

# SEPTEMBER

# MENU



WASHINGTON LATIN  
PUBLIC CHARTER SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Labor Day No School</b></p> <p>2</p>	<ul style="list-style-type: none"> <li>Yogurt with Cinnamon Grahams 3</li> <li>Chicken Bites</li> <li>Chicken Taco Trio</li> <li>Cheddar Cheese Sandwich (V)</li> <li>Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bagel 4</li> <li>Breakfast for Lunch: Pancakes with Omelet (V)</li> <li>Chili Citrus Drumstick with Rice</li> <li>Sesame Chicken Wrap</li> <li>Lemon Pepper Green Beans</li> </ul>	<ul style="list-style-type: none"> <li>Breakfast Burrito 5</li> <li>Ranchero Chicken Con Queso Rice Bake</li> <li>Crispy Chicken Sandwich</li> <li>Veggie Chef's Salad (V)</li> <li>Kidney Beans, Edamame, Carrot, Corn</li> </ul>	<ul style="list-style-type: none"> <li>Plain Bagel 6</li> <li>Pepperoni Pizza</li> <li>Cheese Pizza (V)</li> <li>Southwest Veggie Wrap</li> <li>Kidney Beans, Edamame, Carrot, Corn</li> </ul>
<ul style="list-style-type: none"> <li>Granola with Fruit 9</li> <li>Pepper Jack Cheeseburger</li> <li>Mumbo Grilled Chicken Bites</li> <li>Sunbutter and Jelly (V)</li> <li>Garbanzo, Edamame, &amp; Shredded Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Muffin 10</li> <li>Penne Pasta with Meat Sauce</li> <li>Cheesy Ravioli (V)</li> <li>Honey Mustard Chicken Wrap</li> <li>Savory Sweet Potatoes</li> </ul>	<ul style="list-style-type: none"> <li>Corn Chex Cereal 11</li> <li>Hot Meatball Sub</li> <li>Mama's Tamale (Red Chile Chicken)</li> <li>Cheddar Cheese Sandwich (V)</li> <li>Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Sausage &amp; Cheddar Bagel 12</li> <li>Creamy Chicken Alfredo</li> <li>Cheese Pizza Panada Pie (V)</li> <li>Buffalo Chicken Wrap</li> <li>Sliced Cucumber</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Bagel 13</li> <li>Cheese Pizza (V)</li> <li>Flame Broiled Beef Cheeseburger</li> <li>Chicken Caesar Salad</li> <li>Lettuce &amp; Tomato</li> </ul>
<ul style="list-style-type: none"> <li>Yogurt and Granola 16</li> <li>Hot Dog</li> <li>BBQ Chicken Plate</li> <li>Sunbutter and Jelly (V)</li> <li>Baby Carrots</li> </ul>	<ul style="list-style-type: none"> <li>Cheerios Cereal 17</li> <li>Spaghetti Marinara with Mozzarella (V)</li> <li>Five Cheese Lasagna (V)</li> <li>Chicken Pesto Pasta Salad</li> <li>Lemon Pepper Corn</li> </ul>	<ul style="list-style-type: none"> <li>Autumn Spice Muffin 18</li> <li>Jerk Drumstick with Pineapple Carrot Rice</li> <li>Pepper Jack Cheeseburger</li> <li>Southwest Veggie Wrap (V)</li> <li>Green Beans with Caramelized Onions</li> </ul>	<ul style="list-style-type: none"> <li>Egg &amp; Cheese Muffin 19</li> <li>Baked Mac &amp; Cheese and Chicken Bites</li> <li>Chicken Taco Trio</li> <li>Veggie Chef's Salad (V)</li> <li>Chili Citrus Black Beans &amp; Corn</li> </ul>	<ul style="list-style-type: none"> <li>Cinnamon Chex 20</li> <li>Pepperoni Pizza</li> <li>Cheese Pizza (V)</li> <li>Chillin' Chinese Chicken Noodles</li> <li>Lettuce &amp; Tomato</li> </ul>
<ul style="list-style-type: none"> <li>Cheerios Cereal 23</li> <li>Flame Broiled Beef Burger</li> <li>Mama's Tamale (Mild Green Chili &amp; Cheese – V)</li> <li>Honey Mustard Chicken Wrap</li> <li>Pinto Beans &amp; Corn</li> </ul>	<ul style="list-style-type: none"> <li>Blueberry Muffin 24</li> <li>Chicken Teriyaki with Brown Rice</li> <li>Breakfast for Lunch: Pancakes &amp; Omelet (V)</li> <li>Garden Ranch Salad with Chicken Breast</li> <li>Savory Sweet Potatoes</li> </ul>	<ul style="list-style-type: none"> <li>Plain Bagel 25</li> <li>Cheesy Pizza Bites (V)</li> <li>Pasta with Zesty Beef</li> <li>Chicken Caesar Wrap</li> <li>Green Peas</li> </ul>	<ul style="list-style-type: none"> <li>Buttermilk Pancakes 26</li> <li>Cheesy Beef &amp; Salsa Nacho Dip with Scoops</li> <li>Crispy Chicken Sandwich</li> <li>Hummus Dippers (V)</li> <li>Cucumber &amp; Tomato Salad</li> </ul>	<p><b>Noon Dismissal for Students – NO LUNCH</b></p>
<ul style="list-style-type: none"> <li>Cinnamon Chex 30</li> <li>Hot Dog</li> <li>Cheesy Chicken Quesadilla</li> <li>Sunbutter and Jelly (V)</li> <li>Baby Carrots</li> </ul>				

## Did you know?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:  
Designed with Kids | Created by Chefs | Nutritionally Balanced | Made with High-Quality Ingredients  
Learn more about us on our website at [www.revolutionfoods.com](http://www.revolutionfoods.com)



This institution is an equal opportunity provider. All grains offered are whole-grain rich.

VEGETARIAN (V)  
options available daily – if not listed on the menu, available upon request.

VEGETABLE  
OF THE DAY