0.65	0.00	0	24.80
000231 MILK,Skim	8 fl. oz.	25	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	25	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	50	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			668	11.58	994	*41.49	*0.00	25.20	*0.00	*63	77.52
% of Calories				15.60 %		*24.84 %	*0.00%	34.0%	*0.0%		46.4%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 06/05/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992450 Golden Crispy Chicken Tenders	3 tenders	100	260	0.00	390	1.00	*1.00	15.00	0.00	25	16.00
992451 V/VG - Breaded Veggie Tenders	3 tenders	1	150	3.00	350	1.00	*0.00	7.00	0.00	0	11.00
990672 WG Biscuit 2oz	56g	100	200	7.00	410	2.00	*0.00	9.00	0.00	0	27.00
992153 Potatoes,Cauliflower & Carrot S:1/2, OT:1/4, R:1/4	1 cup	100	141	0.28	36	*2.00	*0.00	3.67	0.00	0	24.81
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991024 ORANGES (2 oranges 113-125 ct) - 1 Cup	cup	100	123	0.04	0	24.50	0.00	0.31	0.00	0	30.78
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			837	7.36	1065	*43.62	*3.00	29.35	0.00	35	113.83
% of Calories				7.91%		*20.85 %	*1.43%	31.6%	0.0%		54.4%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Monday - 06/08/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992173 Buffalo Chicken Mac & Cheese - (Cheese Sauce)	1 Portion	99	373	6.32	806	2.05	*0.00	12.64	0.00	51	46.00
992175 V- Buffalo Chicken Meatless Mac & Cheese	1 Portion	1	380	6.02	859	2.50	*0.00	12.49	0.00	30	46.91
992234 VG/DF- Buffalo Chicken Meatless Mac & Cheese	1 Portion	0	463	13.69	795	2.50	*0.00	17.67	0.00	0	57.10
000262 CARROTS STEAMED- R:1 cup	CUP	100	55	0.05	90	5.38	0.00	0.28	0.00	0	12.82
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			605	6.41	1034	*34.92	*0.00	14.42	0.00	61	92.41
% of Calories				9.54%		*23.09 %	*0.00%	21.5%	0.0%		61.1%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Tuesday - 06/09/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991613 Corn Dog Chicken Mini WG	6 pc (4.02oz)	100	315	3.64	497	6.06	*N/A*	16.97	0.00	48	26.67
991720 V/V-Vegan Chicken Nuggets	5 Nuggets	1	251	1.88	465	2.51	*0.00	11.30	0.00	0	25.12
990672 WG Biscuit 2oz	56g	100	200	7.00	410	2.00	*0.00	9.00	0.00	0	27.00
991865 Green Beans and Corn Medley S:1/2, OT:1/2	1 cup	100	145	0.28	2	4.82	*0.00	4.42	0.00	0	29.22
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			901	11.04	1145	*52.40	*2.00	32.54	0.00	58	130.29
% of Calories				11.03 %		*23.26 %	*0.89%	32.5%	0.0%		57.8%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 06/10/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992788 Chicken Fajitas OT:1/4	2 fajitas	100	338	2.02	520	*1.78	*0.00	11.82	0.00	41	36.14
992527 V/VG - Meatless Chicken Fajitas OT:1/4	2 fajitas 6"	1	356	1.43	631	*2.68	*0.00	11.49	0.00	0	37.96
993177 Cheesy Refried Beans L:3/4	3/4	100	276	6.07	897	1.50	*0.00	12.86	0.00	30	25.01
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2.00	2.00	0.00	0.00	0	4.00
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			829	8.15	1591	*31.84	*2.00	26.30	0.00	81	101.20
% of Calories				8.85%		*15.36 %	*0.97%	28.6%	0.0%		48.8%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 06/11/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993032 V- Lasagna, Cheese WG Pasta w/ Marinara R:1	7oz (2 roll)	100	456	8.00	651	9.62	*1.27	15.91	0.00	90	56.70
991882 V/VG - SPAGHETTI AND VEGGIE SAUCE - R:1 cup	1 CUP	1	358	0.14	273	*11.31	*0.00	4.73	*0.00	0	63.29
992796 BROCCOLI FLORETS - Steamed DG: 1/2	1/2 cup	100	15	0.00	7	0.46	*N/A*	0.17	0.00	0	3.02
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			785	8.27	799	*51.05	*1.27	18.15	*0.00	100	127.26
% of Calories				9.48%		*26.01 %	*0.65%	20.8%	*0.0%		64.8%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 06/12/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991027 Turkey Hot Dog	serving	100	270	3.00	930	*6.00	*N/A*	11.00	0.00	35	31.00
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
