

# Latin Cafe

March 8, 2022

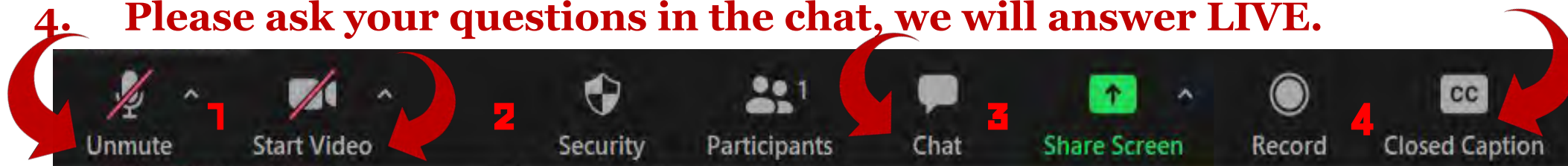


# Welcome!



## Agenda

- Welcome & school news
  - Counseling Team Introduction
  - Classical Education - An overview
  - COVID Information & Updates
  - Questions & Answers
1. **Please stay muted** to eliminate background noise.
  2. **Video is encouraged** (but up to you). We would love to see your faces!
  3. **You can turn on live subtitles.** Click on the More link in the toolbar. We will answer some during the presentation and address others at the end.
  4. **Please ask your questions in the chat, we will answer LIVE.**



## *Party with Purpose!*

- Two weekends this spring
  - April 29 - May 1
  - May 6 - 8
- Parents host parties at their homes
  - Variety of themes and party styles, DC locations
  - All parties are open to any Latin parent
  - Pick your party, sign up online, party with friends, old and new!
  - Are you a **Host with the Most/Hostess with the Mostest**? Contact Kate Cromwell to talk about your great idea!
- Raise \$75,000 for the **Faculty Fund**
  - All party-goers donate (in lieu of a ticket)
  - Can you support the Faculty Fund at a higher level?  
**We need you!** Please contact Kate Cromwell!

**BACCHANALIA**  
WASHINGTON LATIN



## *Spring Activities & Celebrations*



- Wednesday, March 9: *Wellness Day*
- Thursday-Sunday, March 17-20: Spring Musical *Pippin*
- Friday, April 22: *Spring Fling Dance* for 9th & 10th
- Wednesday, April 27: *Wellness Day*
- Wednesday-Friday, April 27-29: 7th grade to *Echo Hill*
- Date TBD: *7th & 8th Dance*
- Friday-Sunday, April 29 - May 1 & May 6-8: Bacchanalia (weekend 1)
- Friday, May 20: *Prom @ Latin*
- Thursday-Friday, June 9-10: *Valediction Ceremonies*  
Last days of school!
- Monday, June 13: *Graduation* at UDC

## ***2022-23 Calendar Start Date***



### ***Summer School***

- Session 1 - June 27 - July 13
- Session 2 - July 14 - July 29

### ***Back to School 2022-23***

- Sunday, August 21: Back to School Get Together  
Weekend all-family event to get planners, buy used uniforms, etc.
- Tuesday, August 23: Orientations for 5th and 9th grade students and families
- Wednesday, August 24: Advisor Conferences (via Zoom)
- ***FIRST DAY OF SCHOOL - Thursday, August 25***

# Updates from Counseling

**Aryn Davis**  
**Director of Mental Health**



## *Counseling at Latin*



An investment of time and resources

- Latin considers our students' mental health a crucial concern.
- We have a large team of counselors, who are available for ANY student in need of support.
- Our counselor : student ratio is lower than vast majority of schools in DC or nationally.

We know that all young people, including Latin students, have struggled during the pandemic.

With an overview of how we are addressing increased needs is Aryn Davis, Director of Mental Health.

## *Grade Level Counselors*



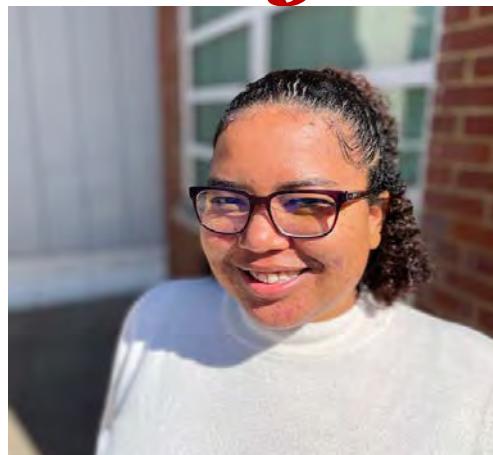
- Each counselor is assigned to support a grade level.
- The grade-level counselor supports the social/emotional needs of students at the Tier 1 level and Tier 2 level.
- The counselor partners with the Grade Team Lead to execute strong grade-level interventions and facilitate mental health discussions.
- The grade-level counselor acts as a point of contact for the team and upon receiving referrals.



