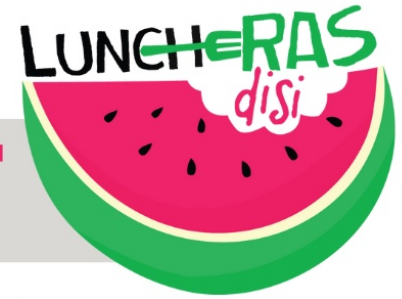




Milk, grain, fruit, meat or meat alternative

BREAKFAST



Menu subject to change. For any feedback please contact us directly at menu@luncherasdisi.com



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| <p>05/04/2026</p> <p>Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Fresh Tangerines Choice of Milk</p> | <p>05/05/2026</p> <p>One-Pan Breakfast Potato, Egg Scramble & Roll (V) Bananas Choice of Milk</p> | <p>05/06/2026</p> <p>WG Pancakes & Turkey Sausage on a Stick** Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Orange Pineapple Juice Choice of Milk</p> | <p>05/07/2026</p> <p>Chocolate Chip Oatmeal Muffin (V) Fresh Apples Choice of Milk</p> | <p>05/08/2026</p> <p>Yoplait Yogurt & Granola (V) Fresh Pears Choice of Milk</p> |
| <p>05/11/2026</p> <p>Cereal Cheerios Honey Yoplait Yogurt Fresh Apples Choice of Milk</p> | <p>05/12/2026</p> <p>Egg Cheese Bite Round (V) WG Biscuit Fresh Pears Choice of Milk</p> | <p>05/13/2026</p> <p>Homemade WW Sweet Potatoes Waffles (V/VG) Syrup Maple (ss) Fruit Punch Juice Choice of Milk</p> | <p>05/14/2026</p> <p>Homemade WW Choco Chip Banana Bread (V) Bananas Choice of Milk</p> | <p>05/15/2026</p> <p>WG Apple Cinnan. Muffin-V Mozzarella Cheese Stick** Fresh Tangerines Choice of Milk</p> |
| <p>05/18/2026</p> <p>Mini Maple Pancakes Maple Syrup (ss) Fresh Apples Choice of Milk</p> | <p>05/19/2026</p> <p>Blueberry Lemon Yogurt Whole Wheat Muffins Fresh Pears Choice of Milk</p> | <p>05/20/2026</p> <p>WW Taco Breakfast incl. (Egg, Cheese & Tkey Bacon) Taco Bk. w/Tofu,Vegan Ch. & Veggie Crumbles (V/VG) Cranberry Juice Choice of Milk</p> | <p>05/21/2026</p> <p>Cinn. Raisin WG Bagel(VG) Cream Cheese Jelly (ss) Bananas Choice of Milk</p> | <p>05/22/2026</p> <p>Peachy WG Cinnamon Roll Cobbler (V) Fruit Punch Juice Choice of Milk</p> |
| <p>05/25/2026</p> <p>NO SCHOOL TODAY</p> | <p>05/26/2026</p> <p>WG Corn Muffin (V) Bananas Choice of Milk</p> | <p>05/27/2026</p> <p>Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Fresh Apples Choice of Milk</p> | <p>05/28/2026</p> <p>WG Pancake Bites Poffitz (V) Syrup Maple (ss) Fresh Pears Choice of Milk</p> | <p>05/29/2026</p> <p>WW Egg Burrito w/ Turkey Breast & Cheese WW Egg Burrito (V/DF) Fresh Tangerines Fruit Punch Juice Choice of Milk</p> |

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (upon request)**

Locally Grown Components Daily Served : **According to the season fruits and vegetables locally grown will be added on
Breakfast and/or Lunch menu: Apples (PA), Sweet Potato (NC)**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), *Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat



Spring/Early Fall - LUNCH
Washington Latin PCS- K-8 -LUNCH

Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| <p>05/04/2026</p> <p>Crispy Chicken Burger Vegan Burger (V/VG) Buttered Peas & Corn Ketchup (ss) Fruit Punch Juice Choice of Milk</p> | <p>05/05/2026</p> <p>WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) Steamed Carrots Apples Choice of Milk</p> | <p>05/06/2026</p> <p>Jerk Chicken & Brown Rice Jerk Chicken Meatless & Brown Rice (V/VG) BBQ Sauce (ss) Green Beans & Broccoli Fresh Tangerines Choice of Milk</p> | <p>05/07/2026</p> <p>WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Cheesy Refried Beans Sour Cream (ss) Bananas Choice of Milk</p> | <p>05/08/2026</p> <p>Golden Crispy Chicken Tenders Breaded Veggie Tender w/ WG Roll (V/VG) Garlic Roasted Potatoes Ketchup (ss) Fresh Oranges Choice of Milk</p> |
| <p>05/11/2026</p> <p>Buffalo Chicken WG Mac & Cheese Buffalo Chicken Meatless WG Mac & Cheese (V) Steamed Carrots Cranberry Juice Choice of Milk</p> | <p>05/12/2026</p> <p>Corn Dog Chicken Mini WG WG Biscuit Veggie Nuggets w/WG Roll Green Beans & Corn Medley Ketchup (ss) Bananas Choice of Milk</p> | <p>05/13/2026</p> <p>Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Mustard, Yellow SS Pouch Ketchup (ss) Sweet Creamy Coleslaw Fresh Oranges Choice of Milk</p> | <p>05/14/2026</p> <p>WG Cheese Lasagna Rollup w/Marinara (V) Steamed Broccoli Apples Choice of Milk</p> | <p>05/15/2026</p> <p>Turkey Hot Dog** on a WG Bun Vegan Burger (V/VG) Chickpea Salad w/cucumber tomato & feta cheese Ketchup (ss) Fresh Strawberries Choice of Milk</p> |
| <p>05/18/2026</p> <p>Chinese Chicken Fried Rice w/Corn,Peas, G Beans Veggie Fried Rice w/ Carrot,Corn,Peas, G Beans Soy Sauce Light (ss) Grape Juice Choice of Milk</p> | <p>05/19/2026</p> <p>Baked Chicken WG Penne Pasta w/ Zucchini Baked Chicken Meatless WG Pasta w/Zuch. (V/VG) Bananas Choice of Milk</p> | <p>05/20/2026</p> <p>Breaded Chicken Nuggets Veggie Nuggets w/WG Roll Roasted Broccoli & Potato Medley BBQ Sauce (ss) Fresh Tangerines Choice of Milk</p> | <p>05/21/2026</p> <p>WW Turkey Tacos Al Pastor WW Veggie Tacos (V/VG) Black Beans w/ Tomato & Corn Salad Sour Cream (ss) Hot sauce (ss) Apples Choice of Milk</p> | <p>05/22/2026</p> <p>Stuffed Crust Pizza w/ Cheese (V) Collards Green & Tomato Salad Fresh Pears Choice of Milk</p> |
| <p>05/25/2026</p> <p>NO SCHOOL TODAY</p> | <p>05/26/2026</p> <p>Cheese Lunch Pizza w/ Chicken & Beef Pepperoni Cheese Lunch Pizza (V) Roasted Potatoes & Cauliflower Medley Fresh Tangerines Choice of Milk</p> | <p>05/27/2026</p> <p>Chicken & Tk. Bacon Pasta w/Tomato & Spinach Chicken Meatless Pasta w/Tomato & Spinach(V) Orange Pineapple Juice Choice of Milk</p> | <p>05/28/2026</p> <p>Grilled Chicken over Brown Rice Grilled Chicken Meatless over Brown Rice (VG/DF) Kale & Mixed Beans Salad Bananas Choice of Milk</p> | <p>05/29/2026</p> <p>Ground Turkey Fajitas Veggie Fajitas (V/VG) Corn Pico de Gallo Sour Cream (ss) Apples Choice of Milk</p> |

Available Choice of Milk: **Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)**

** Denotes meals only for K to 8th

Locally Grown Components Daily Served :

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Cucumbers (DE,VA,DE,MD,PA), Romaine Lettuce (PA, MD), Spinach (MD), Peppers (DE,VA,PA,MD), Broccoli (VA,PA), Potato (MD,PA), Collards Green (NC), Kale (MD,NC,NJ), Cabbage, (VA,MD,PA,DE,VA), Sweet Potato (NC), Tomato (MD,DE,PA,VA,NC),Cauliflower (PA,MD), Eggplant (VA,PA,NJ,DE/MD), Zucchini (NC), Carrots (PA,NJ,MD), Onions (PA), Squash summer (NC,VA,MD,PA,DE)

