



Milk, grain, fruit, meat or meat alternative

BREAKFAST



Menu subject to change. For any questions or comments
please contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
02/02/2026 Cinnamon Toast Crunch Cereal (V/VG) Yoplait Yogurt Fresh Pears Choice of Milk	02/03/2026 WG Pancakes Buttermilk Maple Cinnamon (V) Jelly (ss) Fresh Tangerines Choice of Milk	02/04/2026 WW Sweet Potato Muffin(V) Mozzarella Cheese Stick** Bananas Choice of Milk	02/05/2026 WG French Toast Sticks (V/VG) Syrup Maple (ss) Fresh Apples Choice of Milk	02/06/2026 Pillsbury Mini Cinnis Cinnamon (V) Fruit Punch Juice Choice of Milk
02/09/2026 Cereal Cheerios Honey Yoplait Yogurt Fresh Apples Choice of Milk	02/10/2026 Tk. Patty & WG Pancakes Veggie Patty & WG Pancakes (V) Syrup Maple (ss) Fresh Pears Choice of Milk	02/11/2026 Baked French Toast WW Muffin (V) Mozzarella Cheese Stick** Cranberry Juice Choice of Milk	02/12/2026 Apple Caramel WW Bread Pudding (V) Bananas Choice of Milk	02/13/2026 Waffle Omelet w/ Cheese & Turkey Bacon Waffle Omelet w/Cheese(V) WG Biscuit Fresh Oranges Fruit Punch Juice Choice of Milk
02/16/2026 NO SCHOOL TODAY	02/17/2026 Cereal Cheerios Multigrain (V/VG) Yoplait Yogurt Fruit Punch Juice Choice of Milk	02/18/2026 WG Emoji Waffles (V) Syrup Maple (ss) Bananas Choice of Milk	02/19/2026 WW Egg Burrito w/ Turkey Breast & Cheese WW Egg & Cheese Burrito (V) Fresh Apples Choice of Milk	02/20/2026 Peachy WG Cinnamon Roll Cobbler (V) Cranberry Juice Choice of Milk
02/23/2026 WG Pancake Bites Poffitz (V) Syrup Maple (ss) Fresh Apples Choice of Milk	02/24/2026 Yogurt Parfait Cup w/ Mix Berries (V) Orange Juice Choice of Milk	02/25/2026 Turkey Patty & WG Biscuit Veggie Patty & Biscuit -V Fresh Oranges Choice of Milk	02/26/2026 Homemade WW Gingerbread Muffin (V) Bananas Choice of Milk	02/27/2026 Pillsbury Breakfast Egg & Cheese Scrambler(V) Cranberry Juice Choice of Milk

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy.**

Locally Grown Components Daily Served : **According to the season fruits and vegetables locally grown will be added on**

Breakfast and/or Lunch menu: Apples (PA/ VA /MD), Sweet Potato (NC).

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat

Jan 26, 2026



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Menu subject to change. For any feedback please
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Monday	Tuesday	Wednesday	Thursday	Friday
02/02/2026 Tomato N' Cheese Pasta(V) Apples Choice of Milk	02/03/2026 Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Roasted Potatoes & Broccoli Medley Ketchup (ss) Cranberry Juice Choice of Milk	02/04/2026 Corn Dog Chicken Mini WG Grilled Cheese Sand. (V)* Kale Salad w/ Cucumber & Tomatoes (V/VG) Ketchup (ss) Fresh Pears Choice of Milk	02/05/2026 Turkey Meatballs w/ Brown Rice & Bk. Beans Veggie Meatballs w/ Brown Rice & Beans (V/VG) Bananas Choice of Milk	02/06/2026 Golden Crispy Chicken Tenders Breaded Veggie Tender w/ WG Roll (V/VG) Roasted Sweet Potatoes & Cauliflower BBQ Sauce (ss) Fresh Tangerines Choice of Milk
02/09/2026 One-Pan Turkey WG Macaroni & Cheese Veggie Macaroni (V) Steamed Carrots Fruit Punch Juice Choice of Milk	02/10/2026 Cheese Lunch Pizza w/ Chicken & Beef Pepperoni WG Cheese Pizza (V) Roasted Potatoes Bananas Choice of Milk	02/11/2026 Turkey Taco Rice w/Corn Red & Gr. Peppers Meatless Taco Rice w/Corn Red & Gr. Peppers (V/VG) Apples Choice of Milk	02/12/2026 WG Breaded Mozzarella Sticks (V) Marinara Sauce (ss) Sweet Potatoes & Kale Salad Fresh Tangerines Choice of Milk	02/13/2026 Turkey Hot Dog** & Veggie Chili On Side Grilled Cheese Sand. (V)* Roasted Cauliflower Fresh Pears Choice of Milk
02/16/2026 NO SCHOOL TODAY	02/17/2026 Stuffed Crust Pizza w/ Cheese (V) Black Bean, Corn & Tomato Salad Apples Choice of Milk	02/18/2026 Turkey Meatballs WG Sub. w/Cheese Veggie Meatballs WG Submarine (V/VG) Sautéed Green Collards Fresh Tangerines Choice of Milk	02/19/2026 Baked Chicken Meatless WG Pasta w/Zuch. (V/VG) Baked Chicken WG Penne Pasta w/ Zucchini Grape Juice Choice of Milk	02/20/2026 NO LUNCH
02/23/2026 WG Spaghetti & Beef Meatballs WG Spaghetti & Veggie Meatballs(V/VG) Cranberry Juice Choice of Milk	02/24/2026 Chicken & Tk. Bacon WG Pasta w/Tomato & Spinach Chicken Meatless WG Pasta w/Tomato & Spinach(V) Apples Choice of Milk	02/25/2026 WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Corn Pico de Gallo Sour Cream (ss) Bananas Choice of Milk	02/26/2026 Turkey Chili over Brown Rice Plant Based Chili & Brown Rice (V/VG) Fresh Pears Choice of Milk	02/27/2026 Breaded Chicken Nuggets Veggie Nuggets w/ WG Roll (V/VG) Roasted Potatoes & Broccoli Medley Honey Mustard Sauce (ss) Fresh Tangerines Choice of Milk

Available Choice of Milk: **Unflavored 1% milk, unflavored skim milk, Lactose Free or Soy (Upon Request)**

Locally Grown Components Daily Served : **According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA/WV), Carrots (MD, PA), Sweet Potatoes (NC), Collards Green (NJ), Potatoes (PA/VA), Winter Squash (PA/NC), Kale (NJ) Carrots (PA), Mushrooms (PA), Collards Green (NC), Cucumber (MD)**

Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.

