

MENTAL HEALTH NEWSLETTER

SEPTEMBER

WHAT IS THE MENTAL HEALTH NEWSLETTER?

The mental health newsletter will be sent out monthly and will contain topics such as:

- Wellness tips
- Mental health events in school
- Mental health groups in school
- Other announcements

NEED TO TALK?
Call the Suicide & Crisis
Lifeline by dialing **988**.

WHERE CAN YOU FIND IT?

It will be sent out through the Daily Bulletins, Legenda, and it will also be available in the website under the Mental Health Counseling tab.

MEET THE MENTAL HEALTH TEAM

- **Carllistus Obeng, M.Ed**, Director of Mental Health & School Psychologist (7th and 9th Grade Rep)
- **Tiffany Bufort-Odom, LPC, NCC**, Director of Integrated Services (7th and 10th Grade Rep)
- **Dayla Tucker, MSW**, Assistant Director of Integrated Services (8th Grade Rep)
- **Jazmyne Keane, LGSW**, Social Worker (12th Grade Rep)
- **Hope Foster, MSW**, Social Worker (11th Grade Rep)
- **Avant Griffith, MA, LGPC**, School Counselor (5th Grade Rep)
- **Joe Green, MA**, School Counselor (6th Grade Rep)
- **Nina Arroyo Santiago, LGSW**, School-Based Therapist

WANT TO REFER YOUR CHILD/STUDENT?

Ask for the Parent or Faculty Counseling Referral Form.