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH



Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| <p>05/04/2026</p> <p>Crispy Chicken Burger Vegan Burger (V/VG) Buttered Peas & Corn Ketchup (ss) Fruit Punch Juice Choice of Milk</p> | <p>05/05/2026</p> <p>WG Jumbo Cheese Ravioli w/ Marinara Sauce (V) WG Garlic Knot Roll (V) Steamed Carrots Fresh Apples Choice of Milk</p> | <p>05/06/2026</p> <p>Jerk Chicken & Brown Rice Jerk Chicken Meatless & Brown Rice (V/VG) Green Beans & Broccoli BBQ Sauce (ss) Fresh Tangerines Choice of Milk</p> | <p>05/07/2026</p> <p>WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Cheesy Refried Beans Sour Cream (ss) Bananas Choice of Milk</p> | <p>05/08/2026</p> <p>Golden Crispy Chicken Tenders Breaded Veggie Tender-VG WG Biscuit Garlic Roasted Potatoes Ketchup (ss) Fresh Oranges Choice of Milk</p> |
| <p>05/11/2026</p> <p>Buffalo Chicken WG Mac & Cheese Buffalo Chicken Meatless WG Mac & Cheese (V) Steamed Carrots Cranberry Juice Choice of Milk</p> | <p>05/12/2026</p> <p>Corn Dog Chicken Mini WG Veggie Nuggets (V/VG) WG Biscuit Green Beans & Corn Medley Ketchup (ss) Bananas Choice of Milk</p> | <p>05/13/2026</p> <p>Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Sweet Creamy Coleslaw Fresh Oranges Choice of Milk</p> | <p>05/14/2026</p> <p>WG Cheese Lasagna Rollup w/Marinara (V) Spaghetti & Plant Based Meat Sauce (V/VG) Steamed Broccoli Fresh Apples Choice of Milk</p> | <p>05/15/2026</p> <p>Turkey Hot Dog** on a WG Bun Vegan Burger (V/VG) Chickpea Salad w/cucumber tomato & feta cheese Ketchup (ss) Fresh Strawberries Choice of Milk</p> |
| <p>05/18/2026</p> <p>Chinese Chicken Fried Rice w/Corn,Peas, G Beans Chicken Meatless Fried Rice w/Corn,Peas, G Beans Soy Sauce Light (ss) Grape Juice Choice of Milk</p> | <p>05/19/2026</p> <p>Baked Chicken Penne Pasta w/ Zucchini Baked Chicken Meatless Pasta w/Zucchini (V) Bananas Choice of Milk</p> | <p>05/20/2026</p> <p>Chicken Nuggets Veggie Nuggets (V/VG) WG Biscuit Roasted Broccoli & Potato Medley BBQ Sauce (ss) Fresh Tangerines Choice of Milk</p> | <p>05/21/2026</p> <p>WW Turkey Tacos Al Pastor WW Veggie Tacos (V/VG) Black Bean, Corn & Tomato Salad Sour Cream (ss) Hot sauce (ss) Fresh Apples Choice of Milk</p> | <p>05/22/2026</p> <p>Stuffed Crust Pizza w/ Cheese (V) Collards Green & Tomato Salad Fresh Pears Choice of Milk</p> |
| <p>05/25/2026</p> <p>NO SCHOOL TODAY</p> | <p>05/26/2026</p> <p>Cheese Lunch Pizza w/ Chicken & Beef Pepperoni Cheese Lunch Pizza (V) Roasted Cauliflower & Carrots Medley Fresh Tangerines Choice of Milk</p> | <p>05/27/2026</p> <p>Chicken & Tk. Bacon Pasta w/Tomato & Spinach Chicken Meatless Pasta w/Tomato & Spinach(V) Orange Pineapple Juice Choice of Milk</p> | <p>05/28/2026</p> <p>Grilled Chicken over Brown Rice Grilled Chicken Meatless over Brown Rice (VG/DF) Kale & Mixed Beans Salad Bananas Choice of Milk</p> | <p>05/29/2026</p> <p>Ground Turkey Fajitas Veggie Fajitas (V/VG) Corn Pico de Gallo Sour Cream (ss) Cranberry Dried(ss)** Fresh Apples Choice of Milk</p> |

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy (Upon Request)**

ALL MEALS INCLUDE: 1 cup of *FRESH FRUIT or 100% Juice* & 1 cup of vegetables daily

Locally Grown Components Daily Served :

According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA), Green Beans (DE), Potato (PA), Sweet Potato (NC/PA), Green Peas (NJ), Corn (NJ), Kale (NJ), Collards Green (NJ), Peppers (PA)

***Vegetarian (V) options available daily. Dairy - Free (DF), Gluten Free (GF), Vegan (VG) - Available Upon Request WG = Whole Grain WW = Whole Wheat**

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

Menu Name: Washington Latin PCS-High School-LUNCH
Include Cost: No
Site:
Use Alternate Menu Name: No

Monday - 05/04/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992300 Crispy Chicken Burger (3.1oz) | 1 serving | 99 | 386 | 2.47 | 821 | 3.96 | *3.96 | 14.82 | 0.00 | 25 | 42.56 |
| 992265 V/VG Vegan Burger - | 1 serving | 1 | 280 | 0.00 | 760 | 5.00 | *4.00 | 7.00 | 0.00 | 0 | 36.00 |
| 993176 Creamy Buttered Peas & Corn S:1 | 1 cup | 100 | 177 | 3.74 | 12 | *4.11 | *0.00 | 6.63 | 0.00 | 11 | 26.31 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 990708 Fruit Punch, Juice - (1 Cup - 2 juices) | (2 HC) | 100 | 120 | 0.00 | 10 | 24.00 | 0.00 | 0.00 | 0.00 | 0 | 28.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 792 | 6.18 | 1068 | *46.09 | *5.96 | 22.62 | 0.00 | 46 | 111.81 |
| % of Calories | | | | 7.02% | | *23.28 % | *3.01% | 25.7% | 0.0% | | 56.5% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Tuesday - 05/05/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993003 V- WG Jumbo Cheese Ravioli R:1/2 cup | 3.78 oz (3 pc) | 100 | 238 | 1.00 | 276 | 6.81 | *0.64 | 2.95 | 0.00 | 0 | 35.35 |
| 993004 V- WG Garlic Knot Roll | 2 oz | 100 | 170 | 1.50 | 190 | 3.00 | 2.00 | 6.00 | 0.00 | 0 | 27.00 |
| 993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2 | 1 serving | 1 | 302 | 0.02 | 258 | *7.35 | *0.00 | 2.99 | *0.00 | 0 | 55.10 |
| 000263 Carrots, Steamed - R: 3/4 cup | 3/4 cup | 100 | 38 | 0.03 | 63 | 4.34 | *0.00 | 0.22 | 0.00 | 0 | 8.77 |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 627 | 2.58 | 669 | *41.81 | *2.64 | 10.75 | *0.00 | 10 | 105.37 |
| % of Calories | | | | 3.70% | | *26.67 % | *1.68% | 15.4% | *0.0% | | 67.2% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Wednesday - 05/06/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990401 Jamaican Jerk Chicken Bowl - K to 12 | serving | 99 | 364 | 0.41 | 126 | *1.79 | *0.00 | 4.03 | *0.00 | 61 | 56.87 |
| 991888 V/VG- Jamaican Jerk Chicken Bowl | serving | 1 | 368 | 0.03 | 328 | *3.06 | *0.00 | 3.59 | *0.00 | 0 | 59.40 |
| 991842 Green Beans, Broccoli Medley DG:1/2, OT:1.2 | 1 cup | 100 | 79 | 0.33 | 8 | 1.36 | *N/A* | 5.72 | 0.00 | 0 | 8.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|--------------|-------------|---------------|
| 991603 BBQ Sauce (ss) | 0.44 oz | 100 | 20 | 0.00 | 105 | 4.00 | 4.00 | 0.00 | 0.00 | 0 | 5.00 |
| 992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct | 2 (120 ct p/cs) | 100 | 127 | 0.09 | 5 | 25.39 | 0.00 | 0.74 | 0.00 | 0 | 32.02 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 690 | 0.83 | 381 | *44.56 | *4.00 | 11.74 | *0.00 | 70 | 114.92 |
| % of Calories | | | | 1.08% | | *25.83 % | *2.32% | 15.3% | *0.0% | | 66.6% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Thursday - 05/07/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992788 Chicken Fajitas OT:1/4 | 2 fajitas | 100 | 338 | 2.02 | 520 | *1.78 | *0.00 | 11.82 | 0.00 | 41 | 36.14 |
| 992527 V/VG - Meatless Chicken Fajitas OT:1/4 | 2 fajitas 6" | 1 | 356 | 1.43 | 631 | *2.68 | *0.00 | 11.49 | 0.00 | 0 | 37.96 |
| 993177 Cheesy Refried Beans L:3/4 | 3/4 | 100 | 276 | 6.07 | 897 | 1.50 | *0.00 | 12.86 | 0.00 | 30 | 25.01 |
| 991695 SOUR CREAM,FAT FREE (SS) | 1oz | 100 | 25 | 0.00 | 30 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 4.00 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 955 | 8.38 | 1592 | *46.28 | *2.00 | 26.87 | 0.00 | 81 | 132.56 |
| % of Calories | | | | 7.90% | | *19.38 % | *0.84% | 25.3% | 0.0% | | 55.5% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Friday - 05/08/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992450 Golden Crispy Chicken Tenders | 3 tenders | 100 | 260 | 0.00 | 390 | 1.00 | *1.00 | 15.00 | 0.00 | 25 | 16.00 |
| 992451 V/VG - Breaded Veggie Tenders | 3 tenders | 1 | 150 | 3.00 | 350 | 1.00 | *0.00 | 7.00 | 0.00 | 0 | 11.00 |
| 990672 WG Biscuit 2oz | 56g | 100 | 200 | 7.00 | 410 | 2.00 | *0.00 | 9.00 | 0.00 | 0 | 27.00 |
| 992515 Garlic Roasted Potatoes -1 cup S: 1 | 1 cup | 100 | 286 | 0.43 | 20 | *0.01 | *0.00 | 4.93 | 0.00 | 0 | 55.97 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 991024 ORANGES (2 oranges 113-125 ct) - 1 Cup | cup | 100 | 123 | 0.04 | 0 | 24.50 | 0.00 | 0.31 | 0.00 | 0 | 30.78 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 982 | 7.50 | 1050 | *41.63 | *3.00 | 30.61 | 0.00 | 35 | 144.99 |
| % of Calories | | | | 6.87% | | *16.96 % | *1.22% | 28.1% | 0.0% | | 59.1% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Monday - 05/11/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992173 Buffalo Chicken Mac & Cheese - (Cheese Sauce) | 1 Portion | 99 | 373 | 6.32 | 806 | 2.05 | *0.00 | 12.64 | 0.00 | 51 | 46.00 |
| 992175 V- Buffalo Chicken Meatless Mac & Cheese | 1 Portion | 1 | 380 | 6.02 | 859 | 2.50 | *0.00 | 12.49 | 0.00 | 30 | 46.91 |
| 992234 VG/DF- Buffalo Chicken Meatless Mac & Cheese | 1 Portion | 0 | 463 | 13.69 | 795 | 2.50 | *0.00 | 17.67 | 0.00 | 0 | 57.10 |
| 000262 CARROTS STEAMED- R:1 cup | CUP | 100 | 55 | 0.05 | 90 | 5.38 | 0.00 | 0.28 | 0.00 | 0 | 12.82 |
| 991059 Cranberry Apple Juice (1 cup- 2 juices per kid) | 2 HC | 100 | 120 | 0.00 | 0 | 24.00 | 0.00 | 0.00 | 0.00 | 0 | 26.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 647 | 6.37 | 1032 | *43.43 | *0.00 | 14.17 | 0.00 | 61 | 97.84 |
| % of Calories | | | | 8.86% | | *26.85 % | *0.00% | 19.7% | 0.0% | | 60.5% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Tuesday - 05/12/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991613 Corn Dog Chicken Mini WG | 6 pc (4.02oz) | 100 | 315 | 3.64 | 497 | 6.06 | *N/A* | 16.97 | 0.00 | 48 | 26.67 |
| 991720 V/V-Vegan Chicken Nuggets | 5 Nuggets | 1 | 251 | 1.88 | 465 | 2.51 | *0.00 | 11.30 | 0.00 | 0 | 25.12 |
| 990672 WG Biscuit 2oz | 56g | 100 | 200 | 7.00 | 410 | 2.00 | *0.00 | 9.00 | 0.00 | 0 | 27.00 |
| 991865 Green Beans and Corn Medley S:1/2, OT:1/2 | 1 cup | 100 | 145 | 0.28 | 2 | 4.82 | *0.00 | 4.42 | 0.00 | 0 | 29.22 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 984 | 11.21 | 1143 | *55.88 | *2.00 | 32.58 | 0.00 | 58 | 152.18 |
| % of Calories | | | | 10.25 % | | *22.72 % | *0.81% | 29.8% | 0.0% | | 61.9% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Wednesday - 05/13/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990548 Cheese Beef Burger - | serving | 100 | 387 | 4.79 | 915 | 6.01 | *4.00 | 18.17 | 0.00 | 43 | 35.07 |
| 992265 V/VG Vegan Burger - | serving | 1 | 280 | 0.00 | 760 | 5.00 | *4.00 | 7.00 | 0.00 | 0 | 36.00 |
| 992770 CREAMY COLESLAW - 1 cup: R:1/4, OT:3/4 | 1 cup | 100 | 99 | 0.48 | 85 | 8.60 | *0.00 | 2.79 | *0.00 | 3 | 16.36 |
| 991024 ORANGES (2 oranges 113-125 ct) - 1 Cup | cup | 100 | 123 | 0.04 | 0 | 24.50 | 0.00 | 0.31 | 0.00 | 0 | 30.78 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 714 | 5.31 | 1143 | *51.27 | *4.04 | 22.65 | *0.00 | 56 | 95.71 |
| % of Calories | | | | 6.69% | | *28.72 % | *2.26% | 28.6% | *0.0% | | 53.6% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