WG = Whole Grain WW = Whole Wheat **=Served only for K to 8 meals

LUNCH - Late Fall/ Winter Cycle
Washington Latin PCS-High School-LUNCH
HHFKA 9-12 (age 14-18)



Milk, grain, fruit, vegetables,
meat or meat alternative

LUNCH

Menu subject to change. For any feedback please
contact us directly at menu@luncherasdisi.com



Monday	Tuesday	Wednesday	Thursday	Friday
02/02/2026 Tomato N' Cheese Pasta(V) Fresh Apples Choice of Milk	02/03/2026 Cheese Beef Burger & WG Bun Vegan Burger (V/VG) Roasted Potatoes & Broccoli Ketchup (ss) Cranberry Juice Choice of Milk	02/04/2026 Corn Dog Chicken Mini WG Grilled Cheese Sand. (V)* Kale Salad w/ Cucumber & Tomatoes (V/VG) Ketchup (ss) Fresh Pears Choice of Milk	02/05/2026 Turkey Meatballs w/ Brown Rice & Bk. Beans Veggie Meatballs w/ Brown Rice & Beans(V/VG) Bananas Choice of Milk	02/06/2026 Golden Crispy Chicken Tenders Breaded Veggie Tender(VG) WG Biscuit Roasted Sweet Potato & Cauliflower Medley BBQ Sauce (ss) Fresh Tangerines Choice of Milk
02/09/2026 One-Pan Turkey WG Macaroni & Cheese Veggie Macaroni (V) Steamed Carrots Fruit Punch Juice Choice of Milk	02/10/2026 Cheese Lunch Pizza w/ Chicken & Beef Pepperoni WG Cheese Pizza (V) Roasted Potatoes Bananas Choice of Milk	02/11/2026 Turkey Taco Rice w/Corn, Red & Gr. Peppers Meatless Taco Rice w/Corn Red & Gr. Peppers (V/VG) Fresh Apples Choice of Milk	02/12/2026 WG Breaded Mozzarella Sticks (V) Marinara Sauce (ss) Sweet Potatoes & Kale Salad Fresh Tangerines Choice of Milk	02/13/2026 Turkey Hot Dog** & Veggie Chili On Side Grilled Cheese Sand. (V)* Roasted Cauliflower Fresh Pears Choice of Milk
02/16/2026 NO SCHOOL TODAY	02/17/2026 Stuffed Crust Pizza w/ Cheese (V) Black Beans, Corn & Tomato Salad Fresh Apples Cranberry Dried(ss)** Choice of Milk	02/18/2026 Turkey Meatballs WG Sub. w/Cheese Veggie Meatballs WG Submarine (V/VG) SautOed Collards Green Fresh Tangerines Choice of Milk	02/19/2026 Baked Chicken Penne Pasta w/ Zucchini Baked Chicken Meatless Pasta w/Zucchini (V) Grape Juice Choice of Milk	02/20/2026 NO LUNCH
02/23/2026 WG Spaghetti & Beef Meatballs WG Spaghetti & Veggie Meatballs Cranberry Juice Choice of Milk	02/24/2026 Chicken & Tk. Bacon Pasta w/Tomato & Spinach Chicken Meatless Pasta w/Tomato & Spinach(V) Fresh Apples Choice of Milk	02/25/2026 WW Chicken Fajitas w/Green Peppers Ck. Meatless Fajita(V/VG) Corn Pico de Gallo Sour Cream (ss) Bananas Choice of Milk	02/26/2026 Turkey Chili over Brown Rice Veggie Chili over Brown Rice (V/VG) Fresh Pears Choice of Milk	02/27/2026 Breaded Chicken Nuggets Veggie Nuggets (V/VG) WG Biscuit Roasted Potatoes Honey Mustard Sauce (ss) Fresh Tangerines Choice of Milk

Available Choice of Milk: **Unflavored 1% or skim milk, Lactose Free or Soy.**

Locally Grown Components Daily Served : **According to the season fruits and vegetables locally grown will be added on Breakfast and/or Lunch menu: Apples (PA/WV), Carrots (MD, PA), Sweet Potatoes (NC), Collards Green (NJ), Potatoes (PA/VA), Winter Squash (PA/NC), Kale (NJ) Carrots (PA), Mushrooms (PA), Collards Green (NC), Cucumber (MD)**
Dairy - Free (DF), Gluten Free (GF), Vegan (VG), Vegetarian (V) options available daily upon request.
WG = Whole Grain WW = Whole Wheat

