

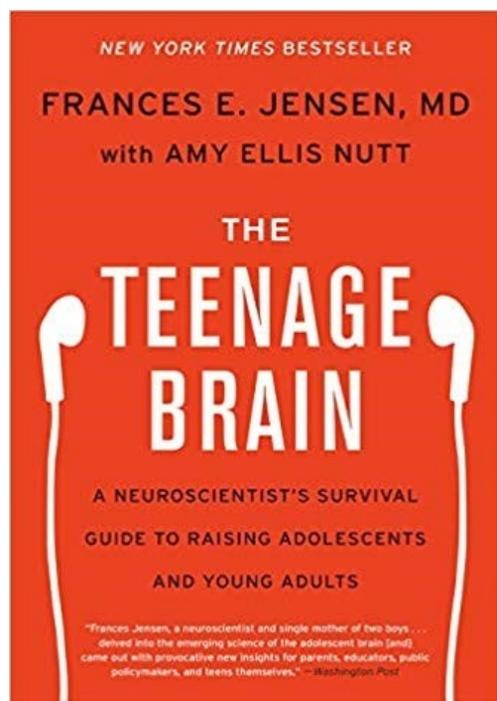
WASHINGTON LATIN PCS

PARENT BOOK CLUBS

All parents are welcome!

We are please to announce two book clubs open to parents and faculty that will focus on issues of parenting, education, and more. These clubs are for any parent who has questions or advice (or both!) related to the challenging, rewarding, and at times exhausting enterprise of parenting and educating children.

We will have some of these discussions at school and others off campus, in parents' homes or other cozy locations. More details on the location of each club will be sent to those who RSVP.



THE TEENAGE BRAIN

A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults

Dr. Frances E. Jensen with Amy Ellis Nutt

Combining neuroscience and her experience as a clinician and a mother, Dr. Jensen has written a book that is both theoretical and practical. She examines the particular strengths and weaknesses of the teenage brain, and suggests some concrete approaches to parenting given what neuroscientists have come to know.

This club will be led by **Dr. Diana Smith, Principal**. We will discuss *The Teenage Brain* in three sessions:

- Sunday, January 20 @ 2:00 pm
- Sunday, February 24
- Sunday, March 17

Come to one, or all. You may also join even if you have not read the book.

If you are interested in joining the group and would like to get a copy of the book, please email [Kate Cromwell](mailto:Kate.Cromwell@washingtonlatinpcs.org).

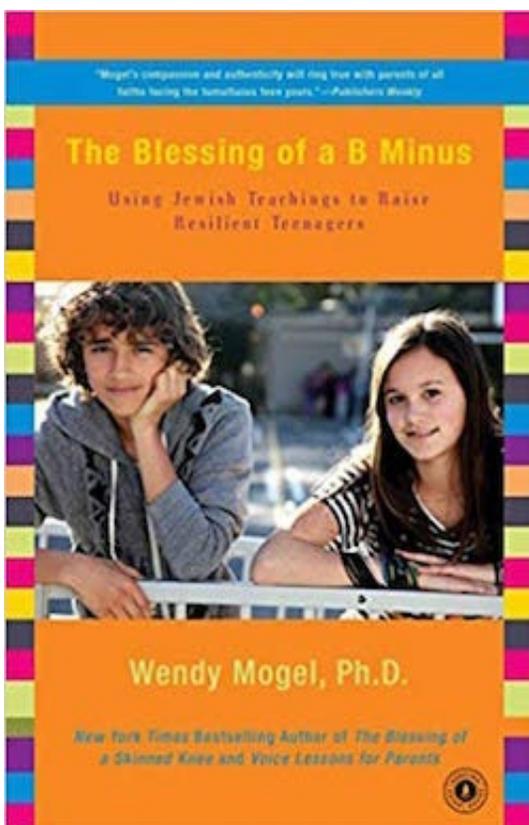
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The Blessing of a B Minus Wendy Mogel

In this book, a New York Times bestselling author and internationally acclaimed clinical psychologist intermingles wisdom and guidelines from Judaism and adolescent psychology to offer powerful advice on how parents can help their children to become responsible, resilient adults.

The series will be facilitated by Jack Werstein, school counselor and Jennifer Abercrombie, library assistant and parent to two current students.

Books are available in the main office.

- January 29th at 6:45 p.m. at the school
- February 12th at 6:45 p.m. (venue TBA)
- February 26th at 6:45 p.m. (venue TBA)
- March 12th at 6:45 p.m. (venue TBA)

Please [email us](#) if you would like to join!