# Our Counseling Team



**Aryn Davis**  
Director of Mental Health  
Counselor, 6th & 12th



**Avant Griffith**  
Counselor  
5th grade



**Jazmyne Keane**  
Counselor  
7th grade



**Tiffany Bufort**  
Director, Integrated Services  
Counselor, 8th & 9th



**Dayla Tucker**  
Middle School Dean  
Social Work Intern



**Joe Green**  
7th Grade English  
Counselor 10th grade



**Hope Foster**  
Social Worker  
Counselor 11th grade



**Carllistus Obeng**  
Psychologist

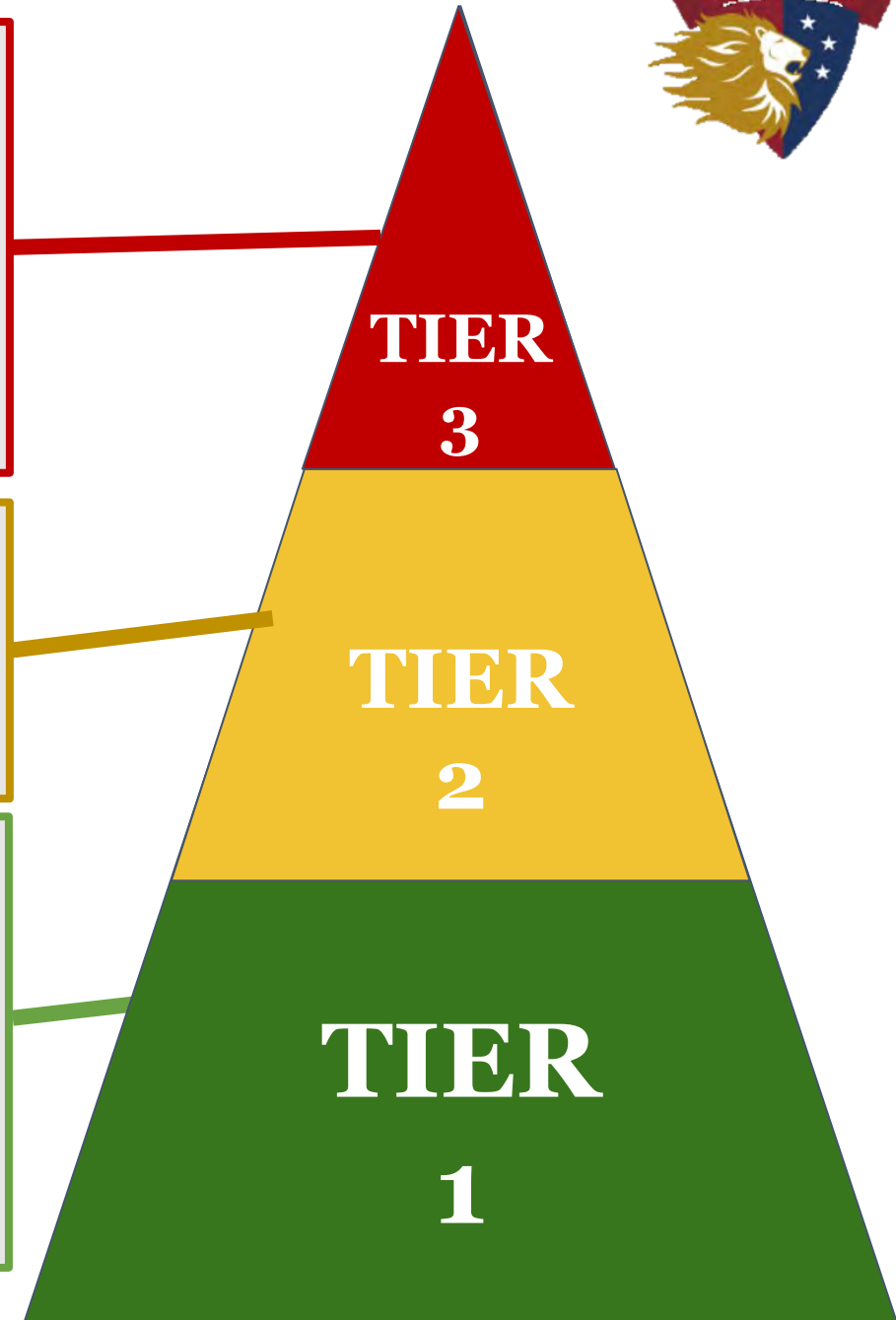
# Counseling Update



- 1:1 counseling
- Regular check-ins and crisis support
- Providing families with wrap-around services
  - Home visits
  - Department Behavioral Health Clinical services
  - Transportation during Q4 of SY 2020-21 for families in need