Jan 26, 2026

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Menu Name:	Washington Latin PCS- K-12-Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 02/02/2026Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992601 CEREALS RTE,CINN TOAST CRUNCH (Low Sugar)	1 (28 GR)	100	110	1.00	160	6.00	6.00	2.50	0.00	0	22.00
991346 Yogurt Yoplait 4oz	4 oz	100	100	0.00	55	14.00	11.00	0.50	0.00	5	21.00
992217 VG/DF - Dairy Free Yogurt	5.3 oz	0	130	0.00	90	12.00	*N/A*	3.50	0.00	0	18.00
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			394	1.78	351	*46.43	*17.00	4.46	0.00	15	78.54
% of Calories				4.07%		*47.14 %	*6.09%	10.2%	0.0%		79.7%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 02/03/2026Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993113 V- WG Pancakes Buttermilk Maple Cinnamon (IW)	74gr per portio	99	170	0.50	210	12.00	9.00	3.50	0.00	10	32.00
991178 VG/DF- Homemade WG Pancakes	2 pancakes	1	214	0.68	3	*4.73	*0.00	9.77	0.00	0	27.02
990949 V/VG- Jelly	14 gr	100	35	0.00	5	8.00	6.00	0.00	0.00	0	9.00
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			433	1.35	353	*57.32	*14.91	5.56	0.00	20	85.97
% of Calories				2.81%		*52.95 %	*8.31%	11.6%	0.0%		79.4%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Wednesday - 02/04/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000192 V-WW Sweet Potato Muffin	56 grs	99	166	0.26	29	*8.83	*0.00	2.92	*0.00	1	30.00
992223 VG/DF- Homemade Vegan Muffins	64 gr	1	215	0.54	9	*18.20	*16.77	7.58	*0.00	0	33.17
000010 Mozzarella, Cheese String	1 oz	100	61	2.02	202	1.01	0.00	3.04	0.00	10	1.01
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			537	3.30	368	*50.80	*0.17	8.03	*0.00	21	97.94
% of Calories				5.53%		*37.84 %	*0.00%	13.5%	*0.0%		73.0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 02/05/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991061 V/VG- French Toast Sticks PreK-12	4 stick (92 gr)	100	260	2.00	300	9.00	*8.00	10.00	0.00	0	38.00
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			447	2.79	516	*36.48	*8.00	11.50	0.00	10	75.58
% of Calories				5.62%		*32.64 %	*7.16%	23.2%	0.0%		67.6%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 02/06/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991053 Pillsbury Mini Cinnis Cinnamon	65 gr	100	230	1.50	280	14.00	13.00	7.00	0.00	0	41.00
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	0	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
990708 Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)	100	120	0.00	10	24.00	0.00	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			450	2.25	425	*50.00	*13.00	8.25	0.00	10	82.00
% of Calories				4.50%		*44.44 %	*11.56 %	16.5%	0.0%		72.9%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Monday - 02/09/2026 Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992848 V/VG- Cereal, Cheerios Honey SS Bowl	28 gram.	100	110	0.00	170	6.00	6.00	1.50	0.00	0	22.00
991346 Yogurt Yoplait 4oz	4 oz	99	100	0.00	55	14.00	11.00	0.50	0.00	5	21.00
992217 VG/DF - Dairy Free Yogurt	5.3 oz	1	130	0.00	90	12.00	*N/A*	3.50	0.00	0	18.00
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			388	0.79	362	*47.46	*16.89	3.53	0.00	15	76.55
% of Calories				1.83%		*48.93 %	*6.19%	8.2%	0.0%		78.9%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 02/10/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991694 Turkey Sausage Patty WG Pancakes	1 serving	100	223	1.83	660	5.33	*5.33	7.33	0.00	37	31.33
991777 V- Veggie Patty & WG Pancakes	1 serving	1	283	0.33	830	6.33	*5.33	9.33	0.00	7	37.33
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			421	2.62	885	*31.83	*5.39	8.88	0.00	47	71.25
% of Calories				5.60%		*30.24 %	*5.07%	19.0%	0.0%		67.7%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Wednesday - 02/11/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991524 V- Baked French Toast Muffin	serving	100	210	2.42	209	*17.94	*8.38	5.52	*0.00	99	31.17
992223 VG/DF- Homemade Vegan Muffins	64 gr	1	215	0.54	9	*18.20	*16.77	7.58	*0.00	0	33.17
000010 Mozzarella, Cheese String	1 oz	100	61	2.02	202	1.01	0.00	3.04	0.00	10	1.01
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	100	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

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Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			494	5.20	548	*55.24	*8.55	9.93	*0.00	119	71.64
% of Calories				9.47%		*44.73 %	*6.79%	18.1%	*0.0%		58.0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 02/12/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991332 V-Apple Caramel Bread Pudding	1 serving	99	277	3.67	227	31.45	*8.38	7.07	*0.00	65	48.05
992442 VG/DF Apple Bread Pudding	1 serving	1	266	0.35	233	33.56	*8.38	3.92	*0.00	0	48.51
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			588	4.66	365	*72.45	*8.38	9.11	*0.00	74	115.09
% of Calories				7.13%		*49.29 %	*5.70%	13.9%	*0.0%		78.3%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 02/13/2026

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992588 Waffle Omelet w/ cheese & Tk. bacon	1	99	102	4.26	188	*0.02	*0.00	8.39	*0.00	127	0.67
992591 V- Waffle Omelet w/ cheese	1	1	91	4.04	135	0.02	*0.00	7.56	0.00	123	0.58
000341 WG Biscuit - 1 oz	28 g	100	100	4.00	210	1.00	1.00	5.00	0.00	0	14.00
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	0	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
991025 ORANGES - (1 orange113-125 ct)- 1/2 cup	1 orange	100	62	0.02	0	12.25	*0.00	0.16	0.00	0	15.39
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			424	9.03	537	*37.27	*1.00	14.79	*0.00	137	57.06
% of Calories				19.17 %		*35.16 %	*0.00%	31.4%	*0.0%		53.8%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Monday - 02/16/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Tuesday - 02/17/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991380 Cereal Cheerios MULTIGRAIN (28gr)	28 gr	100	110	0.00	105	6.00	*N/A*	1.00	0.00	0	23.00
991346 Yogurt Yoplait 4oz	4 oz	99	100	0.00	55	14.00	11.00	0.50	0.00	5	21.00
992217 VG/DF - Dairy Free Yogurt	5.3 oz	1	130	0.00	90	12.00	*N/A*	3.50	0.00	0	18.00
990708 Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)	100	120	0.00	10	24.00	0.00	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			430	0.75	305	*55.98	*10.89	2.78	0.00	15	84.97
% of Calories				1.57%		*52.07 %	*N/A*	5.8%	0.0%		79.0%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Wednesday - 02/18/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992279 WG Emoji Waffles (EGGO)	70gr (2 waffles)	99	210	1.50	380	2.00	*N/A*	6.00	0.00	5	26.00
991172 VG/DF-Homemade WG Waffles	2 oz	1	309	0.69	42	12.26	*N/A*	9.44	0.00	0	44.97
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			531	2.51	594	*42.97	*0.00	8.06	0.00	15	97.09
% of Calories				4.25%		*32.37 %	*N/A*	13.7%	0.0%		73.1%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 02/19/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991557 Egg, Turkey Breast & Cheese Burrito	1 burrito	99	314	4.54	563	*2.34	*N/A*	13.90	0.00	193	25.82
992259 V- Egg & Cheese Burrito	1 burrito	1	346	10.00	457	2.00	*0.00	20.39	0.00	292	25.01

