

# July

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Independence Day Holiday No School</b></p> <p>3</p>	<p><b>Independence Day Holiday No School</b></p> <p>4</p>	<ul style="list-style-type: none"> <li>• Firecracker chicken with sesame noodles</li> <li>• Super Power Kit – crackers and yogurt</li> </ul> <p>5</p>	<ul style="list-style-type: none"> <li>• Flame-broiled beef cheeseburger</li> <li>• Egg salad sandwich (VG)</li> </ul> <p>6</p>	<ul style="list-style-type: none"> <li>• Cheese pizza panada pie (VG)</li> <li>• Mighty meaty deli combo</li> </ul> <p>7</p>
<ul style="list-style-type: none"> <li>• Chicken Potstickers (DF)</li> <li>• Super Power Kit – crackers and yogurt</li> </ul> <p>10</p>	<ul style="list-style-type: none"> <li>• Baked mac &amp; cheese and chicken sausage</li> <li>• Cheddar Cheese Sub</li> </ul> <p>11</p>	<ul style="list-style-type: none"> <li>• Spaghetti and meatballs</li> <li>• Southwest veggie wrap (VG)</li> </ul> <p>12</p>	<ul style="list-style-type: none"> <li>• Cheese Pizza (VG)</li> <li>• Hot Dog</li> </ul> <p>13</p>	<ul style="list-style-type: none"> <li>• Cheesy ravioli (VG)</li> <li>• Honey mustard chicken wrap</li> </ul> <p>14</p>
<ul style="list-style-type: none"> <li>• BBQ chicken sandwich</li> <li>• Cheesy veggie enchiladas (VG)</li> </ul> <p>17</p>	<ul style="list-style-type: none"> <li>• Chicken teriyaki</li> <li>• Five cheese lasagna (VG)</li> </ul> <p>18</p>	<ul style="list-style-type: none"> <li>• Chicken fajita burrito</li> <li>• Sunbutter and jelly sandwich</li> </ul> <p>19</p>	<ul style="list-style-type: none"> <li>• Veggie chili (VG)</li> <li>• Island chicken wrap</li> </ul> <p>20</p>	<ul style="list-style-type: none"> <li>• Firecracker chicken with sesame noodles</li> <li>• Cheese pizza panada pie (VG)</li> </ul> <p>21</p>
<ul style="list-style-type: none"> <li>• Chicken potstickers</li> <li>• Super Power Kit – crackers and yogurt (VG)</li> </ul> <p>24</p>	<ul style="list-style-type: none"> <li>• Spaghetti and meatballs</li> <li>• Cheese sandwich (VG)</li> </ul> <p>25</p>	<ul style="list-style-type: none"> <li>• Creamy chicken alfredo</li> <li>• Egg salad sandwich (VG)</li> </ul> <p>26</p>	<ul style="list-style-type: none"> <li>• Hot dog</li> <li>• Veggie chef salad (VG)</li> </ul> <p>27</p>	<ul style="list-style-type: none"> <li>• BBQ chicken with cheesy rice</li> <li>• Cheese pizza (VG)</li> </ul> <p>28</p>
<ul style="list-style-type: none"> <li>• BBQ chicken sandwich</li> <li>• five cheese lasagna (VG)</li> </ul> <p>31</p>				

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

○ Vegetable of the day

*This institution is an equal opportunity provider.*