- Providing small-group counseling with counselors
- Teaching targeted psychoeducational instruction
- Hosting Student Connection (SEL) groups

- Teaching healthy coping strategies
- Providing regular contact with supportive adults
- Youth Empowerment Seminar
- Providing advisory support and collaborating with advisors for interventions when students are struggling
- Making referrals to outside agencies



## *2nd Semester Programming Focus*



We see the need due to distance learning and disconnection during pandemic

- Shifts in relationships
- Decreasing social skills

Program for all students (Tier 1) in Semester 2 focuses on:

- Emotional Regulation
- Building Social Skills
- Physical Health



## February - Emotional Regulation

### **Week of Feb. 14th (Valentine's Day) - *Self Love is Self-care***

- Counselors partnered with Grade Team Leads and Division Directors to identify grade-level trends related to emotional regulation challenges (particularly anxiety)

## March - Building Social Skills

### **Week of March 7th - *Healthy Relationships Focus, Love Is Respect***

- Initiative that targets unhealthy social behaviors; relationship violence among pre/teen (includes romantic relationships and friendships); and community violence.

## April/May - Physical Health

### **After Spring Break - *Physical wellness for mental well-being***

- Session topics will include:
  - Healthy eating habits
  - Developing strong sleep hygiene
  - Exercise

**Bill Clausen**  
Assistant Principal  
for Academics  
Chair, Classics Department

**What is this  
Classical  
Education?**

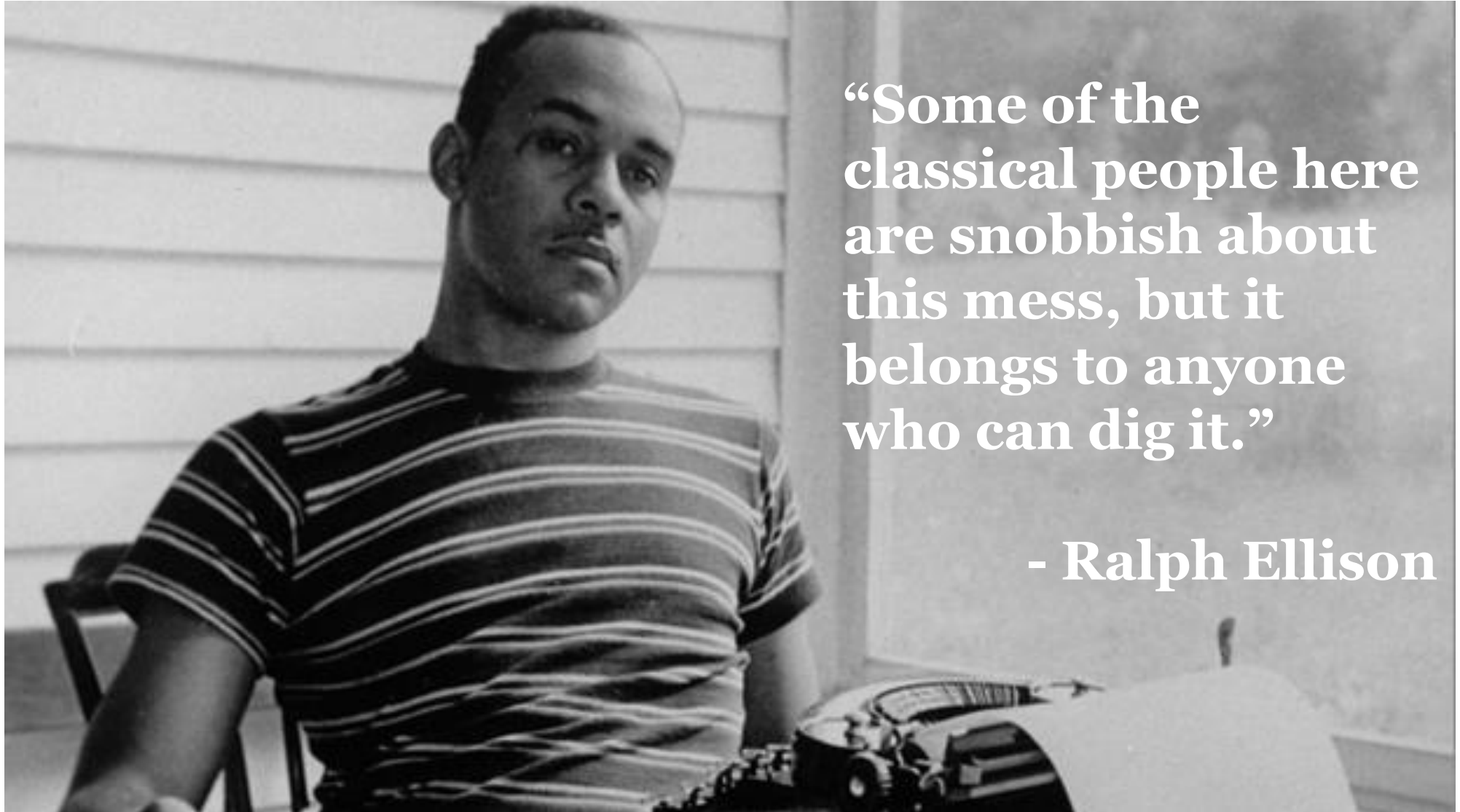




“Not by pointing to sun-bathed mountain tops do we prove that Phoebus warms the valleys. We must point to homes, average homes, lighted and cheered by the good, the beautiful, and the true. Then and not till then will the whole plateau be lifted into the sunlight.”