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			491	5.39	698	*29.81	*0.00	15.47	0.00	204	59.39
% of Calories				9.88%		*24.29 %	*N/A*	28.4%	0.0%		48.4%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 02/20/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992346 V- Peachy WG Cinnamon Roll Cobbler	3 oz (serving)	99	323	4.50	424	19.55	*9.00	11.00	0.00	0	50.32
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	1	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
990703 Cranberry Apple Juice 1/2 cup	4 oz fl	100	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			481	5.21	556	*43.37	*8.92	12.16	0.00	10	76.02
% of Calories				9.75%		*36.07 %	*7.48%	22.8%	0.0%		63.2%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Monday - 02/23/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992993 V-WG Pancake Bites Poffitz (IW)	2.4 oz (68gr)	100	250	1.00	290	13.00	11.00	12.00	0.00	40	37.00
991178 VG/DF-Homemade WG Pancakes	2 pancakes	0	214	0.68	3	*4.73	*0.00	9.77	0.00	0	27.02
991123 Syrup Maple SS Sugar Free	32 gr	100	10	0.00	80	0.00	0.00	0.00	0.00	0	4.00
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			439	1.80	508	*40.59	*11.00	13.55	0.00	50	74.71
% of Calories				3.69%		*36.98 %	*10.02 %	27.8%	0.0%		68.1%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Tuesday - 02/24/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993111 V-Yogurt Parfait Cup w/Mix Berries	serving	99	254	0.85	124	25.72	*16.67	3.91	0.00	3	48.56
993112 DF/VG- Yogurt Parfait Cup w/Mix Berries	serving	1	261	5.85	77	20.39	*14.00	8.58	0.00	0	41.89
992365 Orange Juice - Suncup - 4oz	4 fl.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			414	1.65	264	*49.67	*16.65	5.21	0.00	13	75.49
% of Calories				3.59%		*47.99 %	*16.11 %	11.3%	0.0%		72.9%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Wednesday - 02/25/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992533 WG Biscuit 2oz & Tk. Patty Sausage CR	2oz Biscuit	99	260	8.00	490	2.00	*0.00	13.00	0.00	30	27.00
992260 V- WG Biscuit and Veggie Patty	28 gr	1	170	4.00	460	2.00	*1.00	7.50	0.00	0	18.00
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	0	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991024 ORANGES (2 oranges 113-125 ct) - 1 Cup	cup	100	123	0.04	0	24.50	0.00	0.31	0.00	0	30.78
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			482	8.75	625	*38.50	*0.01	14.51	0.00	40	70.70
% of Calories				16.34 %		*31.95 %	*0.00%	27.1%	0.0%		58.7%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Thursday - 02/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991328 V- WW Gingerbread Muffin	56 grams	100	278	0.86	69	*24.83	*5.58	10.18	*0.00	16	42.58
992223 VG/DF- Homemade Vegan Muffins	64 gr	1	215	0.54	9	*18.20	*16.77	7.58	*0.00	0	33.17
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			591	1.89	208	*65.99	*5.75	12.32	*0.00	26	109.95
% of Calories				2.88%		*44.66 %	*3.78%	18.8%	*0.0%		74.4%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Friday - 02/27/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992996 V- Breakfast Egg & Cheese Scrambler (IW)	93 gr	100	230	4.00	350	4.00	2.00	9.00	0.00	110	30.00
992593 VG/DF/GF- Cereal WG Cheerios 1 (28gr)	28 gr	0	100	0.00	140	1.00	1.00	2.00	0.00	0	21.00
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	100	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			450	4.75	485	*40.00	*2.00	10.25	0.00	120	69.00
% of Calories				9.50%		*35.56 %	*1.78%	20.5%	0.0%		61.3%
Weekly Nutrient Guideline			450 - 500	<10	540		<10				

Portion Values

Feb 2, 2026 thru Feb 27, 2026

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages		468	4	471	*46.96	*7.82	9.39	*0.00	51	80.47
% of Calories			6.73%		*40.14 %	*5.13%	18.1%	*0.0%		68.8%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Menu Name:	Washington Latin PCS- K-8 -LUNCH	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 02/02/2026Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991229 Tomato N' Cheese Pasta	serving	100	408	5.25	589	*9.49	*0.52	13.40	*0.00	26	56.29
993082 VG/DF- Tomato N' Cheese Pasta	serving	1	400	7.87	693	*7.97	*0.52	14.30	*0.00	0	62.32
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			552	6.10	732	*29.42	*0.53	14.97	*0.00	36	80.33
% of Calories				9.95%		*21.32 %	*0.38%	24.4%	*0.0%		58.2%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 02/03/2026Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990548 Cheese Beef Burger -	serving	100	389	4.79	918	6.05	*4.04	18.19	0.00	43	35.33

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992265 V/VG Vegan Burger -	serving	1	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00
991679 Roasted Potatoes & Broccoli -S: 1/2, DG:1/4	3/4 cup	100	130	0.33	13	*0.37	*0.00	3.90	0.00	0	21.95
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
990703 Cranberry Apple Juice 1/2 cup	4 oz fl	100	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			693	5.87	1164	*32.58	*6.08	23.45	0.00	53	85.77
% of Calories				7.62%		*18.81 %	*2.33%	30.5%	0.0%		49.5%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 02/04/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991613 Corn Dog Chicken Mini WG	6 pc (4.02oz)	100	315	3.64	497	6.06	*N/A*	16.97	0.00	48	26.67
991126 V- Grilled Cheese Sandwich	2Bread /4cheese	1	303	6.60	1142	8.00	*0.00	11.57	0.00	35	30.00
992825 Salad, Kale, Cucumber,Tomatoe DG:1/2,R:1/8, OT:1/8	3/4 cup	100	84	1.14	172	1.89	*0.00	7.07	0.00	0	5.20
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			554	5.61	907	*28.97	*2.00	25.55	0.00	59	57.97
% of Calories				9.11%		*20.92 %	*N/A*	41.5%	0.0%		41.9%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 02/05/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992793 Turkey Meatballs w/rice & Black Beans L:1/2, R:1/4	serving -4 (MB)	100	460	1.50	570	4.04	*1.34	7.34	0.00	45	73.07
991868 V/VG- Veggie Meatballs, rice & Beans L:1/2, R:1/4	1 serving (3VM)	1	500	3.00	556	4.04	*1.34	9.34	0.00	0	78.07
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			672	2.42	713	*30.62	*1.35	9.12	0.00	55	113.93
% of Calories				3.24%		*18.23 %	*0.80%	12.2%	0.0%		67.8%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Friday - 02/06/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992450 Golden Crispy Chicken Tenders	3 tenders	99	260	0.00	390	1.00	*1.00	15.00	0.00	25	16.00
992616 V/VG - Breaded Veggie Tenders w/WG Roll	4 tenders	1	500	2.00	1370	4.00	*2.00	19.00	0.00	0	51.00
993080 Roasted Sweet Potatoes & Cauliflower R:1/4, OT:1/2	3/4 cup	100	136	0.58	49	4.99	*0.00	7.24	0.00	0	15.78
991603 BBQ Sauce (ss)	0.44 oz	100	20	0.00	105	4.00	4.00	0.00	0.00	0	5.00
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			582	1.39	691	*34.71	*5.01	23.90	0.00	35	66.13
% of Calories				2.15%		*23.86 %	*0.69%	37.0%	0.0%		45.5%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Monday - 02/09/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992417 One-Pan Turkey WG Macaroni & Cheese	portions	99	490	8.53	553	*3.96	*0.00	21.31	0.00	121	47.36
992418 V- One-Pan Veggie WG Macaroni & Cheese	portions	1	454	2.19	797	*4.67	*0.00	11.97	0.00	30	53.06
000263 Carrots, Steamed - R: 3/4 cup	3/4 cup	100	38	0.03	63	4.34	*0.00	0.22	0.00	0	8.77
990692 Fruit Punch, Juice 1/2 cup	4 fl.oz.	100	60	0.00	5	12.00	0.00	0.00	0.00	0	14.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			688	9.25	758	*32.30	*0.00	22.69	0.00	131	83.18
% of Calories				12.10 %		*18.78 %	*0.00%	29.7%	0.0%		48.4%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Tuesday - 02/10/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991746 Cheese Lunch Individual Pizza w/ Chicken/BeefPeppe	4.56oz 5 pepper	100	317	4.50	930	5.00	*N/A*	13.00	0.00	10	24.33
991692 V-WG Cheese Pizza (V)	4.6 oz	1	300	4.00	580	14.00	*N/A*	11.00	0.00	15	37.00
000279 Roasted Potatoes - 3/4cup: S:3/4	3/4 cup	100	176	0.38	12	*0.00	*0.00	4.79	0.00	0	30.80
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			701	5.81	1084	*31.57	*0.00	19.54	0.00	20	95.46
% of Calories				7.46%		*18.01 %	*N/A*	25.1%	0.0%		54.5%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 02/11/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992298 Turkey Taco Rice R: 1/4, S:1/4, OT:1/4	3/4 cup	100	443	2.49	454	*7.18	*0.00	12.90	0.00	100	61.07
992299 V/VG- Meatless Taco Rice: R: 1/4, S:1/4, OT:1/4	3/4 cup	1	375	0.21	612	*7.85	*0.00	5.85	0.00	9	64.60