Thursday - 05/14/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993032 V- Lasagna, Cheese WG Pasta w/ Marinara R:1 | 7oz (2 roll) | 100 | 456 | 8.00 | 651 | 9.62 | *1.27 | 15.91 | 0.00 | 90 | 56.70 |
| 991882 V/VG - SPAGHETTI AND VEGGIE SAUCE - R:1 cup | 1 CUP | 1 | 358 | 0.14 | 273 | *11.31 | *0.00 | 4.73 | *0.00 | 0 | 63.29 |
| 992796 BROCCOLI FLORETS - Steamed DG: 1/2 | 1/2 cup | 100 | 15 | 0.00 | 7 | 0.46 | *N/A* | 0.17 | 0.00 | 0 | 3.02 |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 653 | 8.04 | 798 | *37.67 | *1.27 | 17.62 | *0.00 | 100 | 93.93 |
| % of Calories | | | | 11.08 % | | *23.08 % | *0.78% | 24.3% | *0.0% | | 57.5% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Friday - 05/15/2026

Reimbursable Meal Total 96

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|----------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991027 Turkey Hot Dog | serving | 100 | 270 | 3.00 | 930 | *6.00 | *N/A* | 11.00 | 0.00 | 35 | 31.00 |
| 992265 V/VG Vegan Burger - | serving | 1 | 280 | 0.00 | 760 | 5.00 | *4.00 | 7.00 | 0.00 | 0 | 36.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|--------------|-------------|--------------|
| 993175 Chickpea Salad L:1/2, OT:1/4, R:1/4 | serving | 100 | 298 | 3.56 | 366 | *0.60 | *0.00 | 14.93 | *0.00 | *14 | 31.86 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 000099 STRAWBERRIES,FRESH - 1 cup | 9 large strawbe | 100 | 52 | 0.02 | 2 | 7.92 | *0.00 | 0.49 | 0.00 | 0 | 12.44 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 765 | 6.87 | 1596 | *29.88 | *2.12 | 28.93 | *0.00 | *61 | 94.57 |
| % of Calories | | | | 8.08% | | *15.62 % | *1.11% | 34.0% | *0.0% | | 49.4% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Monday - 05/18/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991520 Chinese Chicken Fried Rice S:1/2, R:1/4, OT:1/4 | 1 serving | 100 | 533 | 2.64 | 863 | *9.18 | *0.00 | 15.94 | 0.00 | 236 | 65.78 |
| 992044 V-Chinese Chicken Fried Rice- S:1/2, R:1/4, OT:1/4 | 1 serving | 1 | 591 | 2.06 | 1000 | *9.05 | *0.00 | 16.19 | 0.00 | 195 | 74.37 |
| 992823 Sauce, Soy Light SS Pouch | serving | 100 | 0 | 0.00 | 230 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 1.00 |
| 992362 Grape Juice - (1 cup: 2 juices) | 2 (4 fl) | 100 | 160 | 0.00 | 20 | 36.00 | 0.00 | 0.00 | 0.00 | 0 | 38.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 800 | 2.67 | 1260 | *57.39 | *0.00 | 17.40 | 0.00 | 248 | 118.65 |
| % of Calories | | | | 3.00% | | *28.70 % | *0.00% | 19.6% | 0.0% | | 59.3% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Tuesday - 05/19/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993115 Baked Chicken Penne Pasta R:3/4, OT:1/2 | 1.25 cup | 100 | 501 | 6.57 | 455 | 9.89 | *0.95 | 15.30 | *0.00 | 72 | 63.30 |
| 991884 V- Baked Chicken Meatless WG Pasta R:3/4, OT:1/4 | 1 cup | 1 | 522 | 5.96 | 580 | 10.16 | *0.95 | 15.10 | *0.00 | 32 | 64.36 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 818 | 6.90 | 599 | *50.97 | *0.96 | 17.52 | *0.00 | 83 | 130.97 |
| % of Calories | | | | 7.59% | | *24.92 % | *0.47% | 19.3% | *0.0% | | 64.0% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Wednesday - 05/20/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991109 Chicken Nuggets Breaded 9-12 | 6 pc (136.5gr) | 100 | 315 | 3.75 | 510 | 1.50 | *0.00 | 18.00 | 0.00 | 60 | 18.00 |
| 991720 V/V-Vegan Chicken Nuggets | 5 Nuggets | 1 | 251 | 1.88 | 465 | 2.51 | *0.00 | 11.30 | 0.00 | 0 | 25.12 |
| 990672 WG Biscuit 2oz | 56g | 100 | 200 | 7.00 | 410 | 2.00 | *0.00 | 9.00 | 0.00 | 0 | 27.00 |
| 991386 Roasted Broccoli & Potato 1cup: DG: 1/2, S: 1/2 | 1 cup | 100 | 122 | 0.41 | 26 | *0.77 | *0.00 | 4.85 | 0.00 | 0 | 17.13 |
| 991603 BBQ Sauce (ss) | 0.44 oz | 100 | 20 | 0.00 | 105 | 4.00 | 4.00 | 0.00 | 0.00 | 0 | 5.00 |
| 992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct | 2 (120 ct p/cs) | 100 | 127 | 0.09 | 5 | 25.39 | 0.00 | 0.74 | 0.00 | 0 | 32.02 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 887 | 11.27 | 1196 | *45.69 | *4.00 | 33.95 | 0.00 | 70 | 112.40 |
| % of Calories | | | | 11.44 % | | *20.60 % | *1.80% | 34.4% | 0.0% | | 50.7% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Thursday - 05/21/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992506 WW Tacos al Pastor | 2 (tortillas 6) | 100 | 336 | 3.44 | 483 | 0.64 | *0.11 | 14.85 | 0.00 | 91 | 31.06 |
| 992524 V/VG- WW Tacos al Pastor | 2 (tortillas 6) | 1 | 269 | 1.17 | 623 | 1.25 | *0.11 | 7.72 | 0.00 | 0 | 35.35 |
| 992830 Black Bean and Corn Salad - L:1/2, S:1/2 | 1 cup | 100 | 241 | 0.02 | 141 | 10.54 | *0.00 | 1.86 | 0.00 | 18 | 45.08 |
| 991695 SOUR CREAM,FAT FREE (SS) | 1oz | 100 | 25 | 0.00 | 30 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 4.00 |
| 993169 Hot Sauce | 7 gr | 100 | 0 | 0.00 | 270 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 0.00 |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 784 | 3.52 | 1067 | *40.78 | *2.11 | 18.33 | 0.00 | 120 | 114.20 |
| % of Calories | | | | 4.04% | | *20.81 % | *1.08% | 21.0% | 0.0% | | 58.3% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Friday - 05/22/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993087 V- Stuffed Crust Pizza w/Cheese | 137 gr | 100 | 330 | 4.50 | 850 | 4.00 | *1.00 | 14.00 | 0.00 | 15 | 36.00 |
| 991196 VG/DF- Pizza Sub-R: 1/4 | slice | 1 | 245 | 4.78 | 609 | 5.48 | *N/A* | 10.73 | 0.00 | 0 | 38.43 |
| 992836 Collards Green & Tomato Salad - DG:1/2, R:1/2 | 1 cup | 100 | 168 | 0.75 | 194 | *6.24 | *0.00 | 10.00 | *0.01 | 0 | 18.97 |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup | 100 | 84 | 0.03 | 1 | 14.43 | 0.00 | 0.21 | 0.00 | 0 | 22.54 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 685 | 5.33 | 1186 | *36.73 | *1.00 | 25.56 | *0.01 | 25 | 90.90 |
| % of Calories | | | | 7.00% | | *21.45 % | *0.58% | 33.6% | *0.0% | | 53.1% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