*Anna Julia Cooper*

## *Classical and Modern*



“Some of the classical people here are snobbish about this mess, but it belongs to anyone who can dig it.”

- Ralph Ellison



Neither by nature, then, nor contrary to nature do the virtues arise in us; rather we are adapted by nature to receive them, and are made perfect by habit...

...States of character result from the repetition of similar activities. And so, right from our youth, it does not make a small difference to habituate ourselves one way or another, but rather a great difference, even all the difference.

*Nicomachean Ethics, II, 1.*

οὐτ' ἄρα φύσει οὔτε παρὰ φύσιν ἐγγίνονται αἱ ἀρεταί, ἀλλὰ πεφυκόσι μὲν ἡμῖν δέξασθαι αὐτάς, τελειούμενοις δὲ διὰ τοῦ ἔθους.

οὐ μικρὸν οὖν διαφέρει τὸ οὕτως ἢ οὕτως εὐθύς ἐκ νέων ἐθίζεσθαι, ἀλλὰ πάμπλου, μᾶλλον δὲ τὸ πᾶν.

# ARISTOTLE



## *Character Formation in the Arts and Sports*



...**States of character** result from the repetition of similar activities. And so, **right from our youth**, it does not make a small difference to **habituate** ourselves one way or another, but rather a great difference, even all the difference.”

# Classical



## *Character Formation in Class*

**“Neither by nature, then, nor contrary to nature do the virtues arise in us; rather we are adapted by nature to receive them, and are made perfect by habit.”**

## *Intellectual Formation through discussion*

A “Latin opinion” is

- Informed
- Reasoned
- Flexible



- Students identified these 3 elements of a thoughtful opinion.
- Student artists created the poster art.

*Who we are NOT*



## *What alumni say*



I'm doing well!! And the ways your class is invaluabley useful is tied up in what I'm up to now, which is development work for a local grassroots organization in Charleston! It's a lot of grant writing right now, but a huge part of it is inevitably getting into conversations that can be really difficult. Being part of Socratic Seminars, especially ones where not everyone was always on the same page, definitely prepared me not only for a lot of college but so much of the work I do now



# **COVID UPDATES**

# Washington Latin & DC

Latin data available as of March 8, 2022



## Latin Student Full Vaccination %

All students **90%**  
Boosted (of those eligible) **21%**

## Latin Faculty Vaccination %

**97%**  
(3% exceptions)

## Latin COVID Cases

since 8/27/21

**145**

In past 7 days – **2**

DC data available as of February 28, 2022\*

## All DC Student Vaccination %

5-11 (partial + full) **36%**  
12-15 (partial + full) **77%**  
16-17 (partial + full) **57%**

## All DC Adult (18+) Vaccination %

**82.4%**

## All DC School Cases

since 8/29/21

**8,333**

# Changes to our Protocols



|                                      |
|--------------------------------------|
| Vaccination proof OR regular testing |
| Weekly Testing                       |
| Check symptoms daily                 |
| Masks & Hands                        |
| Limit contact, keep distance         |
| Clean deeply and often               |

- Keeping some, dialing back others. We can reinstate, as needed.

## *Dialing back*

- One-way staircases
- 6-foot distancing markers
- Temperature checks
- **Outdoor masking**

## *Keeping*

- **Indoor masking**
- Enhanced air filters
- Vaccination proof or testing
- Hand sanitizer everywhere
- Enhanced cleaning



# Plan for In-School Testing



## Antigen Testing

- **Necessary for those who have had COVID in past 90 days** which right now still includes those who tested positive during the surge.
- **Greater availability** of these tests and a better understanding of how to observe them to be sure they are used properly.
- **Benefits** include getting immediate results to take appropriate action.
- **Challenges** include the costs (significant Latin investment in test kits).
- PCR tests will continue to be part of strategy.

## Current practice

- Weekly on-campus antigen testing of random selection of 20% of students (ongoing weekly testing for unvaccinated students)
- **No cost to families!**
- DC Health providing kits for weekly testing of faculty
- Latin will inform parents of any positive result ASAP, and students will need to leave campus as quickly as possible.

# QUESTIONS