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			587	3.27	597	*27.11	*0.00	14.38	0.00	110	85.14
% of Calories				5.01%		*18.47 %	*0.00%	22.0%	0.0%		58.0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 02/12/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993017 V- WG Breaded Mozzarella Sticks	5 sticks	99	370	7.00	410	1.00	*1.00	18.00	0.00	25	35.00
992235 VG/DF- Grilled Vegan Cheese Sandwich	servings	1	260	4.00	640	4.00	*0.00	11.00	0.00	0	36.00
991071 Marinara Sauce (ss)	57 gr	100	45	0.00	230	4.00	*N/A*	1.00	0.00	0	7.00
993083 Sweet Potato & Kale Salad - R: 1/4, DG 1/2	3/4 cup	100	82	0.35	39	*1.99	*0.00	4.19	*0.00	0	10.40
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			659	8.11	819	*31.72	*0.99	24.74	*0.00	35	81.42
% of Calories				11.08 %		*19.25 %	*0.61%	33.8%	*0.0%		49.4%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Friday - 02/13/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992493 Chili hot dog, turkey, Chili on side	serving	99	391	6.10	1157	*9.19	*1.47	16.56	*0.00	50	42.81
991126 V- Grilled Cheese Sandwich	2Bread /4cheese	1	303	6.60	1142	8.00	*0.00	11.57	0.00	35	30.00
990075 CAULIFLOWER,raw: fresh - 1/4 cup	1/4 cup	100	69	0.53	8	0.48	*0.00	7.07	0.00	0	1.24
991033 Vegetable Chili - Half Cup (On side)	CUP	1	66	0.10	132	3.19	*1.47	1.06	*0.00	0	11.31
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			600	7.40	1302	*28.51	*1.47	24.94	*0.00	60	67.70
% of Calories				11.10 %		*19.01 %	*0.98%	37.4%	*0.0%		45.1%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Monday - 02/16/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 02/17/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993087 V- Stuffed Crust Pizza w/Cheese	137 gr	99	330	4.50	850	4.00	*1.00	14.00	0.00	15	36.00
991196 VG/DF- Pizza Sub-R: 1/4	slice	1	245	4.78	609	5.48	*N/A*	10.73	0.00	0	38.43
992830 Black Bean and Corn Salad - L:1/2, S:1/2	1 cup	100	241	0.02	141	10.54	*0.00	1.86	0.00	18	45.08
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			709	5.29	1124	*34.30	*0.99	17.20	0.00	43	104.40
% of Calories				6.72%		*19.35 %	*0.56%	21.8%	0.0%		58.9%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 02/18/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992276 Turkey Meatball Sub -w/Cheese R:1/4	sub (4Meatballs	100	310	3.02	714	7.41	*1.32	9.51	0.00	53	37.19
992277 V-VG Meatball Sub R:1/4	sub (4Meatballs	1	309	3.00	613	6.90	*1.32	8.98	0.00	0	41.18
990953 Sautéed Collards Green DG: 1/2	1/2 cup	100	75	0.26	34	0.22	*0.00	3.05	0.00	0	10.39
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			553	4.11	893	*32.51	*1.33	14.31	0.00	63	77.13
% of Calories				6.69%		*23.52 %	*0.95%	23.3%	0.0%		55.8%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 02/19/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991870 V/VG-Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	99	401	0.83	524	12.89	*0.85	7.51	*0.00	0	56.64
991095 Baked Chicken Penne Pasta R:1/2, Ot: 1/4	3/4 cup	1	402	5.41	341	6.66	*0.64	12.45	*0.00	67	48.74
992361 Grape Juice (1/2 cup- 1 juice) Suncup	4 fl	100	80	0.00	10	18.00	0.00	0.00	0.00	0	19.00
992830 Black Bean and Corn Salad - L:1/2, S:1/2	1 cup	1	241	0.02	141	10.54	*0.00	1.86	0.00	18	45.08
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			585	1.63	670	*43.04	*0.85	8.87	*0.00	11	89.14
% of Calories				2.51%		*29.43 %	*0.58%	13.6%	*0.0%		61.0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Friday - 02/20/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000156 NO LUNCH											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Monday - 02/23/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991130 Spaghetti & Beef Meatballs R: 3/4	SERVINGS (5MB)	100	460	6.26	373	8.91	*0.32	19.48	0.00	35	55.23
991731 V/VG- Spaghetti & Vegan Meatballs - R:3/4	SERVINGS (3 MB)	1	445	0.26	557	10.32	*0.64	9.96	0.00	0	72.59
990703 Cranberry Apple Juice 1/2 cup	4 oz fl	100	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			625	7.01	514	*33.01	*0.32	20.83	0.00	45	81.96
% of Calories				10.09 %		*21.13 %	*0.20%	30.0%	0.0%		52.5%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Tuesday - 02/24/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990875 Creamy Chicken Penne Pasta DG: 1/4, R:1/2	3/4 cup	100	398	6.91	272	4.41	*0.00	14.61	*0.00	79	44.92
992134 V- Chicken Meatless Penne Pasta DG: 1/4, R:1/2	3/4 cup	1	400	5.83	290	3.02	*0.00	13.03	*0.00	33	47.36
990398 APPLES - Half Cup (100-134 ct)	1/2 cup	100	39	0.02	1	7.74	*0.00	0.13	0.00	0	10.29
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			542	7.74	412	*24.29	*0.00	16.16	*0.00	89	68.81
% of Calories				12.85 %		*17.93 %	*0.00%	26.8%	*0.0%		50.8%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Wednesday - 02/25/2026 Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992788 Chicken Fajitas OT:1/4	2 fajitas	100	338	2.02	520	*1.78	*0.00	11.82	0.00	41	36.14
992527 V/VG - Meatless Chicken Fajitas OT:1/4	2 fajitas 6"	1	356	1.43	631	*2.68	*0.00	11.49	0.00	0	37.96
992625 Corn Pico de Gallo - 1/2cup: S:1/4, OT:1/4	1/2 cup	100	79	0.02	14	6.84	*0.00	0.74	0.00	9	15.90
992869 Sour Cream (ss)	28 gr	100	60	3.50	15	1.00	1.00	5.00	0.00	20	1.00
991007 Banana - 1/2 cup (150 ct - 1 Banana)	1/2 cup	100	105	0.13	1	14.43	0.00	0.39	0.00	0	26.95
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			686	6.44	691	*36.07	*1.00	19.31	0.00	80	93.37
% of Calories				8.45%		*21.03 %	*0.00%	25.3%	0.0%		54.4%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Thursday - 02/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993099 Turkey Chili & Br Rice -L:1/2, R:1/4	serving	100	443	2.36	368	*4.22	*0.00	10.77	*0.00	87	61.37
993100 Meatless Chili & Br Rice: -L:1/2, R:1/4	serving	1	386	0.18	530	*4.89	*0.00	4.11	*0.00	0	66.04