Monday - 05/25/2026

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000145 NO SCHOOL TODAY | | | | | | | | | | | |
| Weighted Daily Average | | | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0 | 0.00 |
| % of Calories | | | | 0% | | 0% | 0% | 0% | 0% | | 0% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Tuesday - 05/26/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991746 Cheese Lunch Individual Pizza w/ Chicken/BeefPepe | 4.56oz 5 pepper | 99 | 317 | 4.50 | 930 | 5.00 | *N/A* | 13.00 | 0.00 | 10 | 24.33 |
| 991393 V-Cheese Lunch Individual Pizza | 4.56oz (129gr) | 1 | 270 | 3.00 | 750 | 5.00 | *N/A* | 9.00 | 0.00 | 0 | 24.00 |
| 991107 Cauliflower & Carrots 1 cup (0.5 Other / 0.5 R) | 1 cup | 100 | 82 | 0.42 | 60 | 3.65 | *0.00 | 4.93 | 0.00 | 0 | 8.90 |
| 992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct | 2 (120 ct p/cs) | 100 | 127 | 0.09 | 5 | 25.39 | 0.00 | 0.74 | 0.00 | 0 | 32.02 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

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Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 625 | 5.00 | 1128 | *46.04 | *0.00 | 19.88 | 0.00 | 20 | 78.24 |
| % of Calories | | | | 7.20% | | *29.47 % | *0.00% | 28.6% | 0.0% | | 50.1% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Wednesday - 05/27/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992474 Creamy Chicken Penne Pasta DG: 1/2, R:1/2 | 1 cup | 100 | 503 | 12.70 | 295 | 5.46 | *0.00 | 24.05 | *0.00 | 112 | 49.46 |
| 992475 V-Creamy Meatless Penne Pasta DG: 1/2, R:1/2 | 1 cup | 1 | 443 | 7.77 | 300 | 5.82 | *0.00 | 16.25 | *0.00 | 44 | 50.76 |
| 991060 Orange Pineapple Juice (1 cup - 2 juices) | 2 HC | 100 | 120 | 0.00 | 0 | 24.00 | *N/A* | 0.00 | 0.00 | 0 | 28.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 729 | 12.78 | 434 | *41.63 | *0.00 | 25.50 | *0.00 | 122 | 91.10 |
| % of Calories | | | | 15.78 % | | *22.84 % | *0.00% | 31.5% | *0.0% | | 50.0% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Thursday - 05/28/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|--------------|-------------|---------------|
| 992804 Grilled Chicken & Brown Rice (2oz Gr/ 2oz MA) | Serving | 99 | 316 | 0.53 | 66 | 0.01 | *0.00 | 5.87 | 0.00 | 58 | 42.78 |
| 991866 VG/DF- Grilled Chicken Meatless & Brown Rice | 2.87 oz | 1 | 428 | 0.17 | 273 | 0.98 | *0.00 | 6.30 | 0.00 | 0 | 66.04 |
| 992837 Kale & Mixed Beans Salad DG:1/2 ,: L:1/2 | 1 cup | 100 | 266 | 1.12 | 385 | *3.19 | *0.00 | 7.01 | *0.00 | 0 | 37.02 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 893 | 1.92 | 591 | *44.07 | *0.00 | 14.92 | *0.00 | 67 | 146.93 |
| % of Calories | | | | 1.94% | | *19.74 % | *0.00% | 15.0% | *0.0% | | 65.8% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

Friday - 05/29/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993008 Ground Turkey Fajitas | 2 fajitas 6" | 100 | 324 | 3.37 | 455 | *0.29 | *0.00 | 13.57 | 0.00 | 91 | 30.94 |
| 993009 V/VG- Ground Crumbles Veggie Fajitas | 2 fajitas | 1 | 263 | 1.09 | 618 | *0.97 | *0.00 | 6.58 | 0.00 | 0 | 35.72 |
| 990334 Corn Pico de Gallo S:1/2, R:1/4, OT:1/4 cup | 1 cup | 100 | 134 | 0.03 | 17 | 11.08 | *0.00 | 1.43 | 0.00 | 18 | 26.73 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992869 Sour Cream (ss) | 28 gr | 100 | 60 | 3.50 | 15 | 1.00 | 1.00 | 5.00 | 0.00 | 20 | 1.00 |
| 991307 Cranberry, Dried Original | 1.16oz | 100 | 110 | 0.00 | 0 | 24.00 | *N/A* | 0.00 | 0.00 | 0 | 28.00 |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 809 | 6.95 | 631 | *63.97 | *1.00 | 21.61 | 0.00 | 140 | 120.74 |
| % of Calories | | | | 7.73% | | *31.63 % | *0.49% | 24.0% | 0.0% | | 59.7% |
| Weekly Nutrient Guideline | | | 750 - 850 | <10 | 1280 | | <10 | | | | |

| | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| Weighted Averages | 781 | 6.30 | 977 | *45.57 | *1.90 | 21.75 | *0.00 | *78 | 113.05 |
| % of Calories | | 7.26% | | *23.34 % | *0.97% | 25.1% | *0.0% | | 57.9% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

Menu Name: Washington Latin PCS- K-8 -LUNCH **Include Cost:** No
Site:
Use Alternate Menu Name: No

Monday - 05/04/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992300 Crispy Chicken Burger (3.1oz) | -serving | 99 | 386 | 2.47 | 821 | 3.96 | *3.96 | 14.82 | 0.00 | 25 | 42.56 |
| 992265 V/VG Vegan Burger - | -serving | 1 | 280 | 0.00 | 760 | 5.00 | *4.00 | 7.00 | 0.00 | 0 | 36.00 |
| 993167 Creamy Buttered Peas & Corn S:3/4 | 3/4 cup | 100 | 130 | 2.51 | 9 | *2.06 | *0.00 | 4.55 | 0.00 | 7 | 21.07 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 990692 Fruit Punch, Juice 1/2 cup | 4 fl.oz. | 100 | 60 | 0.00 | 5 | 12.00 | 0.00 | 0.00 | 0.00 | 0 | 14.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 685 | 4.95 | 1059 | *32.03 | *5.96 | 20.54 | 0.00 | 42 | 92.57 |
| % of Calories | | | | 6.50% | | *18.70 % | *3.48% | 27.0% | 0.0% | | 54.1% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Tuesday - 05/05/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

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Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|--------------|-------------|--------------|
| 993003 V- WG Jumbo Cheese Ravioli R:1/2 cup | 3.78 oz (3 pc) | 100 | 238 | 1.00 | 276 | 6.81 | *0.64 | 2.95 | 0.00 | 0 | 35.35 |
| 993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2 | 1 serving | 1 | 302 | 0.02 | 258 | *7.35 | *0.00 | 2.99 | *0.00 | 0 | 55.10 |
| 990085 Steamed Carrots - R: 1/4 cup | 1/4 CUP | 100 | 14 | 0.01 | 23 | 1.35 | *0.00 | 0.07 | 0.00 | 0 | 3.21 |
| 990398 APPLES - Half Cup (100-134 ct) | 1/2 cup | 100 | 39 | 0.02 | 1 | 7.74 | *0.00 | 0.13 | 0.00 | 0 | 10.29 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 395 | 1.04 | 438 | *28.08 | *0.64 | 4.47 | *0.00 | 10 | 62.53 |
| % of Calories | | | | 2.37% | | *28.44 % | *0.65% | 10.2% | *0.0% | | 63.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Wednesday - 05/06/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990401 Jamaican Jerk Chicken Bowl - K to 12 | serving | 99 | 364 | 0.41 | 126 | *1.79 | *0.00 | 4.03 | *0.00 | 61 | 56.87 |
| 991888 V/VG- Jamaican Jerk Chicken Bowl | serving | 1 | 368 | 0.03 | 328 | *3.06 | *0.00 | 3.59 | *0.00 | 0 | 59.40 |
| 991603 BBQ Sauce (ss) | 0.44 oz | 100 | 20 | 0.00 | 105 | 4.00 | 4.00 | 0.00 | 0.00 | 0 | 5.00 |
| 991803 Green Beans, Broccoli Medley DG:1/2, OT:1/4 | 3/4 | 100 | 73 | 0.33 | 8 | 1.12 | *N/A* | 5.48 | 0.00 | 0 | 6.69 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup | 1 large | 100 | 64 | 0.05 | 2 | 12.70 | 0.00 | 0.37 | 0.00 | 0 | 16.01 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 621 | 0.78 | 378 | *31.62 | *4.00 | 11.13 | *0.00 | 70 | 97.60 |
| % of Calories | | | | 1.13% | | *20.37 % | *2.58% | 16.1% | *0.0% | | 62.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Thursday - 05/07/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992788 Chicken Fajitas OT:1/4 | 2 fajitas | 100 | 338 | 2.02 | 520 | *1.78 | *0.00 | 11.82 | 0.00 | 41 | 36.14 |
| 992527 V/VG - Meatless Chicken Fajitas OT:1/4 | 2 fajitas 6" | 1 | 356 | 1.43 | 631 | *2.68 | *0.00 | 11.49 | 0.00 | 0 | 37.96 |
| 993168 Cheesy Refried Beans L:1/2 | 1/2 | 100 | 166 | 3.04 | 566 | 1.00 | *0.00 | 7.06 | 0.00 | 15 | 16.51 |
| 991695 SOUR CREAM,FAT FREE (SS) | 1oz | 100 | 25 | 0.00 | 30 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 4.00 |
| 991007 Banana - 1/2 cup (150 ct - 1 Banana) | 1/2 cup | 100 | 105 | 0.13 | 1 | 14.43 | 0.00 | 0.39 | 0.00 | 0 | 26.95 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |

