

GENUINE

January 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Holiday Break 9 Pancake & Sausage Chicken Sandwich Chick'n Sandwich Seasoned Carrots	Bagel & Cream Cheese Cheeseburger Veggie Burger Sweet Potato Fries 10 Cereal & Grahams SW Chicken w/Brn Rice SW Chick'n w/Brn Rice	Sausage Breakfast Sandwich BBQ Chicken Sandwich BBQ Chick'n Sandwich Baked Beans 11 Egg & Cheese Sandwich Sloppy Joe Sandwich Veggie Sloppy Joe	Yogurt/String Cheese Orange Chicken w/ Brown Rice Orange "Chick'n" and Brown Rice Green Beans 12 Blueberry Bread Chicken Alfredo Pasta Chick'n Alfredo Pasta	French Toast Cheesy Baked Ziti Roasted Broccoli 13 Waffle & Syrup Turkey Sausage Pizza Cheese Pizza Green Beans
16 MLK Day of Service No Classes for Students	Seasoned Black Beans 17 Cereal & Grahams BBQ Cheeseburger Veggie Burger Carrots & Corn	Roasted Potato Wedges 18 French Toast & Sausage Roasted Herb Chicken Mac and Cheese	Roasted Broccoli 19 Yogurt & String Cheese SW Turkey Rice Bowl SW Protein Rice Bowl	20 Pancakes & Syrup Cheesy Pasta w/meatballs Cheesy Pasta
		Green Beans	Salsa, Black Beans & Corn	w/"Chick'n" Roasted Broccoli
23 Waffle & Sausage Chicken Nuggets Veggie Nuggets Steamed Carrots	24 Bagel & Cream cheese Chicken Sandwich Veggie Sandwich Baked Beans	25 Egg & Cheese Sandwich Spaghetti & Meatballs Spaghetti & Tomato Sauce Roasted Broccoli	Banana Bread Sweet & Sour Chicken Sweet & Sour "Chick'n" Veg. Fried Rice	Professional Development Day No Classes for Students
30 Sausage/Egg Sandwich Chicken & Waffles Veggie Sandwich Sweet Potato Fries	31 Yogurt & Grahams Chopped Cheesesteak Veggie Burger Green Beans			