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000310 PEARS,FRESH (150 ct) or Danjou (120 ct) - Half cup	1/2 cup	100	40	0.02	1	6.82	*N/A*	0.10	0.00	0	10.66
000231 MILK,Skim	8 fl. oz.	100	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			633	3.13	578	*29.21	*0.00	12.20	*0.00	100	92.32
% of Calories				4.45%		*18.46 %	*0.00%	17.3%	*0.0%		58.3%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

Friday - 02/27/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991084 Chicken Nuggets Breaded	4 pc (91 gr)	99	210	2.50	340	1.00	*0.00	12.00	0.00	40	12.00
992873 V/VG- Vegan Chicken Nuggets w/WG Roll	5 Nuggets	1	411	1.88	805	6.51	*4.00	13.30	0.00	0	55.12
991679 Roasted Potatoes & Broccoli -S: 1/2, DG:1/4	3/4 cup	100	130	0.33	13	*0.37	*0.00	3.90	0.00	0	21.95
991261 Honey Mustard Sauce (ss)	28.3 gr	100	40	0.00	160	7.00	*N/A*	0.50	0.00	0	8.00
992899 TANGERINES,FRESH - (100-120 ct)- 1/2 cup	1 large	100	64	0.05	2	12.70	0.00	0.37	0.00	0	16.01
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			547	3.62	656	*33.24	*0.04	18.08	0.00	50	71.52
% of Calories				5.96%		*24.31 %	*0.00%	29.7%	0.0%		52.3%
Weekly Nutrient Guideline			600 - 650	<10	1110		<10				

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages		620	5	795	*31.84	*1.22	18.35	*0.00	60	83.09
% of Calories			7.59%		*20.54 %	*0.34%	26.6%	*0.0%		53.6%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Menu Name:	Washington Latin PCS-High School- LUNCH	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 02/02/2026Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991735 Tomato N' Cheese Pasta 9-12	serving	50	448	6.77	768	*11.33	*0.52	15.83	*0.00	33	56.98
993084 VG/DF -Tomato N' Cheese Pasta 9-12	serving	0	440	10.40	923	*9.30	*0.52	17.23	*0.00	0	65.04
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	50	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	25	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	25	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
990556 Place Settings	1	50	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			626	7.56	905	*38.81	*0.52	17.33	*0.00	43	90.56
% of Calories				10.87 %		*24.80 %	*0.33%	24.9%	*0.0%		57.9%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Tuesday - 02/03/2026Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990548 Cheese Beef Burger -	serving	45	389	4.79	918	6.05	*4.04	18.19	0.00	43	35.33
992265 V/VG Vegan Burger -	serving	5	280	0.00	760	5.00	*4.00	7.00	0.00	0	36.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990945 Roasted Potatoes & Broccoli DG:1/2, S:1/2	1 cup	50	125	0.25	20	*0.75	*0.00	2.58	0.00	0	23.41
000222 KETCHUP: individual	9 gr	50	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	50	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000231 MILK,Skim	8 fl. oz.	25	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	25	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	50	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			733	5.31	1147	*44.69	*6.03	20.90	0.00	49	99.81
% of Calories				6.52%		*24.39 %	*2.20%	25.7%	0.0%		54.5%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 02/04/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991613 Corn Dog Chicken Mini WG	6 pc (4.02oz)	100	315	3.64	497	6.06	*N/A*	16.97	0.00	48	26.67
991126 V- Grilled Cheese Sandwich	2Bread /4cheese	1	303	6.60	1142	8.00	*0.00	11.57	0.00	35	30.00
993079 Salad, Kale, Cucumber, Tomato DG:1/4, OT:1/4.R:1/2	1 cup	100	86	1.11	158	1.79	*0.00	6.73	0.00	0	6.73
000222 KETCHUP: individual	9 gr	100	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			600	5.60	894	*36.47	*2.00	25.32	0.00	59	71.37
% of Calories				8.40%		*24.31 %	*N/A*	38.0%	0.0%		47.6%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 02/05/2026

Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992800 Turkey Meatballs w/rice & Black Beans L:1/2, R:1/2	serving -4 (MB)	45	510	1.50	610	5.81	*1.64	8.00	0.00	45	82.87
991756 V/VG- Veggie Meatball, rice & beans L:1/2, R:1/2	1 serving (3MB)	5	550	3.00	600	5.81	*1.64	10.00	0.00	0	87.87
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	25	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	25	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	50	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			1034	2.93	749	*75.54	*1.64	11.01	0.00	50	204.18
% of Calories				2.55%		*29.22 %	*0.63%	9.6%	0.0%		79.0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 02/06/2026 Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992450 Golden Crispy Chicken Tenders	3 tenders	45	260	0.00	390	1.00	*1.00	15.00	0.00	25	16.00
993085 V/VG - Breaded Veggie Tenders	4 tenders	5	420	2.00	1200	2.00	*0.00	18.00	0.00	0	36.00
990672 WG Biscuit 2oz	56g	50	200	7.00	410	2.00	*0.00	9.00	0.00	0	27.00
993096 Roasted Cauliflower & Sweet Pot: R:1/4,OT: 3/4	1 cup	50	80	0.25	42	*1.50	*N/A*	3.52	0.00	0	10.44
991603 BBQ Sauce (ss)	0.44 oz	50	20	0.00	105	4.00	4.00	0.00	0.00	0	5.00
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	50	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	25	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	25	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	50	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			804	8.29	1168	*45.99	*4.90	29.81	0.00	32	105.46
% of Calories				9.28%		*22.88 %	*0.50%	33.4%	0.0%		52.5%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Monday - 02/09/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992417 One-Pan Turkey WG Macaroni & Cheese	portions	99	490	8.53	553	*3.96	*0.00	21.31	0.00	121	47.36
992418 V- One-Pan Veggie WG Macaroni & Cheese	portions	1	454	2.19	797	*4.67	*0.00	11.97	0.00	30	53.06
000262 CARROTS STEAMED- R:1 cup	CUP	100	55	0.05	90	5.38	0.00	0.28	0.00	0	12.82
990708 Fruit Punch, Juice - (1 Cup - 2 juices)	(2 HC)	100	120	0.00	10	24.00	0.00	0.00	0.00	0	28.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			765	9.26	791	*45.35	*0.00	22.75	0.00	131	101.24
% of Calories				10.89 %		*23.71 %	*0.00%	26.8%	0.0%		52.9%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

Tuesday - 02/10/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991746 Cheese Lunch Individual Pizza w/ Chicken/BeefPeppe	4.56oz 5 pepper	100	317	4.50	930	5.00	*N/A*	13.00	0.00	10	24.33
991692 V-WG Cheese Pizza (V)	4.6 oz	100	300	4.00	580	14.00	*N/A*	11.00	0.00	15	37.00
992725 DF - Cheese Pizza Sub R:1/4	slice	0	302	6.11	810	4.65	*N/A*	12.49	0.00	0	42.96
992283 Roasted Potatoes - .1cup: S:1 cup	1 cup	100	221	0.40	11	*0.00	*N/A*	4.83	0.00	0	40.98
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			1149	9.92	1659	*59.97	*0.00	30.90	0.00	35	169.35
% of Calories				7.77%		*20.88 %	*N/A*	24.2%	0.0%		59.0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 02/11/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992305 Turkey Rice w/Corn,Red,Gr.Pepper R:1/4,S:1/2,O:1/4	1 cup	100	492	2.49	456	*10.70	*0.00	13.57	0.00	110	70.31

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992306 V/VG-Turkey Taco Rice 1 CUP - R:1/4,S:1/2,O:1/4	1 cup	1	424	0.21	614	*11.36	*0.00	6.52	0.00	18	73.84
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			673	3.28	599	*38.29	*0.00	15.14	0.00	120	104.63
% of Calories				4.39%		*22.76 %	*0.00%	20.2%	0.0%		62.2%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 02/12/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993017 V- WG Breaded Mozzarella Sticks	5 sticks	99	370	7.00	410	1.00	*1.00	18.00	0.00	25	35.00
992235 VG/DF- Grilled Vegan Cheese Sandwich	servings	1	260	4.00	640	4.00	*0.00	11.00	0.00	0	36.00
991071 Marinara Sauce (ss)	57 gr	100	45	0.00	230	4.00	*N/A*	1.00	0.00	0	7.00
993083 Sweet Potato & Kale Salad - R: 1/4, DG 1/2	3/4 cup	100	82	0.35	39	*1.99	*0.00	4.19	*0.00	0	10.40
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			723	8.16	821	*44.42	*0.99	25.11	*0.00	35	97.43
% of Calories				10.16 %		*24.58 %	*0.55%	31.3%	*0.0%		53.9%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 02/13/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992493 Chili hot dog, turkey, Chili on side	serving	99	391	6.10	1157	*9.19	*1.47	16.56	*0.00	50	42.81
991126 V- Grilled Cheese Sandwich	2Bread /4cheese	1	303	6.60	1142	8.00	*0.00	11.57	0.00	35	30.00
990763 CAULIFLOWER,raw: fresh - 1/2 cup	1/2 cup	100	76	0.56	15	0.96	*0.00	7.14	0.00	0	2.48
991033 Vegetable Chili - Half Cup (On side)	CUP	100	66	0.10	132	3.19	*1.47	1.06	*0.00	0	11.31
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			717	7.55	1441	*39.75	*2.92	26.17	*0.00	60	92.02
% of Calories				9.48%		*22.18 %	*0.82%	32.8%	*0.0%		51.3%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Monday - 02/16/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000145 NO SCHOOL TODAY											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Tuesday - 02/17/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993087 V- Stuffed Crust Pizza w/Cheese	137 gr	100	330	4.50	850	4.00	*1.00	14.00	0.00	15	36.00
991196 VG/DF- Pizza Sub-R: 1/4	slice	1	245	4.78	609	5.48	*N/A*	10.73	0.00	0	38.43
990744 Black Bean & Corn Salad -1cup::S:0.5, L:0.5	1 cup	100	238	0.04	131	9.73	*0.00	1.95	0.00	18	44.86
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	100	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58