992283 Roasted Potatoes - .1cup: S:1 cup	1 cup	100	221	0.40	11	*0.00	*0.00	4.83	0.00	0	40.98
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991498 RELISH, PICKLE SWEET SS POUCH	9 gr	100	15	0.00	70	3.00	*N/A*	0.00	0.00	0	3.00
990708 Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)	100	120	0.00	10	24.00	0.00	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			740	3.40	1255	*47.16	*2.04	17.19	0.00	45	118.47
% of Calories				4.14%		*25.49 %	*1.10%	20.9%	0.0%		64.0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Monday - 06/15/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Tuesday - 06/16/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

Wednesday - 06/17/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 06/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 06/19/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Monday - 06/22/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992804 Grilled Chicken & Brown Rice (2oz Gr/ 2oz MA)	Serving	99	316	0.53	66	0.01	*0.00	5.87	0.00	58	42.78
991866 VG/DF- Grilled Chicken Meatless & Brown Rice	2.87 oz	1	428	0.17	273	0.98	*0.00	6.30	0.00	0	66.04
993190 Green Beans & Corn Medley OT:3/4 , S:1/4	1 cup	100	115	0.22	2	3.74	*0.00	4.70	0.00	0	21.95
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			659	0.85	211	*41.15	*0.00	12.58	0.00	67	109.97
% of Calories				1.16%		*24.98 %	*0.00%	17.2%	0.0%		66.7%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Tuesday - 06/23/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992474 Creamy Chicken Penne Pasta DG: 1/2, R:1/2	1 cup	100	503	12.70	295	5.46	*0.00	24.05	*0.00	112	49.46
992475 V-Creamy Meatless Penne Pasta DG: 1/2, R:1/2	1 cup	1	443	7.77	300	5.82	*0.00	16.25	*0.00	44	50.76
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			819	13.05	437	*46.50	*0.00	26.28	*0.00	122	117.00
% of Calories				14.34 %		*22.71 %	*0.00%	28.9%	*0.0%		57.1%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 06/24/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Luncheras Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992506 WW Tacos al Pastor	2 (tortillas 6)	100	336	3.44	483	0.64	*0.11	14.85	0.00	91	31.06
992524 V/VG- WW Tacos al Pastor	2 (tortillas 6)	1	269	1.17	623	1.25	*0.11	7.72	0.00	0	35.35
992830 Black Bean and Corn Salad - L:1/2, S:1/2	1 cup	100	241	0.02	141	10.54	*0.00	1.86	0.00	18	45.08
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2.00	2.00	0.00	0.00	0	4.00
993169 Hot Sauce	7 gr	100	0	0.00	270	0.00	0.00	0.00	0.00	0	0.00
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			784	3.52	1067	*40.78	*2.11	18.33	0.00	120	114.20
% of Calories				4.04%		*20.81 %	*1.08%	21.0%	0.0%		58.3%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 06/25/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991746 Cheese Lunch Individual Pizza w/ Chicken/BeefPeppe	4.56oz 5 pepper	99	317	4.50	930	5.00	*N/A*	13.00	0.00	10	24.33

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991393 V-Cheese Lunch Individual Pizza	4.56oz (129gr)	1	270	3.00	750	5.00	*N/A*	9.00	0.00	0	24.00
992515 Garlic Roasted Potatoes -1 cup S: 1	1 cup	100	286	0.43	20	*0.01	*0.00	4.93	0.00	0	55.97
990708 Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)	100	120	0.00	10	24.00	0.00	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			822	4.91	1093	*41.01	*0.00	19.14	0.00	20	121.30
% of Calories				5.38%		*19.96 %	*0.00%	21.0%	0.0%		59.0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 06/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991109 Breaded Chicken Nuggets Breaded 9-12	6 pc (136.5gr)	100	315	3.75	510	1.50	*0.00	18.00	0.00	60	18.00
991720 V/V-Vegan Chicken Nuggets	5 Nuggets	1	251	1.88	465	2.51	*0.00	11.30	0.00	0	25.12
990672 WG Biscuit 2oz	56g	100	200	7.00	410	2.00	*0.00	9.00	0.00	0	27.00
990245 Roasted Sweet Potato - R: 1 cup	cup	100	279	1.08	75	5.90	*0.00	14.26	0.00	0	39.33
