

A Classical Education for the Modern World

Breakfast Menu January 2025

Breakfast Entree Whole Grain Waffles Fruit Assorted Fruit	Breakfast Entree Breakfast Pizza Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit Grains Bug Bites	Breakfast Entree Egg & Cheese Breakfast Quesadilla Whole Grain Bagel with Cream Cheese Vegetables Chunky Salsa, Mild Fruit Assorted Fruit	Breakfast Entree Whole Grain French Toast Sticks Assorted Cereal and Grahams Fruit Assorted Fruit	Breakfast Entree Turkey Sausage & Egg Biscuit Sandwich Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit Grains Assorted Muffins
Breakfast Entree Whole Grain Cereal Fruit Assorted Fruit Grains Apple Oatmeal Bar	14 Breakfast Entree Maple Turkey Sausage Pancake Wrap Yogurt & Granola Parfait Fruit Assorted Fruit	Breakfast Entree Turkey Ham & Cheese Breakfast Sandwich Mozzarella String Cheese Fruit Assorted Fruit Grains Assorted Muffins	Breakfast Entree Whole Grain French Toast Sticks Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit Grains Strawberry Nutrigrain Bar	Breakfast Entree Turkey Ham & Cheese on a Bagel Whole Grain Bagel with Cream Cheese Fruit Assorted Fruit
Martin Luther King Jr Day of Service No Classes	Breakfast Entree Whole Grain Pancakes Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit Grains Bug Bites	Breakfast Entree Egg & Cheese on English Muffin Whole Grain Bagel with Cream Cheese Fruit Assorted Fruit	Breakfast Entree Chocolate Chip Banana Bread Fruit Assorted Fruit	Breakfast Entree Egg & Cheese on WW Biscuit Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit Grains Assorted Muffins
Faculty Professional Development Day No School for Students	Breakfast Entree Breakfast Pizza Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit Grains Bug Bites	Breakfast Entree Egg & Cheese Breakfast Quesadilla Whole Grain Bagel with Cream Cheese Vegetables Chunky Salsa, Mild Fruit Assorted Fruit	Breakfast Entree Whole Grain French Toast Sticks Assorted Cereal and Grahams Fruit Assorted Fruit	Breakfast Entree Turkey Sausage & Egg Biscuit Sandwich Low Fat Strawberry Banana Yogurt Fruit Assorted Fruit Grains Assorted Muffins

This institution is an equal opportunity provider. Menu subject to change.



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Lunch Menu January 2025

Cheese Pizza Chicken Salad Wrap Vegetables Mixed Vegetables, 5 Way Blend Carrot Sticks	Unch Entree Roasted Chicken Veggie Nuggets Chicken Salad Wrap Vegetables Mashed Potatoes Carrot Sticks	Uunch Entree Jerk Chicken Drumstick Jerk Chick'n Chicken Ranch Wrap Vegetables Sauteed Cabbage and Greens Broccoli	Uunch Entree Beef Hamburger Gardenburger® Veggie Burger Chef Salad with Chicken Vegetables Baked Beans Fruit	Lunch Entree Meaty Baked Penne Cheesy Baked Pasta Creamy Buffalo Chicken Salad Wrap Pulled Buffalo Chick'n Wrap Vegetables
Carrot Sticks Fruit Assorted Fruit	Carrot Sticks Fruit Assorted Fruit	Broccoli Fruit Assorted Fruit	Fruit Assorted Fruit	Steamed Broccoli Potato Salad Fruit Assorted Fruit
Lunch Entree Cheese Pizza Turkey & Cheese Sandwich Vegetables Italian Herbed Sauteed Zucchini Carrot & Celery Cup with Ranch Dressing Fruit Assorted Fruit	Lunch Entree French Toast Sticks & Eggs BBQ Chicken Wrap Vegetables Homefries Potato Salad Fruit Assorted Fruit	Lunch Entree Asian Chicken & Noodle Stir Fry with Cabbage and Broccoli Asian Chick'n & Noodle Stir Fry with Cabbage and Broccoli Greek Chicken Salad & Roll Fruit Assorted Fruit	Lunch Entree Hot Dog Gardenburger® Veggie Burger Sunbutter & Jelly Sandwich Meal with String Cheese Vegetables Baked Beans Cucumber Slices Fruit Assorted Fruit	Lunch Entree Chicken & Andouille Jambalaya Vegetarian Jambalaya Curry Chicken Salad Sandwich Jerk Chick'n Sandwich Vegetables Seasoned/Roasted Carrots Roasted Chickpeas Fruit Assorted Fruit
Martin Luther King Jr Day of Service No Classes	Lunch Entree Cheesy Baked Pasta Creamy Buffalo Chicken Salad Wrap Vegetables Green Beans Black Bean & Corn Salad Fruit Assorted Fruit	Lunch Entree Chickpea Masala Turkey Ham & Cheese Hoagie Vegetables Collard Greens Carrot Sticks Fruit Assorted Fruit	Lunch Entree Oven Fried Chicken Honey Glazed Chick'n Chef Salad with Turkey Ham Vegetables Creamy Red Beans Fruit Assorted Fruit	Lunch Entree Korean Style Meatballs Teriyaki Veggie Meatball Chicken Ranch Wrap Vegetables Steamed Broccoli Spicy Slaw Fruit Assorted Fruit
Faculty Professional Development Day No School for Students	Lunch Entree Cheeseburger Macaroni & Cheese Chicken Salad Wrap Vegetables Mixed Vegetables, 5 Way Blend Carrot Sticks Fruit Assorted Fruit	Lunch Entree Piri Piri Chicken Piri Piri Chick'n Greek Chicken Wrap Vegetables Lemon Pepper Broccoli Cucumber Slices Fruit Assorted Fruit	Lunch Entree Beef Cheeseburger Gardenburger® Veggie Burger Chipotle Chicken Sandwich Vegetables Steamed Corn Roasted Chickpeas Fruit Assorted Fruit	Lunch Entree BBQ Rub Chicken Crispy Chicken Salad BBQ Rub Chick'n Vegetables Baked Beans Fruit Assorted Fruit