Base Menu Spreadsheet

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Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991307 Cranberry, Dried Original	1.16oz	100	110	0.00	0	24.00	*N/A*	0.00	0.00	0	28.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			858	5.38	1124	*65.26	*1.00	17.56	0.00	43	142.82
% of Calories				5.64%		*30.42 %	*0.47%	18.4%	0.0%		66.6%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 02/18/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992276 Turkey Meatball Sub -w/Cheese R:1/4	sub (4Meatballs	100	310	3.02	714	7.41	*1.32	9.51	0.00	53	37.19
992277 V-VG Meatball Sub R:1/4	sub (4Meatballs	1	309	3.00	613	6.90	*1.32	8.98	0.00	0	41.18
992778 Sautéed Collards Green- DG:3/4	3/4 cup	100	97	0.41	141	4.90	*0.00	5.61	0.01	0	11.21
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			638	4.31	1002	*49.88	*1.33	17.24	0.01	63	93.95
% of Calories				6.08%		*31.27 %	*0.83%	24.3%	0.0%		58.9%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 02/19/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993115 Baked Chicken Penne Pasta R:3/4, OT:1/2	1.25 cup	100	501	6.57	455	9.89	*0.95	15.30	*0.00	72	63.30
993116 V- Baked Chicken Meatless WG Pasta R:3/4, OT:1/4	1.25 cup	1	526	5.99	582	10.86	*0.95	15.20	*0.00	32	65.23
992362 Grape Juice - (1 cup: 2 juices)	2 (4 fl)	100	160	0.00	20	36.00	0.00	0.00	0.00	0	38.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			768	7.39	617	*58.11	*0.96	16.75	*0.00	83	115.08
% of Calories				8.66%		*30.27 %	*0.50%	19.6%	*0.0%		59.9%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 02/20/2026 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
000156 NO LUNCH											
Weighted Daily Average			0	0.00	0	0.00	0	0.00	0.00	0	0.00
% of Calories				0%		0%	*N/A*	0%	0%		0%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Monday - 02/23/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991608 Spaghetti & Beef Meatballs -Tyson R: 1	SERVINGS (5 MB)	100	488	6.26	420	11.16	*0.64	20.03	0.00	35	60.35
993081 V/VG- Spaghetti & Vegan Meatballs - R:1	SERVINGS (3 MB)	1	460	0.27	582	12.05	*0.64	10.05	0.00	0	76.08
991059 Cranberry Apple Juice (1 cup- 2 juices per kid)	2 HC	100	120	0.00	0	24.00	0.00	0.00	0.00	0	26.00
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			713	7.02	561	*47.28	*0.64	21.38	0.00	45	100.11
% of Calories				8.86%		*26.52 %	*0.36%	27.0%	0.0%		56.2%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Base Menu Spreadsheet

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Portion Values

Feb 2, 2026 thru Feb 27, 2026

Tuesday - 02/24/2026

Reimbursable Meal Total 50

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992474 Creamy Chicken Penne Pasta DG: 1/2, R:1/2	1 cup	45	503	12.70	295	5.46	*0.00	24.05	*0.00	112	49.46
992475 V-Creamy Meatless Penne Pasta DG: 1/2, R:1/2	1 cup	5	443	7.77	300	5.82	*0.00	16.25	*0.00	44	50.76
000307 APPLES,Fresh - 1 Cup (100 - 125 ct)	1 cup	50	77	0.04	1	15.48	0.00	0.25	0.00	0	20.58
000231 MILK,Skim	8 fl. oz.	25	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	25	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	50	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			675	13.00	432	*32.98	*0.00	24.77	*0.00	115	83.17
% of Calories				17.33 %		*19.54 %	*0.00%	33.0%	*0.0%		49.3%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Wednesday - 02/25/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992788 Chicken Fajitas OT:1/4	2 fajitas	90	338	2.02	520	*1.78	*0.00	11.82	0.00	41	36.14
992527 V/VG - Meatless Chicken Fajitas OT:1/4	2 fajitas 6"	10	356	1.43	631	*2.68	*0.00	11.49	0.00	0	37.96
992984 Corn Pico de Gallo - 1 cup: S:1/2. OT:1/2	1 cup	100	125	0.02	14	10.07	*0.00	1.41	0.00	18	24.67

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
992869 Sour Cream (ss)	28 gr	100	60	3.50	15	1.00	1.00	5.00	0.00	20	1.00
991006 Banana - 1 cup (2 Bananas)	2 Bananas	100	210	0.26	2	28.86	0.00	0.78	0.00	0	53.90
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			835	6.50	697	*53.80	*1.00	20.22	0.00	85	128.89
% of Calories				7.01%		*25.77 %	*0.00%	21.8%	0.0%		61.7%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Thursday - 02/26/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
993101 Turkey Chili & Br Rice 9 -12	serving	100	548	2.36	376	*4.96	*0.00	11.77	*0.00	87	85.74
993102 Veggie Turkey Chili & Br Rice 9 -12	serving	1	522	0.18	643	*5.94	*0.00	5.73	*0.00	0	92.59
000090 PEARS,FRESH - 1 cup (Danjou or Bosc 100ct)	1 cup	100	84	0.03	1	14.43	0.00	0.21	0.00	0	22.54
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	0	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			738	3.14	519	*31.45	*0.00	13.28	*0.00	97	122.21
% of Calories				3.83%		*17.05 %	*0.00%	16.2%	*0.0%		66.2%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

Friday - 02/27/2026

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
991084 Chicken Nuggets Breaded	4 pc (91 gr)	99	210	2.50	340	1.00	*0.00	12.00	0.00	40	12.00
991720 V/V-Vegan Chicken Nuggets	5 Nuggets	1	251	1.88	465	2.51	*0.00	11.30	0.00	0	25.12
990672 WG Biscuit 2oz	56g	100	200	7.00	410	2.00	*0.00	9.00	0.00	0	27.00
992283 Roasted Potatoes - .1cup: S:1 cup	1 cup	100	221	0.40	11	*0.00	*N/A*	4.83	0.00	0	40.98
991261 Honey Mustard Sauce (ss)	28.3 gr	100	40	0.00	160	7.00	*N/A*	0.50	0.00	0	8.00
992900 TANGERINES,FRESH - (1 cup - 2 Tangerines)120 ct	2 (120 ct p/cs)	100	127	0.09	5	25.39	0.00	0.74	0.00	0	32.02
000231 MILK,Skim	8 fl. oz.	50	90	0.00	135	12.00	0.00	0.00	0.00	5	13.00
000190 Low Fat Milk - 1%	8 fl. oz.	50	110	1.50	135	12.00	0.00	2.50	0.00	15	13.00
991919 Soy Milk	8 fl	1	130	0.50	110	11.00	*N/A*	4.50	0.00	0	13.00

Base Menu Spreadsheet

Portion Values

Feb 2, 2026 thru Feb 27, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
990556 Place Settings	1	100	0	0.00	0	*0.00	*N/A*	0.00	0.00	0	0.00
Weighted Daily Average			900	10.74	1063	*47.52	*0.00	28.36	0.00	50	133.26
% of Calories				10.74 %		*21.12 %	*0.00%	28.4%	0.0%		59.2%
Weekly Nutrient Guideline			750 - 850	<10	1280		<10				

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)
Weighted Averages		775	7	899	*47.53	*1.33	21.33	*0.00	66	114.20
% of Calories			8.08%		*24.53 %	*0.27%	24.8%	*0.0%		58.9%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.