Base Menu Spreadsheet

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Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 739 | 5.21 | 1259 | *31.34 | *2.00 | 20.67 | 0.00 | 66 | 97.10 |
| % of Calories | | | | 6.35% | | *16.96 % | *1.08% | 25.2% | 0.0% | | 52.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Friday - 05/08/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992450 Golden Crispy Chicken Tenders | 3 tenders | 99 | 260 | 0.00 | 390 | 1.00 | *1.00 | 15.00 | 0.00 | 25 | 16.00 |
| 992616 V/VG - Breaded Veggie Tenders w/WG Roll | 4 tenders | 1 | 500 | 2.00 | 1370 | 4.00 | *2.00 | 19.00 | 0.00 | 0 | 51.00 |
| 992509 Garlic Roasted Potatoes 3/4 cup: S: 3/4 | 3/4 cup | 100 | 228 | 0.41 | 17 | *0.01 | *0.00 | 4.87 | 0.00 | 0 | 42.65 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 991025 ORANGES - (1 orange 113-125 ct)- 1/2 cup | 1 orange | 100 | 62 | 0.02 | 0 | 12.25 | *0.00 | 0.16 | 0.00 | 0 | 15.39 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 662 | 0.45 | 641 | *27.29 | *3.01 | 21.32 | 0.00 | 35 | 89.39 |
| % of Calories | | | | 0.61% | | *16.49 % | *1.82% | 29.0% | 0.0% | | 54.0% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Monday - 05/11/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992173 Buffalo Chicken Mac & Cheese - (Cheese Sauce) | 1 Portion | 99 | 373 | 6.32 | 806 | 2.05 | *0.00 | 12.64 | 0.00 | 51 | 46.00 |
| 992175 V- Buffalo Chicken Meatless Mac & Cheese | 1 Portion | 1 | 380 | 6.02 | 859 | 2.50 | *0.00 | 12.49 | 0.00 | 30 | 46.91 |
| 992234 VG/DF- Buffalo Chicken Meatless Mac & Cheese | 1 Portion | 0 | 463 | 13.69 | 795 | 2.50 | *0.00 | 17.67 | 0.00 | 0 | 57.10 |
| 000263 Carrots, Steamed - R: 3/4 cup | 3/4 cup | 100 | 38 | 0.03 | 63 | 4.34 | *0.00 | 0.22 | 0.00 | 0 | 8.77 |
| 990703 Cranberry Apple Juice 1/2 cup | 4 oz fl | 100 | 60 | 0.00 | 0 | 12.00 | 0.00 | 0.00 | 0.00 | 0 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 570 | 6.35 | 1005 | *30.39 | *0.00 | 14.11 | 0.00 | 61 | 80.78 |
| % of Calories | | | | 10.03 % | | *21.33 % | *0.00% | 22.3% | 0.0% | | 56.7% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Tuesday - 05/12/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991613 Corn Dog Chicken Mini WG | 6 pc (4.02oz) | 100 | 315 | 3.64 | 497 | 6.06 | *N/A* | 16.97 | 0.00 | 48 | 26.67 |
| 000341 WG Biscuit - 1 oz | 28 g | 100 | 100 | 4.00 | 210 | 1.00 | 1.00 | 5.00 | 0.00 | 0 | 14.00 |
| 992459 V/VG-Vegan Chicken Nuggets w/WG Roll | 5 Nuggets | 1 | 331 | 1.88 | 635 | 4.51 | *2.00 | 12.30 | 0.00 | 0 | 40.12 |
| 991417 Green Beans and Corn 3/4 cup: S:1/2,OT:1/4 | 3/4 | 100 | 99 | 0.22 | 2 | 3.08 | *0.00 | 4.04 | 0.00 | 0 | 18.28 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 991007 Banana - 1/2 cup (150 ct - 1 Banana) | 1/2 cup | 100 | 105 | 0.13 | 1 | 14.43 | 0.00 | 0.39 | 0.00 | 0 | 26.95 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 734 | 8.02 | 942 | *38.72 | *3.02 | 27.82 | 0.00 | 58 | 101.44 |
| % of Calories | | | | 9.83% | | *21.10 % | *1.65% | 34.1% | 0.0% | | 55.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Wednesday - 05/13/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990548 Cheese Beef Burger - | serving | 100 | 387 | 4.79 | 915 | 6.01 | *4.00 | 18.17 | 0.00 | 43 | 35.07 |
| 992265 V/VG Vegan Burger - | serving | 1 | 280 | 0.00 | 760 | 5.00 | *4.00 | 7.00 | 0.00 | 0 | 36.00 |
| 991497 MUSTARD, YELLOW SS POUCH | 5.5 gr | 100 | 5 | 0.00 | 65 | 0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 990604 CREAMY COLESLAW OT: 1/2, R:1/4 | 3/4 cup | 100 | 90 | 0.48 | 148 | 7.29 | *0.63 | 3.34 | *0.00 | 5 | 13.16 |
| 991025 ORANGES - (1 orange113-125 ct)- 1/2 cup | 1 orange | 100 | 62 | 0.02 | 0 | 12.25 | *0.00 | 0.16 | 0.00 | 0 | 15.39 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 658 | 5.29 | 1362 | *39.71 | *6.67 | 23.03 | *0.00 | 58 | 79.12 |
| % of Calories | | | | 7.24% | | *24.14 % | *4.05% | 31.5% | *0.0% | | 48.1% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Thursday - 05/14/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993104 V- Lasagna, Cheese WG Pasta w/ Marinara R:1/2 | 3.5 oz | 100 | 228 | 4.00 | 326 | 4.81 | *0.64 | 7.95 | 0.00 | 45 | 28.35 |
| 993105 VG/DF- - SPAGHETTI AND VEGGIE MEAT SAUCE - R:1/2 | 1 serving | 1 | 302 | 0.02 | 258 | *7.35 | *0.00 | 2.99 | *0.00 | 0 | 55.10 |
| 992796 BROCCOLI FLORETS - Steamed DG: 1/2 | 1/2 cup | 100 | 15 | 0.00 | 7 | 0.46 | *N/A* | 0.17 | 0.00 | 0 | 3.02 |
| 990398 APPLES - Half Cup (100-134 ct) | 1/2 cup | 100 | 39 | 0.02 | 1 | 7.74 | *0.00 | 0.13 | 0.00 | 0 | 10.29 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 385 | 4.02 | 471 | *25.08 | *0.64 | 9.53 | *0.00 | 55 | 55.21 |
| % of Calories | | | | 9.40% | | *26.06 % | *0.66% | 22.3% | *0.0% | | 57.4% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Friday - 05/15/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991027 Turkey Hot Dog | serving | 99 | 270 | 3.00 | 930 | *6.00 | *N/A* | 11.00 | 0.00 | 35 | 31.00 |
| 992265 V/VG Vegan Burger - | serving | 1 | 280 | 0.00 | 760 | 5.00 | *4.00 | 7.00 | 0.00 | 0 | 36.00 |
| 993174 Chickpea Salad L:1/2, OT:1/8, R:1/8 | serving | 100 | 250 | 3.22 | 365 | *0.38 | *0.00 | 10.20 | *0.00 | *14 | 30.50 |
| 000222 KETCHUP: individual | 9 gr | 100 | 10 | 0.00 | 90 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 2.00 |
| 000339 STRAWBERRIES,FRESH - Half cup | 5 large straw | 100 | 29 | 0.01 | 1 | 4.40 | *0.00 | 0.27 | 0.00 | 0 | 6.91 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 659 | 6.20 | 1519 | *24.77 | *2.04 | 22.68 | *0.00 | *58 | 83.47 |
| % of Calories | | | | 8.47% | | *15.03 % | *1.24% | 31.0% | *0.0% | | 50.7% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Monday - 05/18/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992532 Chinese Chicken Fried Rice | 1 serving | 99 | 492 | 2.65 | 858 | *5.92 | *0.00 | 15.61 | 0.00 | 232 | 57.85 |
| 992045 V-Chinese Veggie Fried Rice-S:1/4, R:1/4, OT:1/4 | 1 serving | 1 | 520 | 2.06 | 993 | *6.92 | *0.00 | 15.55 | 0.00 | 191 | 59.85 |
| 992823 Sauce, Soy Light SS Pouch | serving | 100 | 0 | 0.00 | 230 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 1.00 |
| 992361 Grape Juice (1/2 cup- 1 juice) Suncup | 4 fl | 100 | 80 | 0.00 | 10 | 18.00 | 0.00 | 0.00 | 0.00 | 0 | 19.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 674 | 2.65 | 1236 | *36.04 | *0.00 | 16.90 | 0.00 | 241 | 91.00 |
| % of Calories | | | | 3.54% | | *21.39 % | *0.00% | 22.6% | 0.0% | | 54.0% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

