

November

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Apple Berry Breakfast Bar • Chicken Enchilada Roja • Chicken Potstickers • Cheese Sandwich (VG) • Green Beans <p>10/30</p>	<ul style="list-style-type: none"> • Lemon Muffin • Breakfast for Lunch: Pancakes and Sausage • BBQ Chicken Sandwich • Sunbutter and Jelly (VG) • Baby Carrots <p>10/31</p>	<ul style="list-style-type: none"> • Blueberry Muffin • Firecracker Chicken w/ Noodles • Italian "Sausage" Calzoni (VG) • Chicken Salad Sandwich (DF) • Pinto Beans Baby Carrots <p>1</p>	<ul style="list-style-type: none"> • Cinnamon Toast Bagel • Hot Dog (DF) • Cheese Pizza (VG) • Chile Chicken & Black Bean Wrap • Broccoli Florets With ranch <p>2</p>	<p>Parent-Teacher Conferences – No School for Students</p> <p>3</p>
<ul style="list-style-type: none"> • Cheerios and Breakfast Bar • Five Cheese Lasagna (VG) • Crispy Chicken Sandwich (DF) • Turkey And Cheddar Sandwich • Baby Carrots With Ranch <p>6</p>	<ul style="list-style-type: none"> • Lemon Muffin • Chicken Teriyaki With Brown Rice • Pepper Jack Cheeseburger • Cheddar Cheese Sandwich (VG) • Edamame & Broccoli Florets <p>7</p>	<ul style="list-style-type: none"> • Cinnamon Crumble • Classic Chicken Parm Pasta • Buffalo Chicken Pizza • Sunbutter & Jelly (VG) • Steamed Corn <p>8</p>	<ul style="list-style-type: none"> • Turkey and Cheddar Omelet • Holiday Meal: Turkey & Stuffing • Chicken Bites • Southwest Veggie Wrap (VG) • Green Beans <p>9</p>	<p>Parent-Teacher Conferences – No School for Students</p> <p>10</p>
<ul style="list-style-type: none"> • Yogurt and Granola • Italian "Sausage" Calzoni (VG) • Red Chile Chicken Tamale • Mighty Meaty Deli Combo • Peas <p>13</p>	<ul style="list-style-type: none"> • French Toast Muffin • General Tso's Chicken • Hot Dog • Sunbutter And Jelly (VG) • Baby Carrots And Edamame <p>14</p>	<ul style="list-style-type: none"> • Cheerios and Breakfast Bar • BBQ Meatballs With Cheesy Rice • Chicken Chorizo & Cheese Eggwich • Southwest Veggie Wrap (VG) • Green Beans <p>15</p>	<ul style="list-style-type: none"> • Autumn Spice Muffin • Flame Broiled Beef Cheeseburger • Cheese Pizza (VG) • Chicken Salad Sandwich (DF) • Lettuce & Tomatoes With Ranch <p>16</p>	<ul style="list-style-type: none"> • Lemon Muffin • Creamy Tomato Curry w/Chicken • Breakfast For Lunch: Pancakes W/ Sausage • Egg Salad Sandwich (VG) • Sweet Potatoes <p>17</p>
<ul style="list-style-type: none"> • Mini Dipperdoodle Bar & String Cheese • Turkey & Cheese Flatbread • Creamy Chicken Alfredo • Sunbutter And Jelly (VG) • Baby Carrots With Ranch <p>20</p>	<p>Turkey and Cheese Omelet</p> <p>Noon Dismissal – Happy Thanksgiving</p> <p>21</p>	<p>Thanksgiving Holiday</p>		<p>22</p> <p>23</p> <p>24</p>
<ul style="list-style-type: none"> • Cinnamon Chex & Graham Crackers • Buffalo Chicken Pizza • Italian "Sausage" Calzoni (VG) • Mighty Meaty Deli Combo Sandwich • Baby Carrots With Ranch <p>27</p>	<ul style="list-style-type: none"> • Strawberry Breakfast Bar • Cheesy Chicken Quesadilla • Veggie Chili (VG) • Sesame Chicken Wrap (DF) • Baby Carrots With Pinto Beans <p>28</p>	<ul style="list-style-type: none"> • Yogurt and Granola • Firecracker Chicken With Noodles • Breakfast For Lunch: Pancakes W/ Cheese Omelet (VG) • Chicken Salad Sandwich (DF) • Green Beans <p>29</p>	<ul style="list-style-type: none"> • Cheese Omelet • Oven Roasted Chicken Sandwich • Hot Dog • Southwest Veggie Wrap (VG) • Broccoli Florets With Ranch <p>30</p>	

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

