



WASHINGTON LATIN
PUBLIC CHARTER SCHOOL

Breakfast Menu

October 2024

A Classical Education for the Modern World

	01	02	03	04
	Breakfast Entree Maple Turkey Sausage Pancake Wrap Yogurt & Granola Parfait	Breakfast Entree Turkey Ham & Cheese Breakfast Sandwich Mozzarella String Cheese Grains Assorted Muffins	Breakfast Entree Whole Grain French Toast Sticks Low Fat Strawberry Banana Yogurt Grains Strawberry Nutrigrain Bar	Breakfast Entree Turkey Ham & Cheese on a Bagel Whole Grain Bagel
07	08	09	10	11
Breakfast Entree Whole Grain Cereal Grains Soft Oatmeal Blueberry Bar	Breakfast Entree Whole Grain Pancakes Low Fat Strawberry Banana Yogurt Grains Bug Bites Misc. Breakfast Syrup	Breakfast Entree Egg & Cheese on English Muffin Whole Grain Bagel with Cream Cheese	Breakfast Entree Chocolate Chip Banana Bread	Breakfast Entree Egg & Cheese on WW Biscuit Low Fat Strawberry Banana Yogurt Grains Assorted Muffins
14	15	16	17	18
Indigenous Peoples' Day No School	Breakfast Entree Breakfast Pizza Low Fat Strawberry Banana Yogurt Grains Bug Bites	Breakfast Entree Egg & Cheese Breakfast Quesadilla Whole Grain Bagel with Cream Cheese Vegetables Chunky Salsa, Mild	Breakfast Entree Whole Grain French Toast Sticks Assorted Cereal and Grahams Misc. Breakfast Syrup	Breakfast Entree Turkey Sausage & Egg Biscuit Sandwich Low Fat Strawberry Banana Yogurt Grains Assorted Muffins
21	22	23	24	25
Breakfast Entree Whole Grain Cereal Grains Apple Oatmeal Bar	Breakfast Entree Maple Turkey Sausage Pancake Wrap Yogurt & Granola Parfait	Breakfast Entree Turkey Ham & Cheese Breakfast Sandwich Mozzarella String Cheese Grains Assorted Muffins	Breakfast Entree Whole Grain French Toast Sticks Low Fat Strawberry Banana Yogurt Grains Strawberry Nutrigrain Bar	Breakfast Entree Turkey Ham & Cheese on a Bagel Whole Grain Bagel
28	29	30	31	
Breakfast Entree Whole Grain Cereal Grains Soft Oatmeal Blueberry Bar	Breakfast Entree Whole Grain Pancakes Low Fat Strawberry Banana Yogurt Grains Bug Bites Misc. Breakfast Syrup	Breakfast Entree Egg & Cheese on English Muffin Whole Grain Bagel with Cream Cheese	Breakfast Entree Chocolate Chip Banana Bread	

This institution is an equal opportunity provider. *Menu subject to change.*

Milk and fruit available upon request at every meal



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	01	02	03	04
	Lunch Entree Cheeseburger Macaroni & Cheese Vegetables Mixed Vegetables Grains Mac & Cheese (Gehl's)	Lunch Entree Piri Piri Chicken Lemon Chick'n Vegetables Fresh Roasted Broccoli with Garlic Grains Jollof Rice	Lunch Entree Beef Cheeseburger Gardenburger® Veggie Burger Vegetables Steamed Corn	Lunch Entree BBQ Rub Chicken Veggie Nuggets Vegetables Baked Beans Grains Mini Whole Grain Biscuit
07	08	09	10	11
Lunch Entree Cheesy Breadstick Vegetables Green Beans	Lunch Entree Waffles & Eggs Vegetables Homefries Misc. Breakfast Syrup	Lunch Entree Deconstructed Hot Dog Gardenburger® Veggie Burger Vegetables Sweet Potato Mash Mashed Sweet Potatoes	Lunch Entree Hot Honey Glazed Chicken Thigh Hot Honey Glazed Veggie Nuggets Vegetables Steamed Broccoli Grains Mini Whole Grain Biscuit	Half Day for Faculty Professional Development Noon Dismissal for Students
14	15	16	17	18
Indigenous Peoples' Day No School	Lunch Entree Chicken Patty Sandwich BBQ Chick'n Sandwich Vegetables Buttered Parsley Potatoes Misc. BBQ Sauce	Lunch Entree Pasta with Meat Sauce Cheesy Baked Pasta Vegetables Steamed Broccoli	Lunch Entree Sweet & Sour Chicken Sweet & Sour Chick'n Vegetables Green Beans Green Peas Grains Brown Rice	Lunch Entree Chicken Nuggets Veggie Nuggets & Roll Vegetables Savory Baked Beans Misc. Ketchup
21	22	23	24	25
Lunch Entree Pepperoni Pizza Cheese Pizza Vegetables California Mixed Vegetables Seasoned/Roasted Carrots	Lunch Entree Roasted Chicken Veggie Nuggets Vegetables Mashed Potatoes Grains Mini Whole Grain Biscuit Misc. Brown Gravy	Lunch Entree Jerk Chicken Drumstick Jerk Chick'n Vegetables Sauteed Cabbage Grains Mac & Cheese	Lunch Entree Beef Hamburger Gardenburger® Veggie Burger Vegetables Baked Beans	Lunch Entree Meaty Baked Penne Cheesy Baked Pasta Vegetables Steamed Broccoli
28	29	30	31	
Lunch Entree Cheese Pizza Vegetables Italian Herbed Roasted Zucchini & Tomatoes	Lunch Entree French Toast Sticks & Eggs Vegetables Homefries Misc. Breakfast Syrup	Wellness Day Noon Dismissal	Lunch Entree Deconstructed Hot Dog Gardenburger® Veggie Burger Vegetables Baked Beans	

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