Tuesday - 05/19/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991095 Baked Chicken Penne Pasta R:1/2, Ot: 1/4 | 3/4 cup | 100 | 402 | 5.41 | 341 | 6.66 | *0.64 | 12.45 | *0.00 | 67 | 48.74 |
| 991870 V/VG-Baked Chicken Penne Pasta R:1/2, Ot: 1/4 | 3/4 cup | 1 | 401 | 0.83 | 524 | 12.89 | *0.85 | 7.51 | *0.00 | 0 | 56.64 |
| 991007 Banana - 1/2 cup (150 ct - 1 Banana) | 1/2 cup | 100 | 105 | 0.13 | 1 | 14.43 | 0.00 | 0.39 | 0.00 | 0 | 26.95 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 613 | 5.55 | 484 | *33.33 | *0.64 | 14.21 | *0.00 | 77 | 89.39 |
| % of Calories | | | | 8.15% | | *21.75 % | *0.42% | 20.9% | *0.0% | | 58.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Wednesday - 05/20/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991084 Chicken Nuggets Breaded | 4 pc (91 gr) | 90 | 210 | 2.50 | 340 | 1.00 | *0.00 | 12.00 | 0.00 | 40 | 12.00 |
| 992459 V/VG-Vegan Chicken Nuggets w/WG Roll | 5 Nuggets | 10 | 331 | 1.88 | 635 | 4.51 | *2.00 | 12.30 | 0.00 | 0 | 40.12 |
| 990882 Roasted Broccoli & Potato -DG: 1/2, S:1/4 | 3/4 | 100 | 82 | 0.33 | 21 | *0.77 | *0.00 | 3.95 | 0.00 | 0 | 10.07 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991603 BBQ Sauce (ss) | 0.44 oz | 100 | 20 | 0.00 | 105 | 4.00 | 4.00 | 0.00 | 0.00 | 0 | 5.00 |
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup | 1 large | 100 | 64 | 0.05 | 2 | 12.70 | 0.00 | 0.37 | 0.00 | 0 | 16.01 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 489 | 2.82 | 634 | *30.93 | *4.20 | 17.65 | 0.00 | 46 | 59.02 |
| % of Calories | | | | 5.19% | | *25.30 % | *3.44% | 32.5% | 0.0% | | 48.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Thursday - 05/21/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992506 WW Tacos al Pastor | 2 (tortllas 6) | 99 | 336 | 3.44 | 483 | 0.64 | *0.11 | 14.85 | 0.00 | 91 | 31.06 |
| 992524 V/VG- WW Tacos al Pastor | 2 (tortllas 6) | 1 | 269 | 1.17 | 623 | 1.25 | *0.11 | 7.72 | 0.00 | 0 | 35.35 |
| 990400 Black Bean and Corn Salad -L: 1/2, S: 1/4 | 3/4 cup | 100 | 187 | 0.01 | 137 | 6.38 | *0.00 | 1.18 | 0.00 | 9 | 34.50 |
| 991695 SOUR CREAM,FAT FREE (SS) | 1oz | 100 | 25 | 0.00 | 30 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 4.00 |
| 993169 Hot Sauce | 7 gr | 100 | 0 | 0.00 | 270 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 0.00 |
| 990398 APPLES - Half Cup (100-134 ct) | 1/2 cup | 100 | 39 | 0.02 | 1 | 7.74 | *0.00 | 0.13 | 0.00 | 0 | 10.29 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|-------------|-------------|--------------|
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 687 | 3.46 | 1058 | *28.87 | *2.11 | 17.37 | 0.00 | 109 | 93.02 |
| % of Calories | | | | 4.53% | | *16.81 % | *1.23% | 22.8% | 0.0% | | 54.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Friday - 05/22/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993087 V- Stuffed Crust Pizza w/Cheese | 137 gr | 99 | 330 | 4.50 | 850 | 4.00 | *1.00 | 14.00 | 0.00 | 15 | 36.00 |
| 993156 DF/VG - Cheese Pizza w/ veggie crumbles Sub R:1/4 | slice | 1 | 368 | 6.11 | 1036 | 5.31 | *0.00 | 13.83 | 0.00 | 0 | 47.63 |
| 992817 Collards Green & Tomato Salad - DG:1/2, R:1/4 | 3/4 cup | 100 | 160 | 0.73 | 191 | *6.24 | *0.00 | 9.90 | *0.01 | 0 | 17.21 |
| 000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup | 1/2 cup | 100 | 40 | 0.02 | 1 | 6.82 | *N/A* | 0.10 | 0.00 | 0 | 10.66 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 630 | 5.27 | 1179 | *29.08 | *0.99 | 25.25 | *0.01 | 25 | 76.99 |
| % of Calories | | | | 7.53% | | *18.46 % | *0.63% | 36.1% | *0.0% | | 48.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Monday - 05/25/2026

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000145 NO SCHOOL TODAY | | | | | | | | | | | |
| Weighted Daily Average | | | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0 | 0.00 |
| % of Calories | | | | 0% | | 0% | 0% | 0% | 0% | | 0% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Tuesday - 05/26/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991746 Cheese Lunch Individual Pizza w/ Chicken/BeefPeppe | 4.56oz 5 pepper | 100 | 317 | 4.50 | 930 | 5.00 | *N/A* | 13.00 | 0.00 | 10 | 24.33 |
| 991393 V-Cheese Lunch Individual Pizza | 4.56oz (129gr) | 1 | 270 | 3.00 | 750 | 5.00 | *N/A* | 9.00 | 0.00 | 0 | 24.00 |
| 993156 DF/VG - Cheese Pizza w/ veggie crumbles Sub R:1/4 | slice | 1 | 368 | 6.11 | 1036 | 5.31 | *0.00 | 13.83 | 0.00 | 0 | 47.63 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|-------------|-------------|--------------|
| 991586 Roasted Potatoes & Cauliflower- S:1/2, OT:1/4 | 3/4 cup | 100 | 116 | 0.19 | 14 | *0.50 | *N/A* | 2.33 | 0.00 | 0 | 21.74 |
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup | 1 large | 100 | 64 | 0.05 | 2 | 12.70 | 0.00 | 0.37 | 0.00 | 0 | 16.01 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 603 | 4.83 | 1099 | *30.30 | *0.00 | 17.18 | 0.00 | 20 | 75.80 |
| % of Calories | | | | 7.21% | | *20.10 % | *0.00% | 25.6% | 0.0% | | 50.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Wednesday - 05/27/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992474 Creamy Chicken Penne Pasta DG: 1/2, R:1/2 | 1 cup | 100 | 503 | 12.70 | 295 | 5.46 | *0.00 | 24.05 | *0.00 | 112 | 49.46 |
| 992475 V-Creamy Meatless Penne Pasta DG: 1/2, R:1/2 | 1 cup | 1 | 443 | 7.77 | 300 | 5.82 | *0.00 | 16.25 | *0.00 | 44 | 50.76 |
| 992008 Orange Pineapple Juice | 1 HC | 100 | 60 | 0.00 | 0 | 12.00 | *N/A* | 0.00 | 0.00 | 0 | 14.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 669 | 12.78 | 434 | *29.63 | *0.00 | 25.50 | *0.00 | 122 | 77.10 |
| % of Calories | | | | 17.19 % | | *17.72 % | *0.00% | 34.3% | *0.0% | | 46.1% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Thursday - 05/28/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992804 Grilled Chicken & Brown Rice (2oz Gr/ 2oz MA) | Serving | 99 | 316 | 0.53 | 66 | 0.01 | *0.00 | 5.87 | 0.00 | 58 | 42.78 |
| 991866 VG/DF- Grilled Chicken Meatless & Brown Rice | 2.87 oz | 1 | 428 | 0.17 | 273 | 0.98 | *0.00 | 6.30 | 0.00 | 0 | 66.04 |
| 992827 Kale & Mixed Beans Salad DG:1/4,: L:1/2 | 3/4 cup | 100 | 181 | 0.81 | 265 | *2.12 | *0.00 | 5.01 | *0.00 | 0 | 24.95 |
| 991007 Banana - 1/2 cup (150 ct - 1 Banana) | 1/2 cup | 100 | 105 | 0.13 | 1 | 14.43 | 0.00 | 0.39 | 0.00 | 0 | 26.95 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 704 | 1.47 | 469 | *28.57 | *0.00 | 12.53 | *0.00 | 67 | 107.91 |
| % of Calories | | | | 1.88% | | *16.23 % | *0.00% | 16.0% | *0.0% | | 61.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

Friday - 05/29/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993008 Ground Turkey Fajitas | 2 fajitas 6" | 100 | 324 | 3.37 | 455 | *0.29 | *0.00 | 13.57 | 0.00 | 91 | 30.94 |
| 993009 V/VG- Ground Crumbles Veggie Fajitas | 2 fajitas | 1 | 263 | 1.09 | 618 | *0.97 | *0.00 | 6.58 | 0.00 | 0 | 35.72 |
| 993097 Corn Pico de Gallo S:1/4, R:1/4, OT:1/4 cup | 3/4 cup | 100 | 76 | 0.02 | 12 | 6.55 | *0.00 | 0.74 | 0.00 | 9 | 15.43 |
| 991695 SOUR CREAM,FAT FREE (SS) | 1oz | 100 | 25 | 0.00 | 30 | 2.00 | 2.00 | 0.00 | 0.00 | 0 | 4.00 |
| 990398 APPLES - Half Cup (100-134 ct) | 1/2 cup | 100 | 39 | 0.02 | 1 | 7.74 | *0.00 | 0.13 | 0.00 | 0 | 10.29 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 0.00 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 568 | 3.43 | 640 | *28.70 | *2.00 | 15.80 | 0.00 | 110 | 74.15 |
| % of Calories | | | | 5.43% | | *20.21 % | *1.41% | 25.0% | 0.0% | | 52.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1110 | | <10 | | | | |

| | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| Weighted Averages | 618 | 4.45 | 858 | *30.76 | *2.00 | 17.77 | *0.00 | *70 | 83.35 |
| % of Calories | | 6.48% | | *19.91 % | *1.29% | 25.9% | *0.0% | | 53.9% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

Menu Name: Washington Latin PCS- K-12-Breakfast **Include Cost:** No
Site:
Use Alternate Menu Name: No

