



WASHINGTON LATIN PCS
The Anna Julia Cooper Campus

December 2022

(menu subject to change)

Juice or Fresh Fruit and Choice of Milk available at every meal



Monday	Tuesday	Wednesday	Thursday	Friday
<p>12/05/2022</p> <p>Cereal and Yogurt</p> <p>Chicken Stroganoff Pasta w/ Pepper, Carrot & Zucchini</p> <p>Chicken Meatless Pasta w/ Pepper, Carrot & Zucchini</p>	<p>12/06/2022</p> <p>Egg & Potato scramble</p> <p>Chili Turkey Hot Dog Chili Turkey Meatless Hot Dog</p> <p>Sweet Potato Tater Tots</p>	<p>12/07/2022</p> <p>Cinnamon Raisin Bagel</p> <p>Cranberry Turkey Breast Sandwich Cranberry Tofu Sandwich</p> <p>Fresh Broccoli</p>	<p>12/08/2022</p> <p>Choc. Chip Pancakes</p> <p>Brown Rice Souffle w/Cheddar Cheese</p> <p>Roasted Potatoes & Green Beans</p>	<p>12/09/2022</p> <p>Pumpkin Carrot Breakfast Bar</p> <p>Cilantro Lime Chicken Burrito Cilantro Lime Meatless Chicken Burrito</p> <p>Pico w/ Tomatoes & Onions</p>
<p>12/12/2022</p> <p>Banana Muffin & Cheese Stick</p> <p>Cranberry Turkey Chili over Brown Rice Cranberry Plant Based Chili & Brown Rice</p> <p>Apples</p>	<p>12/13/2022</p> <p>Apple Caramel Bread Pudding</p> <p>Cheese Pizza Veggie Stir-Fry w/Ginger</p> <p>Fresh Tangerines</p>	<p>12/14/2022</p> <p>Scrambled Egg and Cheese</p> <p>Chicken Caesar Pasta Salad Meatless Chicken Caesar Pasta Salad</p> <p>Bananas</p>	<p>12/15/2022</p> <p>Berry French Toast</p> <p>Chicken Corn Dog Veggie Hot Dog</p> <p>Green Beans & Corn Medley</p>	<p>12/16/2022</p> <p>Gingerbread Muffin</p> <p>Mexican Pie w/Cheese, Kidney Bean & Corn</p>

WINTER BREAK -- HAPPY HOLIDAYS!

Available Choice of Milk: Unflavored 1% milk, unflavored skim milk, Lactose Free/Soy (Upon Request)