991603 BBQ Sauce (ss)	0.44 oz	100	20	0.00	105	4.00	4.00	0.00	0.00	0	5.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			1001	11.88	1241	*39.85	*4.00	42.83	0.00	70	125.12
% of Calories				10.68 %		*15.92 %	*1.60%	38.5%	0.0%		50.0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Monday - 06/29/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992262 One Pot Chicken Fajita Pasta OT:1/2, R:1/2	serving	100	565	7.39	390	*5.21	*0.00	23.51	*0.00	53	67.07
992263 V/VG One Pot Chicken Fajita Pasta OT:1/2, R:1/2	serving	1	521	3.91	494	6.12	*0.00	18.51	0.00	0	65.28
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Lunches Di Si

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			748	7.47	532	*32.75	*0.00	25.19	*0.00	63	101.30
% of Calories				8.99%		*17.51 %	*0.00%	30.3%	*0.0%		54.2%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Tuesday - 06/30/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992300 Crispy Chicken Burger (3.1oz)	serving	99	386	2.47	821	3.96	*3.96	14.82	0.00	25	42.56
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
993176 Creamy Buttered Peas & Corn S:1	1 cup	100	177	3.74	12	*4.11	*0.00	6.63	0.00	11	26.31
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
990708 Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)	100	120	0.00	10	24.00	0.00	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			792	6.18	1068	*46.09	*5.96	22.62	0.00	46	111.81
% of Calories				7.02%		*23.28 %	*3.01%	25.7%	0.0%		56.5%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 07/01/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990401 Jamaican Jerk Chicken Bowl - K to 12	serving	99	364	0.41	126	*1.79	*1.18	4.03	*0.00	61	56.87
991888 V/VG- Jamaican Jerk Chicken Bowl	serving	1	368	0.03	328	*3.06	*1.42	3.59	*0.00	0	59.40
991842 Green Beans, Broccoli Medley DG:1/2, OT:1.2	1 cup	100	79	0.33	8	1.36	*0.00	5.72	0.00	0	8.00
991603 BBQ Sauce (ss)	0.44 oz	100	20	0.00	105	4.00	4.00	0.00	0.00	0	5.00
992900 TANGERINES, FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK, Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

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Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			690	0.83	381	*44.56	*5.18	11.74	*0.00	70	114.92
% of Calories				1.08%		*25.83 %	*3.00%	15.3%	*0.0%		66.6%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 07/02/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993003 V- WG Jumbo Cheese Ravioli R:1/2 cup	3.78 oz (3 pc)	100	238	1.00	276	6.81	*0.64	2.95	0.00	0	35.35
993004 V- WG Garlic Knot Roll	2 oz	100	170	1.50	190	3.00	2.00	6.00	0.00	0	27.00
993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2	1 serving	1	302	0.02	258	*7.35	*0.00	2.99	*0.00	0	55.10
992782 Roasted Sweet Potato - R: 1/2 cup	1/2 cup	100	98	0.28	37	2.86	*0.00	3.58	0.00	0	16.52
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			821	3.04	644	*53.72	*2.64	14.64	*0.00	10	146.46
% of Calories				3.33%		*26.17 %	*1.29%	16.0%	*0.0%		71.4%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 07/03/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993008 Ground Turkey Fajitas	2 fajitas 6"	100	324	3.37	455	*0.29	*0.00	13.57	0.00	91	30.94
993009 V/VG- Ground Crumbles Veggie Fajitas	2 fajitas	1	263	1.09	618	*0.97	*0.00	6.58	0.00	0	35.72
993050 Black Bean and Corn Salad - L:1/2, S:1/2	1 cup	100	231	0.01	140	9.41	*0.00	1.83	0.00	18	42.59
991695 SOUR CREAM,FAT FREE (SS)	1oz	100	25	0.00	30	2.00	2.00	0.00	0.00	0	4.00
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	0.00	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Jun 1, 2026 thru Jul 3, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			768	3.43	769	*38.25	*2.00	16.97	0.00	120	113.56
% of Calories				4.02%		*19.92 %	*1.04%	19.9%	0.0%		59.1%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages	790	6.45	895	*43.00	*2.04	21.97	*0.00	*64	115.73
% of Calories		7.35%		*21.77 %	*1.03%	25.0%	*0.0%		58.6%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.