Monday - 05/04/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|-------------|-------------|--------------|
| 992601 CEREALS RTE,CINN TOAST CRUNCH (Low Sugar) | 1 (28 GR) | 100 | 110 | 1.00 | 160 | 6.00 | 6.00 | 2.50 | 0.00 | 0 | 22.00 |
| 991346 Yogurt Yoplait 4oz | 4 oz | 100 | 100 | 0.00 | 55 | 14.00 | 11.00 | 0.50 | 0.00 | 5 | 21.00 |
| 992217 VG/DF - Dairy Free Yogurt | 5.3 oz | 0 | 130 | 0.00 | 90 | 12.00 | *N/A* | 3.50 | 0.00 | 0 | 18.00 |
| 992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct | 2 (120 ct p/cs) | 100 | 127 | 0.09 | 5 | 25.39 | 0.00 | 0.74 | 0.00 | 0 | 32.02 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 437 | 1.84 | 355 | *57.39 | *17.00 | 4.99 | 0.00 | 15 | 88.02 |
| % of Calories | | | | 3.79% | | *52.53 % | *15.56 % | 10.3% | 0.0% | | 80.6% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Tuesday - 05/05/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

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Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|--------------|-------------|---------------|
| 991522 V/DF - One-Pan Breakfast Potatoes & Egg Scramble | serving | 100 | 302 | 3.18 | 527 | *3.89 | *2.00 | 13.27 | *0.00 | 196 | 37.69 |
| 992218 VG- One-Pan Breakfast Potatoes w/ Tofu | serving | 1 | 273 | 1.55 | 503 | *4.51 | *2.00 | 9.00 | *0.00 | 0 | 38.94 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 615 | 4.21 | 670 | *44.80 | *2.02 | 15.39 | *0.00 | 206 | 104.98 |
| % of Calories | | | | 6.16% | | *29.14 % | *1.31% | 22.5% | *0.0% | | 68.3% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Wednesday - 05/06/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991379 Pancakes & Turkey Sausage on a Stick | 2.5 oz | 99 | 160 | 1.50 | 400 | 7.00 | 7.00 | 6.00 | 0.00 | 20 | 19.00 |
| 991777 V- Veggie Patty & WG Pancakes | 1 serving | 1 | 283 | 0.33 | 830 | 6.33 | *5.33 | 9.33 | 0.00 | 7 | 37.33 |
| 991178 VG/DF- Homemade WG Pancakes | 2 pancakes | 1 | 214 | 0.68 | 3 | *4.73 | *0.00 | 9.77 | 0.00 | 0 | 27.02 |
| 991123 Syrup Maple SS Sugar Free | 32 gr | 100 | 10 | 0.00 | 80 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 4.00 |
| 991060 Orange Pineapple Juice (1 cup - 2 juices) | 2 HC | 100 | 120 | 0.00 | 0 | 24.00 | *N/A* | 0.00 | 0.00 | 0 | 28.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-------------|-------------|-------------|--------------|
| 000231 MILK,Skim | 8 fl. oz. | 49 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 49 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 393 | 2.24 | 618 | *42.91 | *6.98 | 7.40 | 0.00 | 30 | 64.32 |
| % of Calories | | | | 5.13% | | *43.67 % | *7.10% | 16.9% | 0.0% | | 65.5% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Thursday - 05/07/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991382 V-Chocolate Chip Oatmeal Muffin | serving | 100 | 274 | 3.82 | 211 | 22.08 | *5.80 | 34.91 | *0.00 | 21 | 47.57 |
| 992223 VG/DF-Homemade Vegan Muffins | 64 gr | 1 | 215 | 0.54 | 9 | *18.20 | *16.77 | 7.58 | *0.00 | 0 | 33.17 |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 455 | 4.62 | 348 | *49.85 | *5.97 | 36.53 | *0.00 | 31 | 81.61 |
| % of Calories | | | | 9.14% | | *43.82 % | *5.25% | 72.3% | *0.0% | | 71.7% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Friday - 05/08/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991204 V- Yogurt Yoplait & Granola | 4oz Yg/1oz Gran | 99 | 220 | 0.50 | 125 | 20.00 | 17.00 | 3.50 | 0.00 | 5 | 41.00 |
| 992443 VG/DF -Dairy Free Yogurt & Granola | 5.3 oz | 1 | 250 | 0.50 | 160 | 18.00 | *6.00 | 6.50 | 0.00 | 0 | 38.00 |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup | 100 | 84 | 0.03 | 1 | 14.43 | 0.00 | 0.21 | 0.00 | 0 | 22.54 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 405 | 1.28 | 262 | *46.41 | *16.89 | 4.99 | 0.00 | 15 | 76.51 |
| % of Calories | | | | 2.84% | | *45.84 % | *16.68 % | 11.1% | 0.0% | | 75.6% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Monday - 05/11/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992848 V/VG- Cereal, Cheerios Honey SS Bowl | 28 gram. | 100 | 110 | 0.00 | 170 | 6.00 | 6.00 | 1.50 | 0.00 | 0 | 22.00 |
| 991346 Yogurt Yoplait 4oz | 4 oz | 99 | 100 | 0.00 | 55 | 14.00 | 11.00 | 0.50 | 0.00 | 5 | 21.00 |
| 992217 VG/DF - Dairy Free Yogurt | 5.3 oz | 1 | 130 | 0.00 | 90 | 12.00 | *N/A* | 3.50 | 0.00 | 0 | 18.00 |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 388 | 0.79 | 362 | *47.46 | *16.89 | 3.53 | 0.00 | 15 | 76.55 |
| % of Calories | | | | 1.83% | | *48.93 % | *17.41 % | 8.2% | 0.0% | | 78.9% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Tuesday - 05/12/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992589 V- Egg Cheese Bite | 1.75 gr | 100 | 90 | 3.00 | 260 | 1.00 | *0.00 | 6.00 | 0.00 | 120 | 2.00 |
| 000341 WG Biscuit - 1 oz | 28 g | 100 | 100 | 4.00 | 210 | 1.00 | 1.00 | 5.00 | 0.00 | 0 | 14.00 |
| 992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr) | 28 gr | 0 | 100 | 0.00 | 140 | 1.00 | 1.00 | 2.00 | 0.00 | 0 | 21.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup | 100 | 84 | 0.03 | 1 | 14.43 | 0.00 | 0.21 | 0.00 | 0 | 22.54 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 100 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 431 | 8.54 | 675 | *34.54 | *1.00 | 13.75 | 0.00 | 138 | 58.17 |
| % of Calories | | | | 17.83 % | | *32.06 % | *0.93% | 28.7% | 0.0% | | 54.0% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Wednesday - 05/13/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992212 V/VG- Sweet Potato Waffles | serving | 100 | 263 | 0.31 | 38 | *14.37 | *0.00 | 4.91 | 0.00 | 0 | 48.45 |
| 991123 Syrup Maple SS Sugar Free | 32 gr | 100 | 10 | 0.00 | 80 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 4.00 |
| 990708 Fruit Punch, Juice - (1 Cup - 2 juices) | (2 HC) | 100 | 120 | 0.00 | 10 | 24.00 | 0.00 | 0.00 | 0.00 | 0 | 28.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 493 | 1.06 | 263 | *50.37 | *0.00 | 6.16 | 0.00 | 10 | 93.45 |
| % of Calories | | | | 1.94% | | *40.87 % | *0.00% | 11.2% | 0.0% | | 75.8% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Thursday - 05/14/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992280 V- Chocolate Chip Banana Bread | 50 grams | 100 | 206 | 0.79 | 145 | *15.63 | *10.18 | 1.84 | *0.00 | 0 | 43.25 |
| 992485 VG/DF- Banana Bread | 50 grams | 1 | 183 | 0.03 | 145 | *13.21 | *10.18 | 0.62 | *0.00 | 0 | 39.68 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 519 | 1.81 | 285 | *56.74 | *10.29 | 3.92 | *0.00 | 10 | 110.68 |
| % of Calories | | | | 3.14% | | *43.73 % | *7.93% | 6.8% | *0.0% | | 85.3% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Friday - 05/15/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|-----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 993124 V- WG Apple Cinnamon Muffin (Muffin Town) | 57 gr | 100 | 160 | 0.50 | 100 | 13.00 | 13.00 | 4.50 | 0.00 | 15 | 27.00 |
| 992223 VG/DF- Homemade Vegan Muffins | 64 gr | 1 | 215 | 0.54 | 9 | *18.20 | *16.77 | 7.58 | *0.00 | 0 | 33.17 |
| 000010 Mozzarella, Cheese String | 1 oz | 100 | 61 | 2.02 | 202 | 1.01 | 0.00 | 3.04 | 0.00 | 10 | 1.01 |
| 992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct | 2 (120 ct p/cs) | 100 | 127 | 0.09 | 5 | 25.39 | 0.00 | 0.74 | 0.00 | 0 | 32.02 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 451 | 3.38 | 443 | *51.70 | *13.17 | 9.65 | *0.00 | 35 | 73.49 |
| % of Calories | | | | 6.75% | | *45.85 % | *11.68 % | 19.3% | *0.0% | | 65.2% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Monday - 05/18/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990632 Pancakes, Maple Flavored Mini | 86 grams | 100 | 200 | 1.00 | 210 | 9.99 | 9.99 | 5.99 | 0.00 | 0 | 34.96 |
| 991178 VG/DF- Homemade WG Pancakes | 2 pancakes | 1 | 214 | 0.68 | 3 | *4.73 | *0.00 | 9.77 | 0.00 | 0 | 27.02 |
| 990919 Syrup Maple (ss) | 42.5 gr | 100 | 120 | 0.00 | 20 | 22.00 | 22.00 | 0.00 | 0.00 | 0 | 31.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-------------|-------------|-------------|--------------|
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 499 | 1.80 | 366 | *59.52 | *31.99 | 7.59 | 0.00 | 10 | 99.81 |
| % of Calories | | | | 3.25% | | *47.71 % | *25.64 % | 13.7% | 0.0% | | 80.0% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Tuesday - 05/19/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991526 Blueberry Lemon Yogurt WW Muffins | Muffins | 100 | 144 | 0.40 | 132 | *7.07 | *5.58 | 1.62 | *0.00 | 47 | 26.15 |
| 992223 VG/DF-Homemade Vegan Muffins | 64 gr | 1 | 215 | 0.54 | 9 | *18.20 | *16.77 | 7.58 | *0.00 | 0 | 33.17 |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup | 100 | 84 | 0.03 | 1 | 14.43 | 0.00 | 0.21 | 0.00 | 0 | 22.54 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 330 | 1.19 | 268 | *33.68 | *5.75 | 3.15 | *0.00 | 57 | 62.02 |
| % of Calories | | | | 3.25% | | *40.82 % | *6.97% | 8.6% | *0.0% | | 75.2% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Wednesday - 05/20/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990947 Taco Breakfast | 1 | 100 | 198 | 4.67 | 378 | *0.00 | *0.00 | 10.44 | *0.00 | 98 | 16.05 |
| 991174 V/VG- Veggie Taco Breakfast | 1 | 1 | 330 | 3.93 | 471 | 0.34 | *0.00 | 16.77 | 0.00 | 0 | 25.37 |
| 992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr) | 28 gr | 1 | 100 | 0.00 | 140 | 1.00 | 1.00 | 2.00 | 0.00 | 0 | 21.00 |
| 991059 Cranberry Apple Juice (1 cup- 2 juices per kid) | 2 HC | 100 | 120 | 0.00 | 0 | 24.00 | 0.00 | 0.00 | 0.00 | 0 | 26.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 424 | 5.46 | 520 | *36.12 | *0.01 | 11.93 | *0.00 | 108 | 55.64 |
| % of Calories | | | | 11.59 % | | *34.08 % | *0.01% | 25.3% | *0.0% | | 52.5% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

Thursday - 05/21/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-------------|-------------|-------------|---------------|
| 990661 Cinnamon Raisin WG Bagel (V/VG) | 1 bagel | 100 | 170 | 0.00 | 160 | 8.00 | *N/A* | 1.00 | 0.00 | 0 | 34.00 |
| 990298 Cream Cheese (ss) | 0.75 oz | 100 | 45 | 2.50 | 80 | 1.00 | *N/A* | 3.50 | 0.00 | 15 | 1.00 |
| 990949 V/VG- Jelly | 14 gr | 100 | 35 | 0.00 | 5 | 8.00 | 6.00 | 0.00 | 0.00 | 0 | 9.00 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 560 | 3.51 | 382 | *57.86 | *6.00 | 6.53 | 0.00 | 25 | 110.90 |
| % of Calories | | | | 5.64% | | *41.33 % | *4.29% | 10.5% | 0.0% | | 79.2% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Friday - 05/22/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992346 V- Peachy WG Cinnamon Roll Cobbler | 2.87 (serving) | 100 | 313 | 5.00 | 304 | 20.55 | *9.00 | 11.00 | 0.00 | 0 | 47.32 |
| 992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr) | 28 gr | 1 | 100 | 0.00 | 140 | 1.00 | 1.00 | 2.00 | 0.00 | 0 | 21.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|--------------|-------------|-------------|--------------|
| 990692 Fruit Punch, Juice 1/2 cup | 4 fl.oz. | 100 | 60 | 0.00 | 5 | 12.00 | 0.00 | 0.00 | 0.00 | 0 | 14.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 475 | 5.76 | 446 | *44.67 | *9.01 | 12.32 | 0.00 | 10 | 74.66 |
| % of Calories | | | | 10.91 % | | *37.62 % | *7.59% | 23.3% | 0.0% | | 62.9% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Monday - 05/25/2026

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-------------|-------------|-------------|-------------|
| 000145 NO SCHOOL TODAY | | | | | | | | | | | |
| Weighted Daily Average | | | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0 | 0.00 |
| % of Calories | | | | 0% | | 0% | 0% | 0% | 0% | | 0% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Tuesday - 05/26/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992343 V- WG Corn Muffin | 2.5 oz | 100 | 220 | 1.00 | 115 | 18.00 | 18.00 | 8.00 | 0.00 | 20 | 36.00 |
| 992223 VG/DF- Homemade Vegan Muffins | 64 gr | 1 | 215 | 0.54 | 9 | *18.20 | *16.77 | 7.58 | *0.00 | 0 | 33.17 |
| 991006 Banana - 1 cup (2 Bananas) | 2 Bananas | 100 | 210 | 0.26 | 2 | 28.86 | 0.00 | 0.78 | 0.00 | 0 | 53.90 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 532 | 2.02 | 252 | *59.04 | *18.17 | 10.10 | *0.00 | 30 | 103.23 |
| % of Calories | | | | 3.42% | | *44.39 % | *13.66 % | 17.1% | *0.0% | | 77.6% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Wednesday - 05/27/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991380 Cereal Cheerios MULTIGRAIN (28gr) | 28 gr | 100 | 110 | 0.00 | 105 | 6.00 | *N/A* | 1.00 | 0.00 | 0 | 23.00 |
| 991346 Yogurt Yoplait 4oz | 4 oz | 99 | 100 | 0.00 | 55 | 14.00 | 11.00 | 0.50 | 0.00 | 5 | 21.00 |
| 992217 VG/DF - Dairy Free Yogurt | 5.3 oz | 1 | 130 | 0.00 | 90 | 12.00 | *N/A* | 3.50 | 0.00 | 0 | 18.00 |
| 000307 APPLES,Fresh - 1 Cup (100 - 125 ct) | 1 cup | 100 | 77 | 0.04 | 1 | 15.48 | 0.00 | 0.25 | 0.00 | 0 | 20.58 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 388 | 0.79 | 297 | *47.46 | *10.89 | 3.03 | 0.00 | 15 | 77.55 |
| % of Calories | | | | 1.83% | | *48.93 % | *11.23 % | 7.0% | 0.0% | | 79.9% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Thursday - 05/28/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|---------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 992993 V-WG Pancake Bites Poffitz (IW) | 2.4 oz (68gr) | 90 | 250 | 1.00 | 290 | 13.00 | 11.00 | 12.00 | 0.00 | 40 | 37.00 |
| 991178 VG/DF-Homemade WG Pancakes | 2 pancakes | 10 | 214 | 0.68 | 3 | *4.73 | *0.00 | 9.77 | 0.00 | 0 | 27.02 |
| 991123 Syrup Maple SS Sugar Free | 32 gr | 100 | 10 | 0.00 | 80 | 0.00 | 0.00 | 0.00 | 0.00 | 0 | 4.00 |
| 000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct) | 1 cup | 100 | 84 | 0.03 | 1 | 14.43 | 0.00 | 0.21 | 0.00 | 0 | 22.54 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 0 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 441 | 1.75 | 478 | *38.60 | *9.90 | 13.23 | 0.00 | 46 | 75.54 |
| % of Calories | | | | 3.57% | | *35.01 % | *8.98% | 27.0% | 0.0% | | 68.5% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

Friday - 05/29/2026

Reimbursable Meal Total 100

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 991557 Egg, Turkey Breast & Cheese Burrito | 1 burrito | 100 | 314 | 4.54 | 563 | *2.34 | *N/A* | 13.90 | 0.00 | 193 | 25.82 |
| 990918 V/DF- Egg Burrito made with ww tortilla 8" Janna | 1 burrito | 1 | 332 | 5.56 | 356 | *2.00 | *N/A* | 17.40 | 0.00 | 338 | 25.96 |
| 992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr) | 28 gr | 1 | 100 | 0.00 | 140 | 1.00 | 1.00 | 2.00 | 0.00 | 0 | 21.00 |
| 992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup | 1 large | 100 | 64 | 0.05 | 2 | 12.70 | 0.00 | 0.37 | 0.00 | 0 | 16.01 |
| 990692 Fruit Punch, Juice 1/2 cup | 4 fl.oz. | 100 | 60 | 0.00 | 5 | 12.00 | 0.00 | 0.00 | 0.00 | 0 | 14.00 |
| 000190 Low Fat Milk - 1% | 8 fl. oz. | 50 | 110 | 1.50 | 135 | 12.00 | 0.00 | 2.50 | 0.00 | 15 | 13.00 |
| 000231 MILK,Skim | 8 fl. oz. | 50 | 90 | 0.00 | 135 | 12.00 | 0.00 | 0.00 | 0.00 | 5 | 13.00 |
| 991919 Soy Milk | 8 fl | 1 | 130 | 0.50 | 110 | 11.00 | *N/A* | 4.50 | 0.00 | 0 | 13.00 |

Base Menu Spreadsheet

Portion Values

May 4, 2026 thru May 29, 2026

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| 990556 Place Settings | 1 | 100 | 0 | 0.00 | 0 | *0.00 | *N/A* | 0.00 | 0.00 | 0 | 0.00 |
| Weighted Daily Average | | | 543 | 5.40 | 711 | *39.17 | *0.01 | 15.76 | 0.00 | 206 | 69.43 |
| % of Calories | | | | 8.95% | | *28.85 % | *0.01% | 26.1% | 0.0% | | 51.1% |
| Weekly Nutrient Guideline | | | 450 - 500 | <10 | 540 | | <10 | | | | |

| | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Total Sugars (g) | Added Sugars ¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) |
|-------------------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|
| Weighted Averages | 462 | 3.02 | 421 | *47.28 | *9.58 | 10.00 | *0.00 | 53 | 81.92 |
| % of Calories | | 5.88% | | *40.94 % | *8.29% | 19.5% | *0.0% | | 70.9% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.